

PE End of Year Overview 2017/2018

Once again it has been a successful year with many PE events taking place. The Inspire + sports partnership has offered support for staff through courses and provided coaching opportunities. This partnership, together with the School Games Organiser, has provided many opportunities for children to enter competitions and festivals. The Sports Premium money has allowed us to provide coaches in a variety of different sports for children across all key stages throughout the year as well as have coaches in to upskill staff. We have had our best ever results in several competitions - goal ball 2nd, Tag Rugby 3rd and Small School Athletics 2nd to name a few. Once again, the icing on the cake was being awarded Gold Sports Mark for the second time! This is a nationally recognised award and validates all that we do and have achieved this year in sport and PE at Marston.

Staff Development

All staff are invited to complete an annual Primary CPD Booking Form where courses are available free of charge for Inspire+ member schools. I also attend the annual PE conference and termly twilight meetings where updates and new initiatives are discussed prior to and during the new school year.

Events for children - clubs, competitions and festivals

A 6-week club every half term for KS1 and KS2 runs throughout the year from September to July offering a range of clubs for children to sign up to. We use coaches from Inspire+.

Every Term Mrs James (parent and qualified coach) runs a gym club giving every child in the school the opportunity to take part in gym. Further details can be found on our website where a list of competitions and results, a list of after school clubs and coaches - see Sports section of website and photos and reports on the PE Blog can all be found.

Autumn Term

Cross country club. We had training weekly at lunch time preparing for the races in Sept/Oct. In the Cross country races Y5/6 children took part in 3 races over a distance of 1.5 km. 12 children made up our teams who entered the 3 races. James was our best boy with 7th/100+ and Mathilda (Y5) best girl 25/100+

KS1 Club was Disability Sports (Boccia and Kurling) with coach Carl (a wheelchair user) followed by Dance in term 2 with Micky. KS2 had Will delivering Tag Rugby coaching and then football with Peter in term 2.

Our 4 Bronze Sports ambassadors: Arthur, Alice, Gracie & James were voted for by their peers and attended their first training in October learning about their forthcoming roles. They attended further sessions during the year.

In October **Gym club** for Y1 took place with parent Mrs James coaching the group.

High 5 netball team played their 1st round of matches in the new kit (2 wins, 2 losses).

November was a busy month:

We had **Ben Smith** Inspire+ ambassador together with Chris from Inspire+ visit us for a special assembly. Our Bronze Sports Ambassadors welcomed Ben and introduced him to everyone in the hall - a perfect visitor to end our week learning about Anti Bullying with Ben being an ambassador for anti-bullying charities. Parents were invited and 5 attended.

Y6 attended a **cheerleading festival** at Priory school.

Class 3 had Sophie Allen coaching us in a new activity: **Boxercise**. This was thoroughly enjoyed by all children.

The **football team** played in the annual tournament with 1 win, 2 draws and 3 losses. We must be fated because last year Riley (our captain) broke his arm and couldn't play, this year James - our captain injured his wrist before the boys left and had to go to hospital for an X-ray and so he couldn't play! Not the best start but Alex, our vice-captain stepped in and took over the role as captain.

Netball club was held on Monday after school for Y5/6 children in autumn.

We finished the term with a visit from Shona – **Olympic hockey player** who delivered an assembly and set us challenges to be as good as we could and to be the best we could be.

January 2018: Spring Term

Netball club for Y 5/6 continued.

We entered a team of 16 - 8 boys and 8 girls into the **Small Schools Sportshall Athletics** competition. Children were allowed to compete in a maximum of 2 track and 2 field events. Track events were: 1 lap relays for 2 children and also 4 children, 2 lap relay, obstacle relay (which had speed bounce, hurdles & steppers). Field events were: javelin, speed bounce, standing long jump, triple jump, chest push and vertical jump. We came 5th (only 2 points from 3rd place).

Also in January a squad of 5 (4 boys & 1 girl) made up our **Goal Ball team** who played in a competition against other schools in the Grantham area. The game originally is for visually impaired people but has been adapted for all with the use of eye masks. With 3 on court at a time children have to listen and react to the bells within the ball, blocking it and also when received, standing and rolling it with the aim of rolling it into the goal. It is quite disorienting initially with children lying horizontally across the courts and ending up vertical as they have no idea where they are. We were silver medallists.

Inspire+ coach and mentor **Sophie Allen** visited us to take 2 workshops aimed at Y5 and Y6 to develop resilience and self-belief. She talked to both groups about problems and what to do if children had any - who to talk to and how to become confident and resilient under pressure- be it peer pressures, pressure of exams and school work.

Class 1 had Carole Foote, a **gym coach**, with all children in class 1 having 6 weeks of coaching once a week.

We entered a team in the **BISI badminton festival** -6 children from Y5/6 took part in this festival. This year it was a non-competitive event where children took part in badminton-based activities and games. That said our children were extremely competitive and wanted to beat the previous group's scores!

