

St Joseph's Book of Prayers



Saint Joseph, Pray for Us

Daily Prayers

Morning Offering

Father in heaven, I give you today
all that I think or do or say.
My ears to hear, my eyes to see
My hands and feet and all of me
to love and work all day for you.
Amen

Grace Before Meals

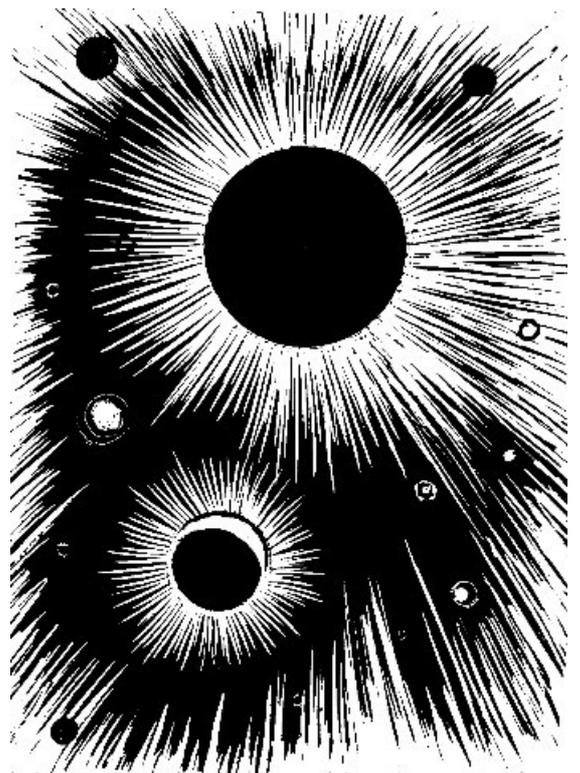
Bless us, O God as we sit together.
Bless the food we eat today
Bless the hands that make the food.
Bless us O God
Amen

Grace After Meals

Thank you God for the food we have eaten.
Thank you God for all our friends.
Thank you God for everything.
Thank you God.
Amen.

Evening Prayer

God Our Father, I come to say,
thank you for your love today.
Thank you for my family
and all the friends you give to me.
Guard me in the dark of night
and in the morning send your light.
Amen



Fundamental Catholic Prayers

The Lord's Prayer

Our Father, Who art in Heaven,
hallowed be Thy name.
Thy Kingdom come.
Thy will be done on earth as it is in Heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.
Amen.

The Sign of the Cross

In the name of the Father
and of the Son
and of the Holy Spirit.
Amen

Glory Be

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning
is now, and ever shall be
world without end.
Amen

Hail Mary

Hail Mary, full of grace,
the Lord is with thee.
Blessed are thou among women
and blessed is the fruit of thy womb Jesus.
Holy Mary, Mother of God,
pray for us sinners
now and at the hour of our death.
Amen.



