



WILLOWDENE NURSERY SCHOOL

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Sun protection policy

Statement of intent

At Willowdene Nursery School we want staff and children to enjoy the sun safely. We use several methods of sun protection, which are both effective and cause no damage. A sunscreen is anything which helps protect the skin against the harmful rays of the sun. This includes clothing, parasols, time in the sun etc. and these measures are reviewed annually.

Guidance

The Health & Safety guidance is included below:

- Clothing forms a barrier to the sun's harmful rays.
- Wear a hat with a brim or flap that covers the back of neck and ears- avoiding sunburn
- Stay in the shade, whenever possible, especially at lunchtime;
- Use a high factor sunscreen of at least factor SPF 15 on exposed skin.
- Drink plenty of water to avoid dehydration;

Further advice for children states:

- Encourage children to play in the shade – especially between 11.00 a.m. and 3.00 p.m. when the sun is strongest
- Keep babies under 6 months out of direct sunlight, especially around midday
- Be especially careful to protect children's shoulders and the back of the neck when playing, as these are the most common areas for sunburn.
- Cover the child in loose baggy cotton clothes, such as an oversized T- shirt with sleeves.
- Wear a floppy hat with a wide brim that shades their face and neck
- Protect your child's eyes with sunglasses.
- Use a high factor long lasting sun cream – Factor 15 and above.

We will work with staff and parents to achieve this through:

Education

Our aim is to educate the children in the correct procedures to help them to stay safe in the sun:

- During the Summer term the children will play games that re-enforce the sun protection messages i.e why we need to wear hats etc.
- The children will learn songs and enjoy stories connected with sun protection

Protection

Providing Shade

- Shade sails and awnings are erected to provide shade for stories, rhymes and role play.
- A parasol is positioned to provide further shade for games and activities.
- Equipment is moved to shady areas of the garden.

Timetabling

- Between the hours of 11.00 – 3.00 children will not spend time outside in full sun.
- Water and snacks will be available at all times.

Clothing

- All children, and staff, **MUST** wear a hat when playing outside during the hot summer months.
- There is a '**NO HAT, NO PLAY POLICY**' during the summer.
- Parents are advised that their child should wear a wide-brimmed or legionnaire style hat that covers the back of the neck
- Parents are advised that their child should wear a top that covers the shoulders (vests and strappy tops will be discouraged)

Sunscreen

- Letters will be sent home advising parents to take responsibility for applying sunscreen to their children themselves **before** their child comes to Nursery
- Long lasting, Factor 30 and above sun cream is recommended, and should be applied over the body including shoulders, nose , ears and cheeks.

We take the protection of your children very seriously and ensure our Policy is reviewed annually and strictly adhered to. By keeping to these measures we feel we are providing the most efficient and effective control.