

### SEAL/PSHE/Citizenship overview

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	We're All Stars	Be Friendly, Be Wise	Living Long, Living Strong (RSE)	Daring to be Different	Dear Diary	Joining in and Joining up
2	It's Our World	Who Likes Chocolate?	Money Matters	People Around Us	Say No	Growing Up (RSE)
3	We're All Stars	Be Friendly, Be Wise	Living Long, Living Strong (RSE)	Daring to be Different	Dear Diary	Joining in and Joining up
4	Our World	Just Say No!	Money Matters	Global Citizenship	Relationships	Growing Up/Changes (RSE)
5	We're All Stars	Be Friendly, Be Wise	Living Long, Living Strong (RSE)	Daring to be Different	Dear Diary	Joining in and Joining up
6	Our World	Just Say No!	Money Matters	Global Citizenship	Relationships	Growing Up/Changes (RSE)

#### EYFS

The above scheme of work is intended for KS1 and KS2, as ample coverage of PSED themes already occurs in EYFS. This is supplemented by three lessons on sex and relationships education where the focus is on fostering independence,

encouraging children to help out in the family and to keep themselves clean. These lessons are delivered using lesson plans and resources from the Christopher Winter Project.