



Friday NewsFlash

Friday 21st September 2018

Latest News...

Skip2BFit and Box2BFit

On Wednesday, all classes were involved in a session learning how to 'Skip2BFit'. Skipping is a great form of exercise, is (almost) free, and is great fun!

We were introduced by John to the 2 minute Skip2BFit challenge, using special adjustable skipping ropes which not only can be adjusted to different heights, but also have a built-in counter to count how many skips you have completed! Everyone was encouraged to have a go and try to beat their own score.

Our super skippers, who achieved the most skips in 2 minutes for their year group were Maevee (YR), Chelsea (Y1), Emma (Y2), Jack (Y3), Lilly-Rose (Y4), Georgina (Y5) and with a whopping 191 skips Erin (Y6) who also managed to beat our wining teacher, Mrs Horn, in the 1 minute Skip-off!

Key Stage 2 then had a further session in the afternoon – 'Box2BFit.' In this session the children took part in a circuit of boxing-related and fitness activities to music, which were great fun and really got our hearts racing!

We had a great day learning about perseverance, motivation and trying our best, and we are looking forward to continuing developing our skills.

If your child would like to practice skipping at home with a special Skip2BFit rope they are available to purchase from the school office for £5 each.

Dates for your diary...

26th September

Kestrels' welcome meeting

27th September

Woodpeckers' welcome meeting

4th October

Friendship lunch

19th October

Kestrels' class assembly TERM 1 END

8th November

Open Day for prospective parents

Friendship Lunch

Thursday 4th October is our 'Friendship Lunch'. Children will eat with their house team friends and all pupils who have a school lunch that day will receive a special friendship gift.

If you think that your child may have a school lunch on any day during the year, especially if they are in Foundation Stage or Key Stage 1, we would urge you to book a meal for this day, as the census which determines our funding for Universal Free School Meals is taken on this day.

If you have not yet returned Home School Agreements and Data sheets please can they be returned to school as soon as possible.



Kestrels' class enjoying 'Box2BFit'.

Our 'Skip2Bfit' class champions.



Reading idea of the week:

Try reading a book that has won a prize. There are lists of children's book prize winners on:

<https://www.lovereadng4kids.co.uk/genre/pw/All-Shortlists-and-Winners.html>

Don't forget to check our website regularly at www.wsses.com. New content is added regularly, and you can find diary dates, information about uniform, snack, the Cool Milk scheme, school dinners and pupil premium, as well as resources, news and photos on the class pages.



Welford, Sibbertoft & Sulby Endowed
School

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