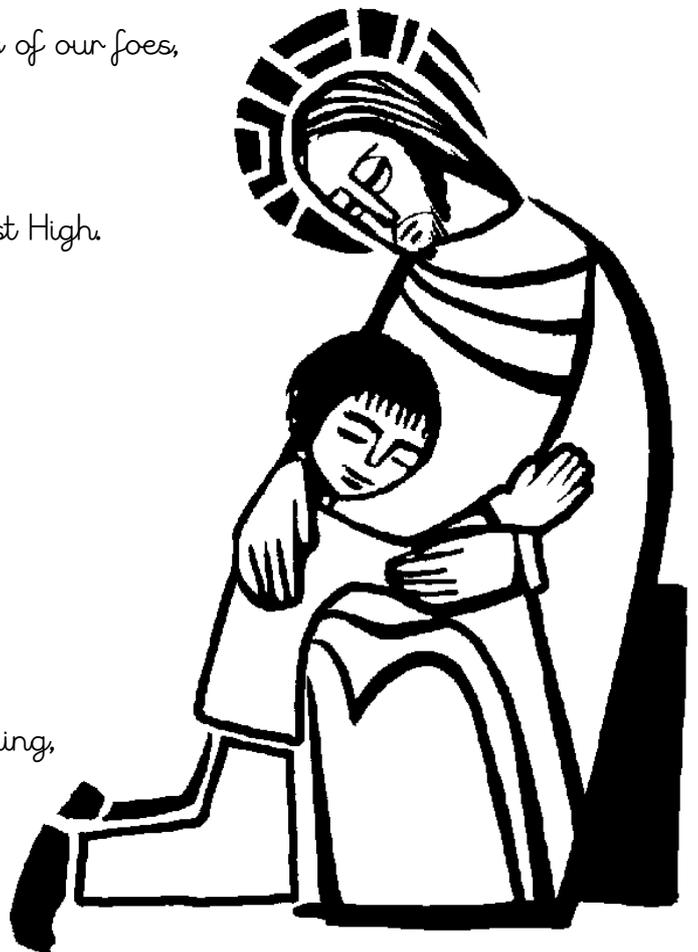
Traditional Catholic Prayers

Act of Contrition

O my God, because you are so good,
I am very sorry that I have sinned against you,
and by the help of your grace, I will not sin again.
Amen

Benedictus

Blessed be the Lord, the God of Israel! He has visited his people and redeemed them.
He has raised up for us a mighty saviour
In the house of David his servant,
As he promised by the lips of holy men,
Those who were his prophets from of old.
A saviour who would free us from our foes,
From the hands of all who hate us.
So his love for our fathers is fulfilled
And his holy covenant remembered.
He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.
As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
To prepare his ways before him.
To make known to his people their salvation
Through forgiveness of all their sins,
The loving-kindness of the heart of our God
Who visits us like the dawn from on high.
He will give light to those in darkness,
Those who dwell in the shadow of death,
And guide us into the way of peace.
Glory be to the Father and to the Son
and to the Holy Spirit, as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.



Magnificat

My soul glorifies the Lord,
My spirit rejoices in God my Saviour.
He looks on his servant in her lowliness;
Henceforth all generations will call me blessed.
The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.
He puts forth his arm in strength
And scatters the proud hearted.
He casts the mighty from their thrones
And raises the lowly.
He fills the starving with good things,
Sends the rich away empty.
He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.
Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now,
and ever shall be, world without end.
Amen

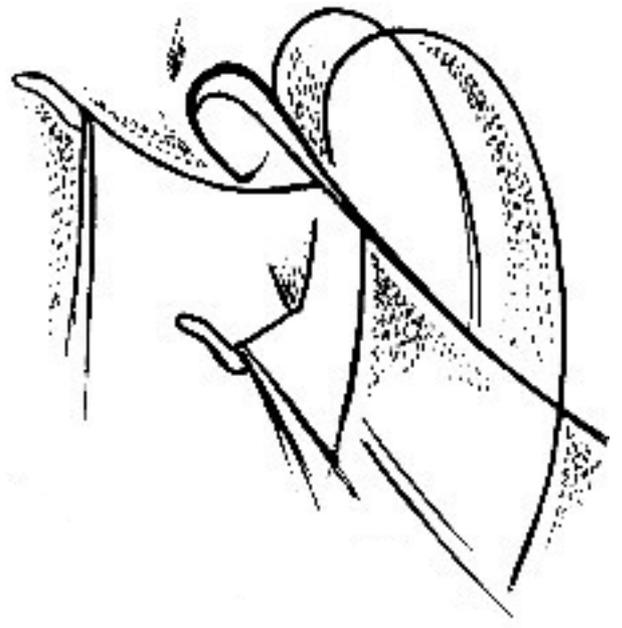


Eternal Rest

Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May the souls of the faithful departed,
through the mercy of God, rest in peace. Amen.

Angel of God

Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.



