



## Newton's Primary School

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### Information for Parents/carers

An ELSA (Emotional Literacy Support Assistant) is a member of staff who is trained to support children in the development of their emotional Literacy.

What is emotional literacy?

- Understanding and coping with the feelings about ourselves and others.
- Developing high self-esteem and positive interactions with others.
- Being emotionally literate helps children focus better on their learning.

Some of the areas the ELSA may work on:

- Recognising emotions.
- Self-esteem.
- Social skills.
- Friendship skills.
- Loss and bereavement.

How does the ELSA work?

- A regular slot during school week for 30-45 minutes.
- Sessions can be individual or in small groups tailored to the child's individual needs.
- Sessions are fun and might include role-play, puppets, board games, art and craft and stories.
- They include time to talk.
- A pupil's progress will be reviewed on a half-termly basis.

As a parent/carer, how can you help?

- By informing the class teacher if there are any issues that may be affecting your child.
- Please feel welcome to contact your child's teacher or the ELSA if you have any questions.

The ELSA in your school is Wendy Sanders