

West Acton PRIMARY SCHOOL

Friday 28th September 2018

Myself and the senior leaders were delighted to meet parents this week during the three 'meet the new head teacher meetings'. It was very informative to hear your views and feedback. We look forward to working in partnership with you this year. **Miss Kondo**

Counsellor Lia's top tip this week:

LEARNING and WANTING to do the right thing

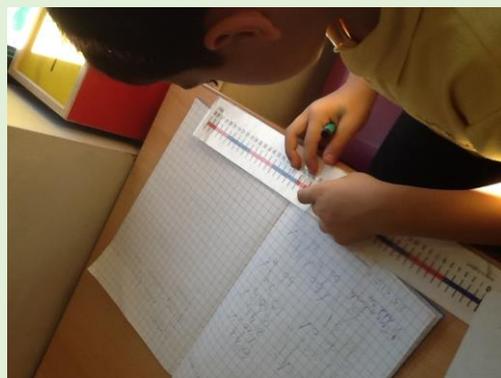
Children develop their 'inner compass' every day. They learn what they live, primarily by the example you set and the family culture that you create.

How can parents help? The most powerful way to teach a child a skill is to model it. When you treat others (including your child) with respect, when you apologise and when you regulate your emotions- then your child learns to do the same. Their inner compass will take shape from yours. In addition, your child constantly needs to make difficult choices so instead of telling them off and shaming them for making a "poor" choice, use it as an opportunity to develop that compass: help them reflect on how they feel and explain that we are all tempted to take the easy way over the right way: we are not perfect but we can do better. In order to help your child WANT to do the right thing, make sure your limits are reasonable and age-appropriate. Set them up for success so that they can feel good about being a person who does the right thing. Finally, help your child repair relationships following any damage and remember to stay connected. When your child feels you are on their side, they are more likely to WANT to follow your lead.

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgmental chat about you, your child or any other worries, she is available on Mondays 9-10am. You can call/text Lia on 07469 701 260 or email her at youni206.307@lgflmail.net to book an appointment.



Need some help with your numbers?
Just ask Year 2!



My assembly this week was about 'Peace' – as last Friday 21st September was the International world day of peace.

The children were very keen to contribute to world peace and thought about writing to politicians.

We decided to start a little closer to home – our school playground. Children reminded themselves of taking turns and treating equipment respectfully. We have also made football one day per year group instead of once a week. Let's hope that brings a little more peace!

Message from Ruth Cullinan our Pupil and Family Worker.

I am running half termly drop-ins for parents/carers on Friday 5th October to be held in the Conference Room. The drop in is an opportunity to come along and discuss any concerns you may have, school related or home related. I am available to offer support and guidance. The drop in is appointment only, to sign up please go to the main office where you will find a sign-up sheet, I will then be in touch to arrange a time.

Online Safety Tip

Children shouldn't be playing computer games before school and ensure you are monitoring their screen time and who their online friends are.