

West Acton PRIMARY SCHOOL

Friday 5th October 2018

I cannot believe how quickly the term has flown by ! Our parents' consultations evenings will be in the last week of term and you will have received a letter about it this week. Please ensure that you return the form to your child's class teacher as soon as possible.

Miss Kondo

Mathletics

Your child will now have their new Mathletics usernames and passwords. We use Mathletics as part of our mathematics program at school. It is a targeted, rewarding and captivating online learning resource, which is aligned to curriculum standards. To access it, they simply sign in with their username and password, using any compatible computer or mobile device. The extra Mathletics practice at home can make all the difference to your child's progress. Encourage them to achieve a weekly target of 1000 points to earn a certificate, building through bronze, silver and gold across the school year. Go for gold!

www.mathletics.com



My assembly this week was a large version of snakes and ladders. Sometimes your day goes right and you go up and up. Other times something happens and you fall down or make a bad choice. If that happens don't dwell on it – get back up. Apologise, learn from your mistake and then get going again. There are so many nice things you can do in one day – and it is even nicer if you do it for someone else.

Be Kind and reflective!

Fly Traps

Year 4 have looked at our Venus fly trap this week and one of the leaves opened to reveal the skeleton of a fly that it had taken the glucose from.



Sports Update - I would like to say well done to the West Acton Football Squad for the excellent performance in the Ealing Schools Football competition which took place last Thursday.

The boys played really well and worked very hard, scoring some brilliant goals and doing our school proud with their attitude and sense of fair play.

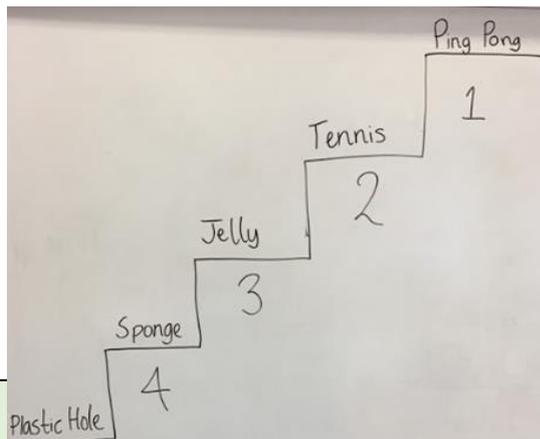
We won the competition, finishing top of our league with a record of playing 10 games, winning 5, drawing 4 and losing just the once. Ayaan, Yuri, Kiyora, Zeid, Yusuf, Achraf, Dylan and Eisuke, you were a credit to the school and I am proud of every one of you.

Also well done to our Year 5/6 cross country runners who took part in the Ealing Cross Country Championships this week. Hopefully all our training pays off!
Mr Gallagher



Which ball is the best?

Year 2, have been investigating which ball is the bounciest, in Science, and discussing different ways to record our results.



Parents Learning!

We had 22 Reception parents/carers join our 'fun to Learn' course. This was the best response we have ever had! It is a relaxed and informal workshop to help support their child's learning at home. We make resources that can be used at home and give ideas and strategies linked to numeracy, literacy, speaking and listening that parents can use that are fun and interesting. It is also a great opportunity for parents/carers to meet other parents/carers and share ideas.



Can you help our PTA? Contact them at fowap2014@gmail.com

Or j.pta.westacton@gmail.com

Vote in the Parent Governor election!

**Ballot box in the school office – closes
10th October.**

Online Safety Tip

Talk to someone about online safety. Whether you want to set up parental controls, adjust privacy settings on get advice on social networks, experts for the free O2 and NSPCC helpline are here to help.

0808 800 5002

Tip from our School counsellor - Lia

Autumn rituals to nurture family connection

Returning to the school year rhythm and adjusting to a new pace and schedule after the summer can be difficult- both for children and for adults. Your days can quickly feel very busy and they go by too fast. It is so easy then to lose moments of true connection and presence with your family.

How can parents help?

Creating family traditions can help to nurture connection and fun at home- and a cosy feeling! Here are some ideas to inspire you- the key is to keep it simple and fun:

- Go outside and pick up lots of different coloured leaves- you can make all sorts of crafts and collages with them! How about creating cards for each other?
- If you celebrate Halloween, take some time every few days to work on making their very own costume together.
- Split the family into two teams and see who can make the biggest pile of leaves- then combine them and jump in!
- Go for a nice walk together in a nearby park. Bring some paper and pencils and draw the trees in all their colours. Maybe you could even make a large joint family drawing?
- Autumn is a great time for baking together using seasonal ingredients such as apples.
- Keep a Family Gratitude Journal. At the end of each week, ask everyone to write down what about your family life you were grateful for and read it at the end of the month. See if you can keep it going throughout the year!

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Mondays 9-10am. You can call/text Lia on 07469 701 260 or email her at younl206.307@lqflmail.net to book an appointment.