

Gluten-free vegetarian lasagne

Cooking for wheat-free or gluten-free friends? If you're struggling to find a vegetarian option that works for everyone on a budget, why not have a go at this take on a veggie lasagne?



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Veggie lasagne ingredients:

- Ingredients for a stir-fry, eg onion, garlic, tomato, courgette, mushrooms, seafood (optional).
- Crème fraîche
- Cheese, thinly sliced

How to make your 10 minute cheat's lasagne:

Turn on grill. Slice the vegetables thinly and stir-fry, with seafood if you are using this (leave out if you are not, maybe add some more vegetables).

Remove from heat, allow to cool a little. Season to taste. Stir in crème fraiche, cover with sliced cheese and brown under the grill. Serve.

By Glynnis Chapman.