Our KS1 after school Clubs for the spring term were **mini rugby and then football. KS2 had Squash and hockey.**

Terry Plumb, our School Games Organiser, came for a very special assembly to present us with our **Gold Sports Award plaque**. Terry talked about what the award was for and how we had worked all year developing our sport and PE provision, encouraging participation in clubs, festival and competitions. He said it was testament to our outstanding commitment to physical education and extra-curricular sport. Our 4 Bronze Ambassadors shared some of their involvement in sport and the importance of young sports leaders. Our photo appeared in the Grantham Journal.

February saw 2 teams take part in the annual **Rotary Club Swimarathon event**. Teams of pupils (present and past) and parents swam and raised £600.

In Spring Mrs James has continued running a **gym club** and coaching children ready for their competitions. In February Y1 and Y2 children represented the school in a **gym competition**. They were awarded their level 1, some their level 2. The children were all commended for their excellent behaviour as well as their gymnastic skills - well done everyone - super role models for our school! The Under 9 team who competed at the **Key Steps Intermediate Gym Competition** in March received their certificates and badges in Collective Worship.

We played our next **High 5 netball** matches in league 2: 1 win, 1 loss. We had 2 new players make up our squad of 9 gaining experience prior to the festival.

Swim Gala - The best swimmers from Y 3 4 5 and 6 entered this. We had several good personal results and our team came 6th overall.

Will Pert coached class 3 **in Tag Rugby** for Spring Term helping to prepare the children for the rugby festival. In April the team for the **Tag Rugby Festival** played brilliant games with 4 straight wins putting themselves in the semi-finals. They narrowly missed out on silver but were highly respectable bronze medallists.

At the end of Spring Term, we were visited by **Jonathan Broom-Edwards** - an Inspire+ Ambassador. Jonathon told us all about his sport of **High Jump**, his successes at Rio and other major championships as well as his determination to compete despite his disability.

Nicola James entered a team of Under 7's, 9's and 11's into the annual **KSSA gym competition**.

12 Y5&6 attended **PGL as a reward for good behaviour** - the 12 who earned the most class dojos were selected for this treat and completed archery and the Big Swing. This was funded from our Inspire+ package.

In May 13 children from Y 3 and Y 4 entered the annual **Grantham and District Cross Country** race at The Meres. The track was 1.5km with over 150 boys in 1 race and 156 girls in the girls' race. Our top placed boy/ girl was 20th and 21st.

I organised a **friendly football match** for our football team against Belmont School. 11 children wanted to play so we took them all! We had a close game drawing 3-3.

We purchased a **static bike** in order for children to complete a cycle mile challenge (we don't have space for a running mile track as other schools do so we are trying to complete this cycling instead). The bike is in the hall and children can access it in pairs in breakfast club and any break times. There is a speed and distance tracker attached so children can see how long they have taken to complete their mile (or rather their 1.6km as our tracker shows.)

As well as the bike, which was purchased after discussion with the children, our **Kurling kit** arrived. Children asked for this to be bought so we used some of our sports premium money to benefit all children in the school. It proved a great success with all classes making use of the kit (especially later on in the year when it was too hot for PE outside in the heat wave!)

PGL - OAA weekend at PGL. The 2 places were provided as part of our Inspire+ package. We selected 2 Y6 children to attend as part of their transition to secondary school. They were able to meet others from their future secondary schools. This was a great opportunity for them to mix and work alongside others.

Summer Term

KS1 started their **Cricket Club** with Peter and then with **Athletics** in term 2. KS2 had Christine coaching **netball** with **dance** being their final club of the year. Here the group put on a performance for parents to enjoy at the end of the term.

We welcomed Inspire+ to pass on the **Legacy Tour** to us. Our Bronze Ambassadors led the assembly and we picked New Zealand from the hat for our country at the Mini Olympics. We then visited Belmont school to pass the pledge on with the ambassadors leading the assembly.

Our challenge set by the Inspire ambassador was a **hockey relay challenge** that each class took part in during the rest of the day.

Year 3 and our Bronze Ambassadors attended the **Mini Olympics** enjoying lots of different activities. The banner that was paraded at the start was judged the winner and was put forward to be judged with the winner of the remaining 2 Olympic days. It ended up being the **overall winner** and Inspire came to present us with a trophy in assembly and give us ½ day visit in autumn with Sam Ruddock.

4 children represented the school in the **Mini Red Tennis competition** at Grantham Tennis Club – a new event for us. They played well with the boys' team remaining unbeaten.

Sam Ruddock visited us and gave another inspiration assembly (Y4,5,6 were at Kingswood) but Sam stayed to a question and answer session.

In June, 10 children represented the school at the **Kwik Cricket Tournament** at Grantham Cricket Club. We played well only losing twice and coming 5th. Some great cricket was played on a very windy day.

