

## **Blackland Farm Clothing and Equipment Requirement Sheet**

To avoid your child's belongings being misplaced or lost, it would be extremely helpful if they are all clearly labelled – including shoes, towels, socks, etc...

### **Minimum requirements (it is advisable to add more):**

- Wash bag & contents, (including shower gel) 2 large towels, 1 hand towel (drying towels is dependent on weather conditions);
- Underwear & spares (especially lots of extra pairs of socks - consider at least 2 pairs per day);
- Night wear, slippers, dressing gown or onesie, soft toy (optional!);
- 3 x long sleeved tops (fleece tops /jumpers/ track suit etc.);
- 3 x tee shirts;
- 3 x pairs of trousers (track suit bottoms/cargo pants/leggings/jeans) that are quick to dry;
- 3 x pairs shorts – (if sunny, add more);
- Swimwear or shorts and tee shirt (for under clothing during kayaking);
- Rash (UV protection) vest (optional) (to wear under clothes for kayaking);
- 3 x pairs of shoes: trainers/ waterproof walking boots/ wellies (no need for wellies if you bring walking boots). (NB: it *could* be extremely muddy, have at least 1 pair of waterproof shoes for the trip) 1x pair of shoes for canoeing (could be old plimsolls, to throw away later) 1x pair of 'indoor' shoes - could be slippers / crocks/ flip-flops, to wear in buildings (outdoor shoes are banned from all buildings and have to be left in lobby areas);
- 1 x waterproof coat (suitable for heavy rain / cold);
- 1x pack-a-mac (for warmer days, or to wear on top of kayaking clothing to minimise wind-chill);
- 1 x waterproof trousers (optional);
- Hats (one should be a sun hat);
- Pillow and a sleeping bag or alternatively a duvet and bottom sheet;
- A healthy snack for between meals each day (optional). Please note, snacks cannot be refrigerated and should not contain nuts;
- A small amount of spending money (snack shop on site) (£5 max);
- Refillable drinking bottles / unbreakable flask;
- Torch with batteries – important;
- Bin liners/plastic bags (these are extremely useful - ideal to separate dry clothes from wet clothes in holdall and to carry wet clothing from kayaking);
- Tissues and wet wipes;
- Small bag to take to activity sites and excursions;
- A few pegs to hang out wet clothing;

- Sunblock;
- ANY MEDICATION (including inhalers etc);
- Do not bring anything of value that could get damaged by rough wear or dirt. Expensive items are unsuitable and pupils are entirely responsible for their own belongings;
- A camera is an optional extra but is the sole responsibility of the child;
- Mobile phones and electronic games/gadgets e.g. tablets and handheld games consoles **must not be brought on the trip**. The idea is that the children are independent and 'away from it all' and a mobile phone going off half way through an activity is not an ideal scenario! The dormitories, whilst monitored by staff during the day are not the most secure buildings and we could not guarantee that valuables would not go missing. The school office will contact all parents to notify you all that we have arrived safely and to let you know when we are about to set off to return to school. In the event of an emergency at home, the school party can be contacted via school.