



Walk on Wednesday's

Dear Parents & Carers

We would like to increase the number of children walking to school, so we are pleased to announce that the children in Year 2 will be joining the Living Street's "Walk to School" Campaign. From October, your child will be taking part in WOW (Walk on Wednesday), the year round walk to school challenge. This scheme is to encourage children and their families to walk to school at least one day a week.

The concept is simple, children walking at least once a week are rewarded with a monthly collectable badge, based upon a fun and engaging theme. This year the theme is "Walk The Seasons". Each badge is made in the UK from recycled yoghurt pot material.

Fewer children walk to school than they did 20 years ago. In fact, just 17% of the nation's children get the recommended hour a day exercise. Help us get more children walking to school again and experience the benefits this simple act brings. Walking to school helps children feel happier and healthier and even do better in class because they arrive fit, refreshed and ready to learn. More families walking means fewer cars on the road during the school run, helping to reduce congestion and pollution at the school gates. If you live too far away, or don't have time to walk the whole way to school, you can "Park & Stride" and it still counts as an active journey. Park, or hop off public transport, at least 10 minutes away from the school and walk the rest of the way.

Let's swap those school runs for walks!

Kind regards

A. Farrar.

Mandy Farrar
School Wellbeing Officer



Diamond Wood Community Academy

North Road, Ravensthorpe, Dewsbury, Yorkshire WF13 3AD

Tel. 01924 325308 | Fax. 01924 325312 | Email. office@diamondwoodacademy.co.uk