



# Sex and Relationship Policy 1.0

*'This school is committed to safeguarding and promoting the wellbeing of all children, and expects our staff and volunteers to share this commitment'.*

## **Evolve Education Trust Sex and Relationship Education Policy**

The school curriculum should promote pupils' self-esteem and emotional wellbeing and help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school work and in the community.

The school is a one form entry school. There are currently 233 pupils on roll (Sep. 2017). It is situated in the Bournville Ward of Birmingham Authority.

The Policy has been developed with due regard to national and local health targets:

Online safety:

- Cyber- bullying
- Staying safe online
- Sexting

Stirchley Primary School Governing Body statement on Sex and Relationship Education:

SRE is a legal requirement for children from the age of eleven. The school will teach sex and relationship education. There will be a focus on growing up and changing in Year 5 through Science.

What is Sex and Relationship Education?

Sex and Relationship Education (SRE) is a key aspect of Personal, Social and Health Education (PSHE) in primary schools. It is a lifelong learning about physical, moral and emotional development. It is about the understanding and importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity, this would be inappropriate teaching.

. Areas of SRE may also be covered through SEAL and Values Education lessons, together with cross curricular and whole school teaching.

At primary school SRE should contribute to the foundation of PSHE by ensuring that all children:

- Develop confidence in talking, listening and thinking about feelings and relationships.
- Are able to name parts of the body and describe how their bodies work.
- Can protect themselves and ask for support and help.

Aims and objectives for SRE at Evolve Education Trust:

- To provide clear guidance for parents, staff and governors.
- For pupils to develop an understanding that SRE is a gradual developmental process that is supported by a partnership between home and school. In Primary school we will provide a foundation for further work at secondary school.
- To help young people to respect themselves and others.
- To support pupils through their physical, emotional and moral development.
- To develop skills and understanding to enable pupils to make healthy, responsible choices about their health and wellbeing.
- To help pupils understand the significance of marriage and stable relationships and its importance for family life.
- To help pupils move more confidently and responsibly into adolescence.
- To address issues of media influence e.g. TV, mobile phone messages, videos, computer games, advertising.
- To address issues of bullying.
- To address issues of online abuse including sexting.

We endeavour at all times to ensure that there is no stigmatisation of children based on their home circumstances. Age appropriate themes will be used at all times.

Equal Opportunities/Inclusion:

We will continuously strive to ensure that everyone on our site is treated with respect and dignity. Each person will be given fair and equal opportunity to develop their potential with positive regard to gender, ethnicity, cultural and religious background, sexuality or disability.

Moral and Values Framework:

The SRE programme will reflect the school philosophy and ethos to encourage the following values:

- Respect for self,
- Respect for others ,
- Responsibility for own actions,
- Responsibility for family, friends, school and the community.

In Upper Key Stage Two, girls will be taught how to cope with menstruation and about the practicalities of dealing with the changes to their bodies. This will include, for instance, providing sanitary disposal facilities in the KS2 Girls toilets and for all girls to know where in school they can go to obtain emergency supplies.

An SRE program is delivered to children in Year 6. A letter is sent home to parents/carers where they are invited to watch the video that the children will see.

Parent withdrawal:

Parents have the right to withdraw their child from those elements of the SRE programme that do not form part of the National Curriculum.

If parents/carers have any questions or concerns regarding the SRE programme could they please discuss these with the class teacher or PSHE Co-ordinator, Mrs Julia Gregory.

Our PSHE policy, along with our Science Policy, identify opportunities for SRE to be incorporated into schemes of work. Themes covered at Stirchley are:

#### Foundation Stage:

- Settling in – forming new relationships and friendships. Teaching children how to resolve conflicts.
- Topic – It’s good to be me.
- Golden rule books – We are kind and helpful, We are gentle, We are honest, We work hard, We listen, We look after property.
- PSED activities – including: how to be a good friend, looking after others, taking turns and sharing.
- CHIPS books – Mommy, Mama and Me (celebrating difference) Red rockets and rainbow jelly (celebrating difference) The artist who painted a blue horse (celebrating difference).
- Teaching about festivals and celebrations from all cultures and religions.
- Introduce marriage and weddings.

#### Key Stage One:

- Science Topics – Year 1 Who am I?- labelling body parts and senses.  
Year 2- Healthy me.
- CHIPS books – Year 1- Picnic in the Park (accepting differences in families) The Odd Egg and Elmer (accepting differences between others).  
Year 2- Rabbitiness (inclusion) My Princess Boy (accepting difference) The Great Big Book of Families (diversity in families).
- SCARF Year 1- keeping your privates private, good friends.  
Year 2 – Should I tell?, I don’t like that.

#### Lower Key Stage 2:

- Science Topics – Year 3 Nutrition and the human body,  
- Year 4 Lifecycles of mammals, birds and reptiles, how the body works – teeth and digestion.
- CHIPS books – Year 3 – And Tango makes three (accepting difference-LGBT).  
Year 4 - King and King (accepting difference-LGBT), The Huey’s and the new jumper (empathy-difference).
- SCARF Year 3- None of your business! Raisin Challenge 1, My Special Pet.  
Year 4 – When feelings change, Raisin Challenge 2.

#### Upper Key Stage 2

- Science Topics – Year 5 Living things and habitats  
Animals including humans  
- Year 6 Evolution
- CHIPS books – Year 5 - Dad David, Baba Chris and Me (difference- adoption/fostering).  
Year 6 – 10,000 Dresses/ This Day in June (accepting difference- LGBT).
- SCARF – Year 5 – Positive Periods (girls only)  
Year 6- Don’t Force Me
- Sex Education – Year 6 Physical changes/ Feelings and emotions that young people can experience during puberty/ changing relationships with family, friends and peers (girls and boys separate).

