

St Cuthbert's Family Learning Week Timetable

WC: 15/10/2018 - Positive About Health & Wellbeing

	8.55 - 9.15 (20mins)	9.15 - 10.05 (50 mins)	10.05 - 10.50 (45mins)	10.55 - 11.10	11.10 - 11:30 / 12:15	12.15 - 1.15	1.15 - 1.35 (20mins)	1.35 - 2.20 (45mins)	2.20 - 3.05/15 (45 / 55mins)
Monday 15/10/18	Coffee Morning - Parents Staffroom 9:00am		Peer Massage Y5 Classroom Mrs Hilton Parents invited 10:45-11:30 2YO Listening & Attention Session Parents invited	B	Jogging for Joy: Y4 - Yard (12.00 - 12.15) Parents invited	L		Mavericks Movement - HALL Year 5 - 1:30 - 2:15/Year 6 - 2:20 - 3:10 Parents invited Music for the Mind - Clarinet: Y4 Classroom Parents invited ADHD Foundation Sleep Routine (Federation Parents only) ST SEBASTIANS 1:00 - 2:00pm	
Tuesday 16/10/18	CW / Singing 9.15-9.30 Collective Worship Angela & Dennis / Parents invited			R	Dentist Visit Year 1 Parents invited 11-11:30 Gemma (Family Support Worker) Drop in Signposting Parents Jogging for Joy: Y4 - Yard (12.00 - 12.15) Parents invited	U	Managing Stress for Children Parents invited HALL (Y5 & 6) 1 - 2:00pm		
Wednesday 17/10/18	Everton in the Community Super Movers Session Year 1 & Parents invited HALL 9:15 - 10:15am		Everton in the Community Multi-Skills Fitness Circuit Year 2 & Parents invited HALL 10:15 - 11:15am	E	Jogging for Joy: Y4 - Yard (12.00 - 12.15) Parents invited	N	Singing for Fun Y2 1:30pm Parents invited	Parent's Evening Story Together - 2 Year Olds & F1 2:15 - 2:45pm (F1 Unit) Parents invited	
Thursday 18/10/18	ADHD Foundation Anxiety Workshop 9:00am (Federation Parents invited) ST CUTHBERT'S HALL		Mindfulness for Parents HALL A.Brough	A	Little Sports Coaches: Yoga Foundation 2 & Parents HALL 11:00 - 11:45am Jogging for Joy: Y4 - Yard (12.00 - 12.15) Parents invited	C		Little Sports Coaches Fitness is Fun: Circuit Session HALL Parents invited Year 3 - 1:30 - 2:15 Year 4 - 2:20 - 3:00 School Bingo 3:30pm - Clubs Cancelled Parents invited	
Friday 19/10/18	CAFOD Ambassador- A. Brough Whole School Assembly (20 mins) 2YO, F1 & F2 - Holding Hands Workshop Foundation Unit 9:30-10:00		Peer Massage Y1 & Parents invited Miss Knisz	K	Accessing available services: Early Help Directory Karen Reason HALL - ST CUTHBERTS PARENTS Family Fun (Board games)11.00 - 11.45pm Year 2 Parents invited	H	Anne Casey Collective Worship Month of Mary 1:30pm - 1:50pm-HALL KS2 Children and parents invited	Stay & Play - Foundation 2 2:20 - 3:05pm 2.30 - 3.00 - HALL Y2 and NSPCC Parent Workshop 'Supporting safe internet use' - Y4 classroom Parents only	