The sun shone, the rain stayed away, all was set for our annual **Sports Day**. Y6 leaders manned their teams as well as competing to gain points for their teams in the field events: baton relay, javelin, standing long jump, obstacle race, sack race, standing throw, egg and spoon and bean bag relay. Lots of parents and grandparents came and watched and encouraged everyone to make 2018 another successful sports day.

June 22nd was the annual **Small School Sports** at the SKDC track. 22 children represented the school in the annual Small School Athletics competition. The weather was perfect and so it turned out were our children's efforts! In the first round of heats we qualified for most of the finals (only missing out on 2 races). A fantastic effort with many of our competitors coming in first place. After the final round of races, results were announced and...we were silver medallists!

Mrs. James coached and prepared the **gym fusion team** for their part in the annual gym fusion festival. They also performed at our Summer Fair putting on a great performance with children from YR-Y6.

In July we took part in the **annual mass participation event** that Inspire+ organise where schools all try to complete the challenge they set. This year we had 1 hour to complete as many miles as we could relay style. The Bronze Ambassadors helped me set the course up and we had calculated that we needed to run 25 laps to make 1 mile!

Our final event in the last week was to **support Inspire+ 4 cyclists on their tour of their schools** in a sponsored event. We made a banner and wished them well on their route,

offering them a coffee and biscuit stop before they cycled to their next school which they gratefully accepted. One child said to the Headteacher – this was the best day ever!

Gifted and talented Opportunities

- ◆ Lincoln University: 3 children attended sessions to learn about health and fitness and how to improve their performance.
- ◆ Four Y3/4 children took part in termly meetings working alongside other children within the Grantham area.
- ◆ Two Year 2 children took part in activities based at Belton Lane school.

Mentoring Sessions

Sophie Allen conducted 3 1:1 mentoring sessions aimed at raising self-confidence with 3 children discussing targets agreed with teachers and children and ways to meet these.

Disability Through Sport Awareness

We offered clubs for children to experience these sports. We also purchased a Kurling kit to go with our Boccia set for each class to use. We entered the Goal ball competition and came 2nd.

Legacy Challenge Logs

Following the assembly by our Bronze Ambassadors where personal goals and challenges were discussed, each class were provided with the Legacy Logs. Children were encouraged to complete activities both at home and at school. The best were judged by class teachers and prizes awarded at the end of term.

Quality Marks

We gained our GOLD Quality Mark for PE and Sport. This validates the amount, type and quality of PE and Sport offered to pupils throughout the year.

As can be seen from the above, a lot of PE has taken place over and above the 2 curriculum timetable hours per week. Children have had the opportunity to learn new sports and to extend their skills. Children with talent in specific areas have had opportunities to develop and take part in events against other talented children.

Opportunities to join clubs have been given throughout the year. The children of Marston Thorold have experienced a wide range of PE throughout the course of the year. Every child in class 3 has had the opportunity to represent the school at least 1 event - a tremendous achievement. This is the second year running we have managed to achieve this.

We have continued to benefit enormously from being part of the Inspire+ Sports Partnership which has offered training for staff and pupils, coaches, and resources to help and support us with the delivery of PE.

The SGO based at Priory Ruskin has continued to offer places in festival and competitions and we have entered and competed to a high level with several successes this year.

We have continued to welcome sports ambassadors Sam Ruddock, Ben Smith, Shona McCullen, Sarah Outen and Jonathan Broom Edwards to school to deliver assemblies.

Each term I met with Vincent Brittain (CEO Inspire+) to discuss and plan for sport and PE at Marston.

The PE and Sport in Marston has many and varied opportunities offered to pupils leading to the successes in competitions, the high participation and take up of extra-curricular opportunities with 90% KS2 and 83% KS1 children taking part in at least 1 after school club, opportunities for leadership, links with clubs and opportunities for Gifted and Talented children.

I discuss with the children what clubs, equipment, coaches they want so that I can, where possible, tailor our package to meet the needs and wishes of the children. I am very grateful to all the parents who have helped transport to the events, supported in all weathers (rain, hail, wind, cold, fog and occasionally sun!), without this help I could not enter all the events that I do.

Sports Premium Funding

We have used our sports funding on the following:

- ◆ Our membership with Inspire+ (see link on our website that shows what services are provided and what the impact has been on our school),
- ◆ Participation in the competitions and festival organised by Terry Plumb (our SGO-Small Games Organiser),
- ◆ supply cover to allow staff to attend CPD sessions
- ◆ coaches to run clubs for all key stages every week all year (these sessions account for majority of our money and have provided clubs that over 90% of children in the school have attended at least once during the year).

For further information/ figures please see separate Sports Premium Impact Report document on our website.

Our PE Blog has lots of photos and captions covering the PE covered throughout the year - please look at enjoy the sport that has taken place throughout the year.

A. Chadwick
PE subject Leader
August 2018