

Bedgrove Infant School

Believe



Inspire

Shine

PE and Sport Policy

Lead committee: Curriculum

Last reviewed and approved: Autumn 2017

Next review date – 3 year Review: Autumn 2020

Vision Statement

PE plays an important role in the development of our children. PE leads to improved fitness, health and well-being, concentration, attitude and academic achievement.

It can help children:

- Raise their achievement
- Excel in different areas
- Build self-esteem
- Learn to co-operate as a team and display leadership skills
- Experience healthy competition - learn to cope with life's successes and defeats
- To be more responsible for themselves and others
- Develop a healthy lifestyle

PE helps the children to develop the School's values of virtue, aspiration, loyalty, unity, empathy and self-respect

We aim to encourage a lifetime love of PE, sport and keeping fit and encourage children to be the best that they can be.

The Curriculum

EYFS Stage:

Practitioners and teachers will:

- Plan activities that offer appropriate physical challenged. Provide sufficient space, indoors and outdoors, to set up relevant activities.
- Give sufficient time for children to use a range of equipment and whenever possible teach just half the class in each session.
- Provide resources that can be used in a variety of ways or to support specific skills.
- Introduce the language of movement to children, alongside their actions.
- Provide time and opportunities for children with physical disabilities or motor impairments to develop their physical skills, working as necessary with physiotherapists and occupational therapists.
- Use additional adult help, if necessary, to support individuals and to encourage increased independence in physical activities.

Key Stage 1:

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Equal Opportunities

All pupils are entitled to a broad and balanced PE Curriculum regardless of race, religion, ability and gender in accordance with the school policy. The PE curriculum provides equal opportunity through activities which are well matched to the different needs of pupils enabling all children to enjoy PE; to achieve their full potential and meet their own challenges. Appropriate arrangements are made to adapt activities for children with special educational needs where applicable

PE Kit

All children should have a clearly named PE kit at school every day. Our PE kit consists of:

- White round/crew neck T-shirt
- Black shorts
- White socks
- Black tracksuit bottoms/leggings
- Trainers or Plimssoles

In addition

- Jewellery, including earrings, are not to be worn in PE lessons.
- If earrings cannot be taken out by your child, they should not be worn on PE days.
- Where earrings cannot be removed, for example, because ears have been pierced for less than six weeks, they should be made safe by taping over the earrings front and back, which may offer a measure of protection. The taping should be sufficient to prevent the stud post penetrating the bone behind the ear should an unintentional blow be received e.g. from someone or from equipment such as a ball.
- Tape should be applied at home unless your child can competently do this for themselves, in which case, appropriate tape must be provided by parents and kept in PE bags.
- Staff are not required to tape or remove tape earrings for the children.
- Where the teacher taking the P.E lesson considers the taping to be unsatisfactory to permit safe participation in an activity included in the lesson your child will be asked to sit out.
- Long hair must be tied back
- PE kits will be sent home every half term for washing
- In the summer children should wear sun hats and sun cream must be applied

Competitive Opportunities for Everyone

Additional opportunities are provided through extra-curricular clubs, and through taking part festivals against other schools. An annual sports day is held for Foundation 1, Foundation 2, Year 1 and Year 2 during the summer term.

Storage of PE Equipment

- Games equipment is stored in the P.E shed
- Gymnastics equipment is stored in the hall itself
- It is the responsibility of all staff to ensure that equipment is replaced in the cupboard tidily
- Children should not be allowed in the PE cupboard unless closely supervised

- Each year group has a selection of outdoor play equipment, which is stored in separate sheds in the playground areas. The year group holds responsibility for checking and looking after the equipment and should report any missing or damaged equipment to the PE Co-ordinator

Safe Practice in Physical Education

To ensure that children are safe in PE lessons and during physical activity at playtimes:

- Regular checks are made on all equipment. All staff are responsible for reporting to the PE co-ordinator when any items need replacing or repairing. Any items constituting a danger should be taken out of use immediately.
- All large items of PE equipment are inspected annually by an independent safety officer. This includes the wall apparatus and mats
- Children should be taught how to move and use apparatus safely under the supervisions of a teacher or responsible adult.
- Children should be made aware of all safety points when undertaking any PE activity, (e.g. not lifting hockey stick dangerously, not jumping or running in front of others, etc).
- Children should understand the safety risks involved in wearing inappropriate clothing, footwear or jewellery. It is recommended that children do not wear any jewellery for PE lessons.
- Children must know the importance of responding readily to instructions
- First aid equipment should be available, and all staff should know what to do and who to call for assistance in the event of an accident. Inhalers for children suffering from asthma must be readily accessible.
- Copy of AfPE Safe Practice: In Physical Education, School Sport and Physical Activity held by PE lead and used as a regular reference document.

Primary PE and Sport Premium

The following information is published on the school's website:

- The PE and Sport funding received
- A breakdown of how the funding has or will be spent
- The Sport Impact School Action Plan giving details of the effect of the premium on pupil's PE and sport participation and attainment