

Weekly menu

Baked potatoes, fresh bread, salad and fruit also available daily

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Dish of the Day

French bread
cheese &
tomato pizza

Jacket potato
Day

Roast turkey,
stuffing & gravy

Chicken
goujons

Salmon
Fishcake or
pork sausages

Sweet & sour
sauce

Example toppings:
Cheese, beans, tuna,
coleslaw, chilli beef,
coronation chicken.

Vegetarian

Soya mince
bolognaise

Jacket potato,
cheese &
beans

5 bean chilli
with tortilla
shards

Quorn
Sausages

Side

Penne Pasta

Creamy
mashed potato

Roast potatoes

Brown & white
rice

Chips

Vegetables

Sweetcorn
Salad Selection

salad
Vegetable
crudites

Winter root
vegetables

Broccoli
Salad selection

Peas
Baked beans

Dessert

Fruit Flan &
Custard

Rice pudding &
jam

Ice cream

Upside down
fruit sponge &
custard

Chocolate
cookie & milk



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Week 2

Gluten free

Monday

Tuesday

Wednesday

Thursday

Friday

Dish of the Day

Macaroni
Cheese

Sausage roll

Roast gammon
& gravy

Sub-station
Meatball sub &
tomato Sauce

Battered cod

Vegetarian

Vegetable
Omelette

Vegetarian
sausage roll

vegetable grill

Falafel sub &
tomato sauce

Vegetable
burgerwith
apple & red
cabbage slaw

Side

Mashed potato

Roast potatoes

Brown & white
rice

Chips

Vegetable

Green beans
Sweetcorn

Savoy cabbage
Carrots

Winter
vegetable
medley

Broccoli
Salad selection

Peas
Baked beans

Dessert

Flapjack

Ginger sponge
& Custard

Fruit jelly &
cream

Fruit & Custard

Ice cream



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Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Dish of the Day

Soya Mince chilli

Deconstructed Chicken casserole

Roast Gammon & gravy

Pasta Bar

fish fingers

Sauces:
Sausage/tomato

Vegetarian

Jacket potato, beans & cheese

Shepherdess pie

Jacket potato, beans & cheese

Tomato & Vegetable

Cheese

Shepherdess Pie

Side

Baked potato wedges

Parsley mash

Roast potatoes

Brown & white rice

Chips

Vegetable

Broccoli
Salad selection

Savoy cabbage
Sweetcorn

Carrots
Braised red cabbage

Cauliflower
Green beans

Peas
Baked beans

Dessert

Frozen fruit smoothie

Fruit Jelly

Gingernut Cookie

Jam Tart & Custard

Banana cake & chocolate milk

