



### Early Help at Wells Hall Primary School

Here at Wells Hall Primary School we want to support all our pupils and families to aspire to be the best they can be. We are however, very aware that sometimes life can be difficult and we all face challenges and adversities. As such we have put together a selection of services to offer a helping hand to all to try to alleviate some of life's challenges and work with families to ensure our school and its students are an integral positive part of the Local Community.

- **Breakfast Club**- The start of the day is one of the most important times for our young people, it sets the frame of mind for the day. With today's busy schedules it can be difficult to juggle work and school but it is still important that our children still have time to sit and eat a relaxed breakfast and are ready to learn. Our Breakfast club offers a friendly relaxed atmosphere to settle the children into the day. Our healthy breakfast options ensure that our young people are fully fueled to start the day and ready to learn.
- **After School Clubs** – As you know as parents, children's hobbies and interests are very diverse as are the after school clubs the school has to offer, to help further develop our children's skills, social groups and life experiences. Please enquire at the school office for after school clubs on offer.
- **Reading Dog**- A local therapy dog visits one afternoon a week from Therapy Dogs Nationwide, under their Kennel Club registered scheme, Paws and Read. The pupils involved are selected by their teachers as those who would benefit most from the intervention; normally young people who lack confidence, or have difficulty with reading, communication or attention. The reading experience helps improve the child's confidence in their literacy skills by encouraging children to read and communicate in a relaxed and non-judgemental environment. Our SENDCo oversees the reading sessions which usually take place in one of the Learning Support rooms. As well as being an enjoyable and motivating activity, time spent with a Therapy dog can also provide comfort, reassurance and enhance self-esteem.
- **Learning Mentors** - We have a small but experienced team of staff who have had additional training to support some of our more vulnerable children. They offer a positive role model for our young people and have time afforded to them to build up positive relationships with specific children to ensure that they are able to build a trusting relationship and utilise this to gain support as to how to manage their feelings, emotions and any difficulties experienced.
- **Drop Ins** - We offer 'drop ins' for our parents to visit the Senior Leadership Team and our Family Liaison Worker (see below). We have excellent relationships with our Partner Agencies and we are able to signpost families to these when they are struggling.
- **ELSA**- Our team of Emotional Literacy Support Assistants work with our young people to help navigate their way through the difficulties that life can sometimes throw our way. As we grow older we have to understand our emotional wellbeing as by having a better understanding of our own emotions and feelings, we can be supported to have helpful ways to process and

manage these feelings. As a result, our young people will be better equipped to manage difficulties in adulthood, as they are more self aware, self confident and emotionally literate.

- **Family Liaison** – Our Family Liaison Worker’s role is to be a supportive ear at the school to work with parents and indeed children who may be having some difficulties that are not directly linked to school or their academic journey. This is so that children are able to manage their educational expectations and meet their potential they need to be able to fully focus. Life sometimes can impact on this as life events such as births, divorce, bereavement, financial difficulties, ill health, etc. can be a challenge. Our Family Liaison can offer support, practical advice and work alongside children and their parents and, if appropriate, teachers to help support them through these difficult times.
- **Triple P** - As parents, you will know that nothing quite prepares us to parent. Being a parent can be a challenge and there is also a wealth of advice on Parenting Approaches. The Triple P Programme is a practical programme to enhance positive parenting strategies to influence children’s behaviour and to develop/ further enhance good relationships, encouraging the behaviours wanted and supporting you to manage unwanted behaviours. The school has been fortunate in being able to offer the 8 Week Programme within the school setting to support our parents and their child care commitments.
- **Stepping Stones**- Triple P- This 8 Week Programme is targeted at parents and families of children with additional needs who are either waiting an assessment or whose children all ready have a diagnosis, but need support to manage the behaviours displayed. This programme offers practical advice within a supportive environment with other parents who are experiencing similar difficulties.
- **Number 72**- Wells Hall have a well established working relationship with Number 72 - this is an excellent community service offering advice, support, resource library, café and counselling/ mediation services. The service is a Charitable Organisation and offers a wealth of resources free of charge or for minimal costs and supports many of the members of our community.
- **Local Services** - The school continue to work with other Local Groups and Agencies to promote the well being of the pupils and families we serve. The school have carried out charitable events and recognises the children’s community spirited achievements in Our Community Board. We also work closely with Partner Agencies such as the Police, Children and Young People’s Services and Health to ensure the health and safety of our Young Children and Families is promoted whilst fulfilling our Duty of Care responsibilities.