

Bishopstone Curriculum 2018/2019

	Sport	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Autumn 1	Gymnastics	Team Activities	Shapes Individual, 2's, group (KS2 words, punctuation)	Balances Static, moving, on objects. (KS2 counter balance)	Rolls Basic and partner (KS2 linking movements)	Routines KS1- teach then create KS2- create	Apparatus KS1- over/under KS2- Advanced movement
Autumn 2	Football	Control KS1- Dribbling KS2- Speed and directions	Passing KS1- Accuracy KS2- Power, accuracy	Shooting KS1- Accuracy, distance KS2- Angles, under pressure	KS1- Dribbling, passing shooting KS2- Attacking and Defending	Drills KS1- Cones, Ladders KS2- Hurdles, Ladders, Cones	Game Situation KS1- Not looking for A or D. KS2- Working as a TEAM!
Winter 1	Netball/ Basketball	Movement KS1- Dribbling KS2- Power and direction, control	Passing KS1- Bounce, chest KS2- Bounce, Chest, Include dribbling, control	Shooting KS1- Include all skills. Floor/tail hoop KS2- Look at defending	Teams KS1- Rules and team work KS2- Positions and boundaries	Basketball KS1- Small Games KS2- Competitive Games	Netball KS1- Small Games KS2- Competitive Games
Winter 2	Lacrosse						
Summer 1	Badminton	Technique KS1- Knowledge of Game KS2- Partner Work(use racket)	Hitting KS1- Forehand, backhand? KS2- drop shot, smash shot, Drive	Shuttle KS1- Lighter shuttle. Hitting KS2- Serving and returning	Activities KS1- Aiming KS2- Mini activity stations	Rally's KS1- Starting to work together KS2- Include a net	Matches KS1- Include short nets KS2- Which team is top?
Summer 2	Summer Sports/ Athletics	Bowling KS1- Underarm KS2- Control, Distance, accuracy	Fielding KS1- Long distance catches KS2- Overarm, calling, directions, speed	Batting KS1- Tennis Racket KS2- Rounder, Controlling power	Hire Field? KS1- Kick ball Rounders KS2- Rounders/ Kickball rounders	Athletics KS1- Stamina, running KS2- Running, Hurdles	Throwing KS1- Javelin, Bean Bags KS2- Javelin, Shot Put, Discus