



PSHE Policy

2018

At Eastburn Junior and Infant School we aim to create a nurturing environment where every single child becomes a powerful learner. We want our pupils to develop resilience, seize opportunities and enjoy new challenges so that they can achieve the highest outcomes.

Rationale

Eastburn Junior and Infant School's vision and ethos is strongly supported through, and embedded in, the delivery of our PSHE whole-school approach to the curriculum. At our school we are committed to ensuring that the emotional and social needs of all our children are met within our school environment, and we support the development of children's health and wellbeing, self-esteem and confidence.

As part of providing a broad and balanced PSHE curriculum, we are able to nurture and support the spiritual, moral, social and cultural (SMSC) development in young children and promote the fundamental British values in young lives. We support children to develop the knowledge; skills and understanding they need to lead confident, healthy and independent lives, and become responsible citizens. We recognise that our school vision is crucial to this learning and should be at the heart of whole-school development.

Aims

This policy outlines our school's practice and procedures relating to the delivery of our PSHE whole-school approach, which is implemented from Reception to Year 6. This covers six themes throughout the year, which underpin the fundamental aspects of emotional wellbeing: **Health, Risk, Relationships, Identity, Economic Wellbeing and Being a Responsible Citizen.**

Planning, teaching and learning

PSHE is delivered within a whole school approach which includes:

- **Discrete curriculum time;**
- **Teaching PHSE through and in other subjects / curriculum areas;**
- **Through PHSE activities and school events;**
- **Through pastoral care and guidance.**

As part of our ethos to build powerful learners, we place an emphasis on active learning by including the children in discussions, investigations and problem solving activities. We encourage the children to take part in a range of practical activities that promote active citizenship, e.g school special events such as mental health week, anti bullying week, charity events, fair trade events, school council and healthy dinners.

All staff are encouraged to develop a range of flexible, active learning methods. These may include:

- Circle time;
- Individual, paired or group tasks.
- Discussions, both pupil and teacherlead.
- Debate.
- School council.
- Drama and role play.
- Encouragement of active participation of all pupils.

Each half-term is dedicated to following a specific theme and within that theme specific skills are taught. This approach has been devised in such a way that the learning skills for each year group are progressive and age appropriate.

We ensure that the fundamental British values are strongly embedded and promoted through our school vision statement, whole school assemblies, our development of SMSC, our PSHE whole-school approach and through everyday aspects of school life.

Promoting a healthy lifestyle

We promote and support children in developing a healthy lifestyle. We promote the development of healthy living by:

- Providing healthy, freshly cooked school meals everyday
- Taking part in the Big Pedal and holding annual sports days
- Offering a range of after-school clubs to promote healthy life-styles
- Providing fresh fruit daily for children in EYFS and KS1 and free milk for children under fives
- Offering a healthy snack tuck shop for KS2 pupils

Recording and reporting

In the EYFS, class teachers assess children's development and progress against the statements in the Development Matters, EYFS Curriculum. Teachers keep a record of children's achievements through daily observations and evaluations, or photographs/videos.

In Key Stage 1 and 2, class teachers make use of ongoing observations to assess children's progress in PSHE. Children are referred to the relevant places if anything is disclosed in circle time, and named staff follow up. Class teachers will date and highlight coverage on the Bradford planning document.