Prayers to Our Lady

Angelus

V. The Angel of the Lord declared unto Mary.
R. And she conceived of the Holy Spirit.

Hail, Mary, full of grace, the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word.
Hail Mary.

V. And the Word was made flesh.
R. And dwelt among us.
Hail Mary.

V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.

Let us pray;
Pour forth, we beseech thee, O Lord,
thy grace into our hearts;
that we, to whom the Incarnation of Christ, thy Son,
was made known by the message of an angel,
may by his Passion and Cross be brought to the glory
of his Resurrection.
Through the same Christ, our Lord.
Amen.



Salve Regina

Hail, Holy Queen, Mother of Mercy,
Hail our life, our sweetness and our hope!
To thee do we cry, poor banished children of Eve,
To thee do we send up our sighs,
mourning and weeping in this valley of tears!
Turn, then, most gracious Advocate,
thine eyes of mercy toward us,
and after this, our exile,
show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

Under Your Protection

We fly to thy protection, O holy Mother of God.
Despise not our petitions in our necessities,
but deliver us always from all dangers
O glorious and blessed Virgin.

The Memorare

Remember, O most gracious Virgin Mary,
that never was it known that anyone who fled to thy protection,
implored thy help, or sought thy intercession, was left unaided.
Inspired by this confidence I fly unto thee,
O Virgin of virgins, my Mother.
To thee do I come, before thee I stand, sinful and sorrowful.
O Mother of the Word Incarnate, despise not my petitions,
but in thy mercy hear and answer me.
Amen.



Prayer to the Holy Spirit

Come, Holy Spirit

V. Come, Holy Spirit, fill the hearts of your faithful.

R. And kindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you will renew the face of the earth.

Let us pray

O God, who by the light of the Holy Spirit,

did instruct the hearts of your faithful,

grant that by that same Holy Spirit,

we may be truly wise, and ever rejoice in your consolation,

Through Christ our Lord.

Amen.



Acts of Theological Virtue

Act of Faith

O my God,
I firmly believe that you are one God in three divine Persons,
Father, Son, and Holy Spirit.
I believe that your divine Son became man and died for our sins
and that he will come to judge the living and the dead.
I believe these and all the truths which the Holy Catholic Church teaches
because you have revealed them who are eternal truth and wisdom,
who can neither deceive nor be deceived.
In this faith I intend to live and die.
Amen.

Act of Hope

O Lord God,
I hope by your grace for the pardon of all my sins
and after life here to gain eternal happiness
because you have promised it
who are infinitely powerful, faithful, kind, and merciful.
In this hope I intend to live and die.
Amen.

Act of Love

O Lord God,
I love you above all things
and I love my neighbour for your sake
because you are the highest, infinite and perfect good,
worthy of all my love.
In this love I intend to live and die.
Amen.

Prayers of Saint Francis of Assisi and St Teresa of Avila

Saint Francis

Lord, make me an instrument of your peace.
Where there is hatred, let me sow love;
where there is injury, pardon;
where there is discord, unity;
where there is doubt, faith,
where there is error, truth
where there is despair, hope;
where there is sadness, joy;
where there is darkness, light.
Divine Master, grant that I may not so much see
to be consoled as to console;
to be understood as to understand;
to be loved as to love.
For it is giving that we receive;
it is in pardoning that we are pardoned,
and it is dying that we are born to eternal life.

Saint Teresa of Avila

Christ has no body now, but yours.
No hands, no feet on earth, but yours.
Yours are the eyes through which he looks
With compassion on this world.
Let nothing disturb you.
Let nothing frighten you.
All things pass away;
God never changes.
Patience obtains all things.
Those who have God
Find they lack nothing;
God alone suffices.



Prayers and Responses during Mass

Penitential Rite

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to;

And, striking their breast:
through my fault, through my fault,
through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Gloria

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.



Holy, holy, holy

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord
Hosanna in the highest.



Lamb of God

Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: grant us peace.

Lord, I am not worthy

Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.

