

**Lympstone C of E Primary School**  
**POLICY STATEMENT: SEX AND RELATIONSHIP**  
**EDUCATION**

Version	Review frequency	Approved by	Date approved	Date of next review
1.0	Every 3 years	Curriculum committee	March 2009	June 2012
2.0	Every 3 years	Curriculum committee	January 2012	January 2015

**Rationale**

Sex and Relationship education is a lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health.

Sex and relationship education is set within the framework of PSHE across the key stages. This policy is adapted for key stages 1 and 2 and will be reviewed regularly.

PSHE is Personal, Social and Health Education.

**Purpose**

*Attitudes and Values*

- learning the importance of values and individual conscience and moral considerations;
- learning the value of family life and stable and loving relationships for the nurture of children;
- learning the value of respect, love and care;
- exploring, considering and understanding moral dilemmas; and
- developing critical thinking as part of decision making.

*Personal and Social Skills*

- learning to manage emotions and relationships confidently and sensitively;
- developing self-respect and empathy for others;
- learning to make choices based on an understanding of difference and with an absence of prejudice;
- developing an appreciation of the consequences of choices made;
- managing conflict; and
- learning how to recognise and avoid exploitation and abuse.

### ***Knowledge and understanding***

- learning and understanding physical development at appropriate stages;
- understanding human sexuality, reproduction, sexual health, emotions and relationships;

### **Guidelines**

- The programme will take place throughout the school, so that issues will be dealt with at appropriate times.
- The programme will be carried out sensitively by teachers. Year 5 & Year 6 pupils will be invited to participate in a structured programme of sex education.
- Pupils will be given the opportunity to talk and ask questions in order to prevent misunderstanding.
- We hope parents/guardians will feel able to answer their own children's questions and assist in the development of their awareness. Parents of Year 5 & Year 6 pupils will be invited to a discussion and viewing of some of the material of the course, before the course starts. They are free to withdraw their child from sex education, which is not part of the National Curriculum, if they wish.
- Details of physical, emotional and social development will be dealt with.
- The process of pregnancy, childbirth and early childhood will be dealt with in an elementary way.
- Discussion of sexual behaviour in other topics will be kept limited because of the presence of pupils withdrawn from sex education.
- The sex and relationship education co-ordinator is Mrs McDonald.
- The resources used will include the Schools' TV series 'Living and Growing'. The series is watched by Year 5 & Year 6 pupils. Some subjects will be discussed in single sex groups.
- In exceptional circumstances younger children will be invited to take part in elements of this programme.

### **Conclusion**

The programme for sex and relationship education must be seen in the context of a total health education process which will equip pupils with a wider understanding of knowledge, ideas and habits relating to health. We hope this will help each individual to become a more responsible member of society.

