

PARA SPORT

5+ YEARS

OPEN TO ALL TYPES OF DISABILITIES (S.E.N.D)

PARA MULTI SPORT

MONDAY 22 OCTOBER
2-4PM

CHAFFORD SPORTS COMPLEX
£2

PARA ART & SPORT

FRIDAY 26 OCTOBER
10:30AM-12NOON

MUPLACE, HAROLD HILL
£2

PARA ATHLETICS

FRIDAY 26 OCTOBER
4:45-5:45PM

HORNCHURCH STADIUM
FREE

THURSDAY 25 OCTOBER
1-3PM
YMCA
£2

SWIM 4
DISABILITY
VARIOUS SESSIONS AVAILABLE
ALL AGES

SKATE 4
DISABILITY
SUNDAY 28 OCTOBER
10-11:30AM
ALL AGES
SAPPHIRE ICE AND
LEISURE



PARENTS & CARERS MUST STAY THROUGHOUT
FOR MORE INFO: WWW.HAVERINGACTIVE.CO.UK/HOLIDAYACTIVITIES

DISABLED
ACCESS



Havering
LONDON BOROUGH