

Swinton Queen Primary School

## **Policy Statement for Physical Education**

Co-ordinator: Mrs S Green

We aim to promote physical activity as an integral part of a healthy lifestyle and to develop positive attitudes, good sportsmanship and ensure safe practice.

We try to develop the generic learning skills of sharing, co-operating, planning, performing, evaluating, creating, refining, interpreting, applying, sequencing and enjoying.

Key Stage 1 children experience gymnastics, games and dance, in one term blocks in each area. Key Stage 2 children have experience of gymnastics, dance and games and are offered some experiences of athletics plus Year 4 have one term of swimming each year. The balance of activities are detailed in the Scheme of Work and are planned to show continuity and progression over and within each Key Stage.

For long term planning the areas are worked in blocks over the school year, so each teacher knows which area their year group is undertaking in which term. For medium term planning the work planned can be related to, and integrated into other areas of the curriculum depending on the topic or it may be a focused separate topic. This is shown in the mid-term planning. Short term planning is shown each week in the weekly planning.

The allocation of time, KS1 – 120 minutes, KS2 – 120 minutes. All gymnastics equipment is kept at the end of the hall. The children are actively encouraged to take out and return items of equipment after being taught the correct way to handle it and are supervised by the teacher when doing so.

The teacher ensures that any equipment is taken from the PE store ready for use and also ensures that it is returned to the store.

Children are encouraged to work in a safe, quiet and calm atmosphere.

All children are supervised when changing into suitable clothing for gym, dance and games and are encouraged to wear black shorts and white T-shirts. Tracksuits are allowed outdoors during colder weather. Indoors we work in bare feet, but any child with verrucas must have them covered by a plaster and jewellery should not be worn. The Foundation Stage 1 children only remove their shoes and socks.

Each class is taught by the class teacher as a whole, in groups, or individually, according to the needs and nature of the activity. We encourage the children to plan, perform and evaluate their own work. Swimming is taught at the local swimming baths by a qualified

instructor who does the planning and is assisted by the class teacher. Children are transported to Wath Leisure Centre by mini bus/coach.

Assessment of progress and attainment is ongoing it is recorded by the teacher in the White Assessment book and reported to the parents in the end of year report. The children too, are encouraged to assess their own progress.

Foundation Stage children have equal access to the hall. The Foundation Stage children have one hall session per week and are offered outdoor activities every day to help develop agility skills as well as the skills of sharing, working in groups and caring for each other.

There is a variety of games and athletics equipment kept in the main stockroom which includes balls for all types of games, cricket gear including Kwik Cricket, provision for hockey including Unihoc suitable for indoor play, rounders equipment and many other items of equipment which enables staff to offer a wide variety of experiences to all the children. Games equipment, of which there is a wide variety, is kept in the main stockroom with fitness equipment allocated to planning groups.

After-school activities are offered according to season and include football, High 5, rounders and athletics.

Emphasis is given to the beneficial effect exercise has on a healthy lifestyle and that habits formed now will, hopefully, ensure long term interest and participation. During the topic on our body which is covered in both Key Stages the need for sensible exercise is given some priority. Sport is promoted as a leisure activity and the children are encouraged to participate and work together in team games. Emphasis too is given to the need for good sporting behaviour and the care and respect for other people and equipment.

All children participate in each activity and are positively encouraged to do so. Any child with a physical disability is also encouraged to take part within their limits after consultation with, and permission from, parents.

All children, regardless of gender, are offered the same opportunities to take part in all activities. Some care is also taken to ensure that the activities on offer are of equal interest to both boys and girls.

Currently the school benefits from the Primary PE Funding which is used to promote sport and well being and also CPD for staff. We have engaged an outside practitioner who comes weekly to support us to meet these requirements.

Parents are always welcome to encourage their child's participation in physical activities but for insurance and safety purposes are not given responsibility for PE activities. Parents do help to provide transport for after-school sports activities, but only after their car and personal driving license as well as their insurance have been checked by the Headteacher.

The role of the co-ordinator involves leading staff discussions on P.E. and producing a Scheme of Work. The subject co-ordinator will keep a portfolio of pictures etc. to show progression within and across key stages and monitor and evaluate the delivery of P.E. and support other members of staff where necessary. The co-ordinator will also maintain tidy P.E. resources and indicate when new ones are needed.