

**WEEK 1 3rd Sep, 24th Sep, 15th Oct, 5th Nov, 26th Nov, 17th Dec, 7th Jan, 28th Jan**

Monday	Tuesday	Wednesday	Thursday	Friday
Roasted Vegetable Pasta Bake	Beef Nacho Bake with Mexican Rice	Roast Gammon with Roast or Mashed Potatoes and Gravy	Meatballs with Tomato Sauce and Pasta	Southern Breaded Chicken with Chips or Diced Potatoes
Roasted Vegetable Pasta Bake	Halal Beef Nacho Bake with Mexican Rice	Halal Roast Chicken with Roast or Mashed Potatoes and Gravy	Halal Beef Meatballs with Tomato Sauce and Pasta	Halal Southern Breaded Chicken with Chips or Diced Potatoes
Thai Fish Curry with Coconut Rice	Fish Goujon Wrap with Fresh Salsa	Fish Pie with Crunchy Potato Top	Italian Fish Bake with Parsley Potatoes	Tuna Pasta Bake
Veggie Jollof Rice	Vegetable Korma with Rice	Vegan Sausages with Roast or Mashed Potatoes and Gravy	Bombay Potato Bake	Veggie Samosa with Chips or Diced Potatoes and Curry Sauce
Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Lentil and Vegetable Soup with Bread	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Broccoli and Cheese Soup with Bread	Jacket Potato with Baked Beans, Cheese or Tuna Mayo
Wholemeal Bread	Caramelised Onion Bread	50/50 Crusty Bread	Italian Tomato and Oregano Bread	Wholemeal Bread
Cauliflower Brussel Sprouts	Broccoli Cabbage	Carrots Celeriac	Sweetcorn Pumpkin	Peas Baked Beans
Chocolate Orange Mousse	Fruit Jelly	Fruit Flapjack	Fruit Crumble with Custard	Banana Muffin

**WEEK 3 17th Sep, 8th Oct, 29th Oct, 19th Nov, 10th Dec, 21st Jan, 11th Feb**

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese	Pork and Apple Plait with Mashed Potatoes	Roast Pork with Mashed Potatoes and Gravy	Chilli Con Carne with Wedges or Rice	BBQ Chicken Pizza with Chips or Diced Potatoes
Macaroni Cheese	Halal Beef and Vegetable Plait with Mashed Potatoes	Halal Roast Chicken with Mashed Potatoes and Gravy	Halal Beef Chilli Con Carne with Wedges or Rice	Halal BBQ Chicken Pizza with Chips or Diced Potatoes
Moroccan Fish Stew with Cous Cous	Asian Sweet Potato and Salmon Bake	Herbed Whitefish with Tomato Sauce and Roast Potatoes	Tuna Burger in a Brioche Bun with Wedges or Rice	Salmon Fish Fingers with Chips or Diced Potatoes
Sweet Potato and Chick Pea Curry with Rice	Black Bean Stir Fry with Noodles	Quiche with New Potatoes	Veggie Burger in a Bun with Wedges or Rice	Cheese and Tomato Diced Potatoes
Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Jacket Potato with Baked Beans, Cheese or Tuna Mayo
Wholemeal Bread	Irish Soda Bread	50/50 Crusty Bread	Roasted Tomato Bread	Wholemeal Bread
Carrots Pumpkin	Sweetcorn Brussel Sprouts	Carrots Swede	Broccoli Cauliflower	Peas and Sweetcorn Baked Beans
Apple Custard Crunch	Fruit Jelly	Apple Cookie	Chocolate Raspberry Crunch with Raspberry Custard	Sticky Toffee Pudding with Custard

**WEEK 2 10th Sep, 1st Oct, 12th Nov, 3rd Dec, 14th Jan, 4th Feb**

Monday	Tuesday	Wednesday	Thursday	Friday
Veggie Pizza Bar with Crispy Diced Potatoes	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast or New Potatoes and Gravy	Beef Lasagne	Hot Chicken Tikka Wrap with Wedges or Diced Potatoes
Veggie Pizza Bar with Crispy Diced Potatoes	Halal Chicken Sausages with Mashed Potatoes and Gravy	Halal Roast Chicken with Roast or New Potatoes and Gravy	Halal Beef Lasagne	Halal Beef Quesadilla with Wedges or Diced Potatoes
Salmon Tagliatelle	Fish Paella	Salmon and Sweet Potato Fishcake with Roast or New Potatoes	Tuna Jacket Melt	Fishwich with Wedges or Diced Potatoes
Frittata with Crispy Diced Potatoes	Vegan Sausages with Mashed Potatoes and Gravy	Vegetable Wellington with Roast or New Potatoes and Gravy	Baked Veggie Chimichanga	5 Bean Chilli Nachos with Wedges or Diced Potatoes
Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Leek and Potato Soup with Bread	Jacket Potato with Baked Beans, Cheese or Tuna Mayo	Minestrone Soup with Bread	Jacket Potato with Baked Beans, Cheese or Tuna Mayo
Pesto Bread	Wholemeal Bread	White Herbed Bread	50/50 Crusty Bread	Cheese and Garlic Bread
Sweetcorn Broccoli	Carrots Curly Kale and Peas	Carrots Parsnips	Swede Peas	Sweetcorn BBQ Baked Beans
Banoffee Pot	Chocolate and Pear Cake with Custard	Iced Carrot Cake Cookie	St Clements Custard Pot	Fruit Shortbread

**A Gluten free and Dairy free menu is available on request, please email [allergens@ainp.co.uk](mailto:allergens@ainp.co.uk) with the name of the school which your child will be attending. You will then be sent the Gluten or Dairy free standard menu for that school. For any further additional allergen requirements please email [allergens@ainp.co.uk](mailto:allergens@ainp.co.uk) with the name of the school which your child will be attending.**

**Fresh seasonal salad and bread available daily.  
Fresh fruit, yoghurt and fruit jelly available daily as an alternative to the dessert of the day.**

LET'S BE  
**FOOD SMART**  
FOR BODY AND BRAIN



**SCHOOL FOOD TRUST**  
Eat Better Do Better



Seafood with this mark comes from an MSC certified sustainable fishery.  
MSC-C-52628