



Wykeham Primary School  
 Personal, Social, Health, Citizenship and Economic Education  
 (PSHCE) Overview 2018-2019

	Autumn Term	Spring Term	Summer Term
Nursery Reception	<ul style="list-style-type: none"> <li>• <b><u>Living in the wider world</u></b> Myself and others SEAL New beginnings</li> <li>• <b><u>Relationships</u></b> Family networks Special People SEAL Changes</li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>Health and wellbeing</u></b> Feelings SEAL Getting on and falling out, Good to be me, Bullying, Relationships</li> <li>• <b><u>Health and wellbeing</u></b> Health/ hygiene/ self care Healthy Lifestyles: Keeping My Body healthy</li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>Health and wellbeing</u></b> Consequences SEAL Getting on and falling out Say no to bullying</li> <li>• <b><u>Living in the wider world</u></b> Needs Animals and Us, People who help us SEAL Changes, Relationships</li> </ul>
Year 1	<ul style="list-style-type: none"> <li>• <b><u>Living in the wider world</u></b> Rules and relationships Citizenship Unit 1 Taking Part: Section 4 SEAL New beginnings, Going for goals, Relationships</li> <li>• <b><u>Relationships</u></b> SEAL Changes, Relationships, Good to be me</li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>Health and wellbeing</u></b> Friendship and bullying Citizenship Unit 1 Taking Part Section 5 SEAL Getting on and falling out, Relationships Bullying</li> <li>• <b><u>Health and wellbeing</u></b> Exercise and medicines Making choices for a Healthy Lifestyle</li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>Health and wellbeing</u></b> Outdoors Citizenship Unit 2 Choices: Section , Citizenship Unit 4 People who help us: Section 2</li> <li>• <b><u>Living in the wider world</u></b> Environment</li> </ul>
Year 2	<ul style="list-style-type: none"> <li>• <b><u>Living in the wider world</u></b> Substance use and misuse Drugs Unit A Keeping ourselves and others safe</li> <li>• <b><u>Relationships</u></b> Growing up PSHE Healthy Lifestyles Unit 2 Keeping my body healthy SEAL Changes</li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>Health and wellbeing</u></b> Similarities and differences Citizenship Unit 5 Living in a diverse world, Section 1 SEAL Getting on and falling out, Good to be me</li> <li>• <b><u>Health and wellbeing</u></b> Hygiene PSHE Healthy Lifestyles, Keeping my body healthy</li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>Health and wellbeing</u></b> Child protection</li> <li>• <b><u>Living in the wider world</u></b> Living in the wider world Citizenship Unit 3 Animals and us: Section 2, Citizenship Unit 5 Living in a diverse world: Section 2</li> </ul>



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<p>Year 3</p>	<ul style="list-style-type: none"> <li>• <b><u>Living in the wider world</u></b> Rights and responsibilities at school. SEAL New beginnings, Changes , Say no to bullying</li> <li>• <b><u>Relationships</u></b> Other people's lives Citizenship, Living in a diverse world.</li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>Health and wellbeing</u></b> Self esteem Citizenship Unit 1 Taking Part: Section 7 SEAL Relationships, Going for goals</li> <li>• <b><u>Health and wellbeing</u></b> Nutrition Eating Healthy, Being Active</li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>Health and wellbeing</u></b> Outdoors and drugs</li> <li>• <b><u>Living in the wider world</u></b> Jobs Citizenship Unit 4 People who help us: Section 3</li> </ul>
<p>Year 4</p>	<ul style="list-style-type: none"> <li>• <b><u>Living in the wider world</u></b> Rights and responsibilities at home. SEAL Change, Going for goals</li> <li>• <b><u>Relationships</u></b> Accepting differences Citizenship Living in a diverse world: SEAL Good to be me, Relationships</li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>Being healthy</u></b> Exercise</li> <li>• <b><u>Health and wellbeing</u></b> Recognising dangerous situations. Keeping ourselves and others safe, Citizenship Unit 2 Choices: Section 2 Citizenship Unit 9 Respect for property</li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>Health and wellbeing</u></b> Assertiveness Citizenship Unit 1 Taking part: Section 8 SEAL Say no to bullying, Getting on and falling out</li> <li>• <b><u>Living in the wider world</u></b> Environment, recycling Citizenship Unit 6 Developing our school grounds</li> </ul>
<p>Year 5</p>	<ul style="list-style-type: none"> <li>• <b><u>Living in the wider world</u></b> Nutrition SEAL New beginnings, Good to be me, Say no to bullying, Getting on and falling out</li> <li>• <b><u>Living in the wider world</u></b> Politics Citizenship Unit 7 Children's Rights, human Rights; How do rules and laws affect me; Local democracy for young citizens.</li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>Health and wellbeing</u></b> Feelings: Anger &amp; conflict SEAL New beginnings, Good to be me, Say no to bullying, Getting on and falling out</li> <li>• <b><u>Health and wellbeing</u></b> First aid and getting help Citizenship Unit 11: In the media what's the news.</li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>Being healthy</u></b> Puberty- including menstruation How the body works, changes in puberty</li> <li>• <b><u>Relationships</u></b> Different types of relationships PSHE SRE Unit 4 Support Networks SEAL Changes Relationships</li> </ul>
<p>Year 6</p>	<ul style="list-style-type: none"> <li>• <b><u>Living in the wider world</u></b> Financial capability</li> <li>• <b><u>Relationships</u></b> Inequalities</li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>Health and wellbeing</u></b> Taking risks Citizenship Unit 2 Choices; Section 3 SEAL Going for Goals, Good to be me, Relationships</li> </ul>	<ul style="list-style-type: none"> <li>• <b><u>Health and wellbeing</u></b> Substance use and misuse Building knowledge and understanding about drugs and alcohol</li> <li>• <b><u>Being healthy</u></b></li> </ul>



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		<ul style="list-style-type: none"> <li>• <b>Living in the wider world</b>            Living in the wider world action            Citizenship Unit 3 Animals and Us: Section 4;            Unit 4 People who help us: Section 4 &amp; 5; Unit 6            Developing our school grounds            SEAL New beginnings</li> </ul>	Puberty and reproduction <a href="#">How the body works, changes in puberty</a>
<p>Wykeham Primary School aims to provide our pupils with a broad, balanced, rich, spiritual, moral, social, cultural (SMSC) and knowledge based education in which every child will be able to achieve excellence and equality. We see PSHCE, which includes citizenship and economics, as the promotion of personal health, qualities, skills and values, which will enable individuals to think and act for themselves confidently; to manage relationships with others; to make informed decisions; to accept social responsibility and to become a good citizen of the country. Sex and relationship education (SRE) is provided in a way that encourages pupils to consider morals and the values of family life. Drug Education is intended to inform both knowledge and attitudes to legal and illegal substances.</p>			