



Policy

Bottle Feeding

Statutory or Non Statutory	Non Statutory
Frequency of Review	Annually
Last Review	February 2018
Next Review	February 2019
Website	Yes



Canterbury Vision

At Canterbury, children and their families are at the heart of an encouraging and challenging environment, where everyone recognises and celebrates differences, actively communicates the importance of learning and believes everyone can achieve.

Parent and Kitchen Formula Milk Preparation and Feeding Guidelines

Staff at Canterbury Nursery follow guidelines for preparing formula milk for infants in accordance with policy published by The Food Standards Agency and The Department of Health.

We ask that parents help with this in the following ways:

- Bring in your child's bottle sterilised and fully assembled with the teat and lid in place. This prevents the inside of the sterilised bottle and the inside and outside of the teat from being contaminated.
- Provide the formula milk/ powder inside its original container; this is the best way for kitchen staff to ensure they are preparing feeds correctly, in accordance with the guidelines detailed on the packet or tin.
- Label to formula container with child's full name. (You can also bring in expressed breast milk if you would like to and we will store it in the fridge. Please make sure it is labelled with your child's name.)

According to the Food Standard Agency and Department Of Health, the best way to prevent a baby becoming ill is to make up all formula feeds fresh, as and when they are required by the baby. Canterbury Nursery will follow the routine below to ensure best practice when carrying out this task:

- Clean the surface thoroughly on which to prepare the feed
- Wash hands with soap and water and then dry.
- Boil fresh tap water in a kettle. Important: Allow the boiled water to cool to no less than 70° C. This means in practice using water that has been left covered, for less than 30 minutes after boiling. Pour the amount of boiled water required into the sterilised bottle.
- Add the exact amount of formula as instructed on the label.
- Re-assemble the bottle following manufacturer's instructions.
- Shake the bottle well to mix the contents.
- Cool quickly to feeding temperature by holding under a running tap, or placing in a container of cold water.
- Check the temperature by shaking a few drops onto the inside of your wrist – it should feel lukewarm, not hot.
- Discard any feed that has not been used within two hours.



In line with Food Standard Agency and Department of Health, we are unable to reheat or serve pre-prepared formula brought in from home. We recognise that parents may wish to provide pre-prepared milk in sealed cartons so when warming milk feeds, the practitioners will carry out the following guidelines:

- Clean the surface thoroughly on which to prepare the feed
- Wash hands with soap and water and then dry.
- Transfer the formula to a sterile bottle
- Re-warm using a bottle warmer, or by placing in a container of warm water. (In accordance with The Food Standards Agency and the Department Of Health: Microwaves should never be used for re-warming a feed.)
- Shake the bottle to ensure the feed has heated evenly.
- Check the feeding temperature by shaking a few drops onto the inside of the wrist - it should be lukewarm, not hot.
- It is bad practice to leave a bottle warming for longer than 15 minutes. Therefore any feed that is accidentally left to heat for longer than 15 minutes will be discarded.
- Discard any feed that has not been used within two hours.

Confirmation the Policy in respect of Canterbury Nursery School and Centre for Children and Families has been discussed by the Governing Body

Signed by:

Chair of Governors: Date:

Executive Head / Head of School: Date

Agreed at the Governing Body Meeting on: