

	29/10/2018	Monday	Tuesday	Wednesday	Thursday	Friday
	Main		Sweet and sour chicken	Pasta bolognese	Cheese pasty	Breaded salmon fish cake
	Vegetarian Option		Sweet and sour quorn	Vegetable and lentil bolognese	Cheese pasty	Cauliflower & Broccoli Cheese
	Accompaniments		Rice and sweetcorn	Broccoli	Diced potatoes and baked beans	Potato wedges and peas
	Jacket potato		Tuna mayonnaise with sweetcorn	Beef bolognese and broccoli	Cheese and beans	Coleslaw and salad
	Dessert		Apple crumble and custard	Iced finger	Mandarin sponge cake	Fruit salad and cream
Cold box	Brown roll		Tuna mayonnaise with sweetcorn	Ham and tomato	Egg mayonnaise	Ham and cheese
			Apple cake, Yoghurt and cherry tomatoes	Iced finger, Fruit and celery sticks	Mandarin sponge, fruit and cheese and biscuits	Cake, fruit and cucumber sticks
	05/11/2018	Monday	Tuesday	Wednesday	Thursday	Friday
	Main	Hot dogs (sausage in a bun)	Beef lasagne	Roast chicken in gravy	Chilli beef	Fish fillet squares
	Vegetarian Option	Quorn roll	Vegetable and bean lasagne	Quorn fillet in gravy	Chilli quorn	Cheese and tomato tart
	Accompaniments	Diced potatoes and baked beans	Garlic bread and salad	Mashed Potato and carrots	Rice and broccoli	Potato wedges and peas
	Jacket potato	Beans and carrot sticks	Cheese, salad and garlic bread	Tuna mayonnaise with celery sticks	Chilli beef and broccoli	Cheese and coleslaw with salad
	Dessert	Ginger sponge and custard	Fruity flapjack	Banana fudge cake	Fresh fruit and Frozen yogurt	Fruit cookies and milk
Cold box	Brown roll	Cheese and cucumber	Tuna mayonnaise with sweetcorn	Ham and tomato	Egg mayonnaise	Ham and cheese
		Cake, carrot sticks and fruit	Fruity flapjack, Cherry tomatoes and yoghurt	Banana fudge cake, fruit and celery sticks	Fruit, cake and cucumber sticks	Cookie, fruit and yoghurt

	12/11/2018	Monday	Tuesday	Wednesday	Thursday	Friday
	Main	Sausage in gravy	Fruity chicken curry	Cheesy topped cottage pie	Chicken in tomato and basil sauce	Jacket Potato and Cheese
	Vegetarian Option	Quorn sausage in gravy	Fruity vegetable curry	Cheesy topped quorn cottage pie	Quorn in tomato and basil sauce	Jacket potato and cheese
	Accompaniments	Mashed potato, carrots and swede	Rice and broccoli	broccoli	Pasta and peas	Baked beans
	Jacket potato	Cheese and mixed salad	Tuna mayonnaise with sweetcorn and cucumber	Coleslaw and rice salad	Chicken mayonnaise with carrot sticks	Cheese and beans
	Dessert	Apple and strawberry sponge with custard	Chocolate fudge cake	Date slice	Cheese scone	Strawberry Delight
Cold box	Brown roll	Cheese and cucumber	Tuna mayonnaise with sweetcorn	Ham and tomato	Egg mayonnaise	Ham and cheese
		Cheese and biscuits, fruit and iced apple cake	Chocolate fudge cake, fruit and carrot sticks	Date slice, celery sticks and fruit	Rice krispie cake, yoghurt and fruit	Strawberry delight, fruit and cucumber sticks
	19/11/2018	Monday	Tuesday	Wednesday	Thursday	Friday
	Main	Chicken and vegetable pie	Roast beef and Yorkshire pudding	BBQ chicken	Organic Pork meatballs in tomato sauce	Salmon fishcakes
	Vegetarian Option	Quorn and vegetable pie	Cheese and courgette sausages	BBQ quorn	Swedish style quorn balls in tomato sauce	Vegiburger
	Accompaniments	Mashed potato, carrots and swede	Roast potatoes and peas	Rice and sweetcorn	Pasta and broccoli	Diced potatoes and baked beans
	Jacket potato	Chicken and mayonnaise and mixed salad	Cheese and coleslaw	BBQ Chicken and sweetcorn	Tuna mayonnaise with cous cous	Beans and salad
	Dessert	Frozen yogurt with fresh fruit	Cookie and Milk	Ginger and pear sponge with custard	Fruity biscuit cake	Orange jelly and cream
Cold box	Brown roll	Cheese and cucumber	Tuna mayonnaise and sweetcorn	Ham and tomato	Egg mayonnaise	Ham and cheese
		Cake, carrot sticks and fruit	Cookie, fruit and cherry tomatoes	Cake, fruit and yoghurt	Fruity biscuit, fruit and cucumber sticks	Orange jelly, cheese and biscuits and fruit

	26/11/2018	Monday	Tuesday	Wednesday	Thursday	Friday
	Main	Sausages	Chicken casserole	Chicken fajita wrap	French bread pizza with ham	Battered fish fillet
	Vegetarian Option	Quorn sausage	Quorn casserole	Home style baked bean wrap	French bread pizza with peppers	Cheese and broccili quiche
	Accompaniments	Jacket potato and baked beans	Rice and sweetcorn	Salad and corn on the cob	Potato wedges, cucumber disks and carrot slices	Diced potato and peas
	Jacket potato	Beans and cucumber sticks	Cheese and carrot sticks	Tuna mayonnaise with corn on the cob	Coleslaw and mixed salad	Chicken tikka mayo with rice and peppers
	Dessert	Rice pudding	Apple krispy and custard	Fruit salad and yogurt	Chocolate sponge and custard	Frozen yogurt and fresh fruit
Cold box	Brown roll	Cheese and cucumber	Tuna mayonnaise and sweetcorn	Ham and tomato	Egg mayonnaise	Ham and cheese
		Fruit, cake and yoghurt	Fruit, yoghurt and carrot sticks	Fruit, cake and cucumber sticks	Fruit, cheese and biscuits and cherry tomatoes	Fruit, yoghurt and cookie
	03/12/2018	Monday	Tuesday	Wednesday	Thursday	Friday
	Main	Chicken in pomodoro sauce	Lamb and potato layer	Beefburgers in a roll	Roast Pork with Stuffing	Lincolnshire Fish Cake
	Vegetarian Option	Quorn in pomodoro sauce	Quorn mince and potato layer	Chickpea burger in a roll	Cheesy Veg Pie	Vegetable Fingers
	Accompaniments	Pasta and Peas	Broccoli	Potato wedges and salad	New potatoes, carrots and gravy	Diced potatoes and baked beans
	Jacket potato	Beans and vegetable sticks	Coleslaw and mixed salad	Tuna mayonnaise and mixed salad	Cheese, rice and peppers	Chicken in mayonnaise with cous cous
	Dessert	Small banana and strawberry yoghurt	Lemon crunch flan and custard	Iced apple cake	Chocolate Delight	Peaches and cream
Cold box	Brown roll	Cheese cucumber	Tuna mayonnaise and sweetcorn	Ham and tomato	Egg mayonnaise	Ham and cheese
		Cake, fruit and yoghurt	Cookie, fruit and cheese and biscuits	Cake, fruit and cheese and biscuits	Chocolate delight, fruit and cucumber sticks	Fruit, cake and yoghurt

	10/12/2018	Monday	Tuesday	Wednesday	Thursday	Friday
	Main	Sausage roll	Beef lasagne	Roast chicken in gravy	Chilli beef	Fish fillet squares
	Vegetarian Option	Quorn sausage roll	Vegetable and bean lasagne	Quorn fillet in gravy	Chilli quorn	Cheese and tomato tart
	Accompaniments	Diced potatoes and baked beans	Garlic bread and salad	Mashed Potato and carrots	Rice and broccoli	Potato wedges and peas
	Jacket potato	Beans and carrot sticks	Cheese, salad and garlic bread	Tuna mayonnaise with celery sticks	Chilli beef and broccoli	Cheese and coleslaw with salad
	Dessert	Lemon sponge and custard	Fruity flapjack	Banana fudge cake	Fresh fruit and Frozen yogurt	Fruit cookies and milk
Cold box	Brown roll	Cheese and cucumber	Tuna mayonnaise with sweetcorn	Ham and tomato	Egg mayonnaise	Ham and cheese
		Cake, carrot sticks and fruit	Fruity flapjack, Cherry tomatoes and yoghurt	Banana fudge cake, fruit and celery sticks	Fruit, cake and cucumber sticks	Cookie, fruit and yoghurt
	17/12/2018	Monday	Tuesday	Wednesday	Thursday	Friday
	Main	Organic Pork meatballs in gravy	Roast Turkey in gravy with chipolata sausage	Pasta bolognaise	Cheese pasty	
	Vegetarian Option	Swedish Quorn balls in gravy	Quorn sausage in gravy	Vegetable and lentil bolognaise	Cheese pasty	
	Accompaniments	Mashed potato, diced carrots and swede	Roast potatoes, Peas and carrots	broccoli	Diced potatoes and baked beans	
	Jacket potato	Cheese and cucumber disks	Tuna mayonnaise with sweetcorn	Beef bolognaise and broccoli	Cheese and beans	
	Dessert	Chocolate cake and cream	Christmas Biscuit and milk	Iced finger	Mandarin sponge cake	
Cold box	Brown roll	Cheese and cucumber	Tuna mayonnaise with sweetcorn	Ham and tomato	Egg mayonnaise	
		Fruit, carrot sticks and chocolate fudge cake	Christmas biscuit, Yoghurt and cherry tomatoes	Iced finger, Fruit and celery sticks	Mandarin sponge, fruit and cheese and biscuits	

In the main meal and vegetarian option only!

Our menus are bronze food for life accredited.

All beef, pork and lamb are locally produced and farm assured

Organic meatballs are from a farm in derbyshire

Bread is provided daily and is locally produced

Any fresh fruit and vegetables used are provided by a local wholesaler and are subject to seasonal variations

All menus are compliant with government food based standards

Our diced chicken comes from Norfolk with red tractor accreditation. All chicken has red tractor accreditation

Our Lincolnshire fishcakes, breaded salmon and fish squares are all responsibly sourced.