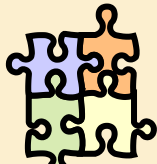





# The Spinney Children's Centre Sept – Dec 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>9.30-11.00</b> <b>Stay &amp; Play</b> 0-5yrs drop in, 15 max term time only</p>	<p><b>9.30-11.30</b> <b>Parenting/Adult Learning Courses:</b> 123 Magic Parenting Course/Cookery</p>	<p><b>9.00-12.00</b> <b>Midwives Clinic</b> Appointment only</p>	<p><b>9.00-10.30 *</b> <b>Stay &amp; Play</b> 0-5yrs drop in, 15 max</p>	<p><b>10.00-11.30</b> <b>Pre-walker Baby Group</b> drop in, 18 max</p>
<p><b>10.00 – 11.00</b> <b>Monday Fitness</b> 5 weeks 10 max Term time only £20 per 5wk course</p>	<p><b>1.30-2.30</b> <b>Bookstart Corner</b> Booking Required 2 – 5 years Term time only</p>	<p><b>9.30-11.30</b> <b>Parenting/Adult Learning Courses:</b> 123 Magic Parenting/Cookery</p>	<p><b>9.30-2.00</b> <b>Job Club</b> Drop-in</p>	<p><b>10.00-11.30am</b> <b>6 week Development Checks</b> Appointments via Health Visitor</p>
<p><b>12.00-4.00</b> <b>Guildford Families Team</b> Youth Support Officer</p>	<p><b>1.00-4.00</b> <b>6 week &amp; 2 year Development Checks</b> Appointments via Health Visitor</p>	<p><b>2.00 – 3.30</b> <b>Outreach drop-in</b></p>	<p><b>1.30-3.00 *</b> <b>Stay &amp; Play</b> 0-5yrs drop in, 15 max</p>	<p><b>10.00-11.30am</b> <b>Starting Family Foods</b> Monthly Appointments via Health Visitor</p>
<p><b>2.00-3.30</b> <b>Child Health Clinic</b> Drop in clinic</p>		<p><b>2.00-3.30</b> <b>Toy Library</b> drop in</p>		<p><b>2.00 – 3.30</b> <b>Outreach drop-in</b></p>





# The Spinney Children's Centre

Southway, Guildford, GU2 8YD

01483 510570

[www.thespinneycc.org.uk](http://www.thespinneycc.org.uk)

childrenscentre@guildfordgrove.surrey.sch.uk

## **Child Health Clinic Drop in**

Get your child weighed and have the opportunity to speak with a health professional.

## **Stay & Play Drop in**

Fun interactive sessions for parents and children under 5yrs to play together.

## **Job Club**

Drop-in  
Help with job search, volunteering opportunities, CV writing, application and interview support.

## **Midwives Appointments Booking required**

Antenatal clinic for Mums to be

## **Pre-walker Baby Group Drop in**

For babies from birth to walking. Staff will be on hand for advice on all aspects of life with your baby including breastfeeding, feeding and general development.

## **Starting Family Foods Booking required**

When to introduce your baby to solid foods, what to prepare and what to avoid. Please call the Health Visiting Team directly on 01483 783261.

## **6week and 2yr Development Checks Booking required**

By appointment only the checks are an opportunity for a Health Visitor to observe your child and for you to ask any questions or raise any concerns you may have.

Please call the Health Visiting Team directly on 01483 783288.

## **Chatterbox Booking required**

6 week activity session for children aged 2-5yrs who may need a little extra help developing their communication and language skills.

## **Rhyme Time Booking required**

Fun music & movement session for parent and child aged 2-5yrs.

## **Bookstart Corner Booking required**

Supporting you to develop reading habit with your child aged 2-5yrs.

## **Outreach drop in**

Speak to a member of the Outreach Team for confidential information & advice.

## **\*Reminders**

Mobile phones may not be used in the playroom.  
Please bring an item of fruit to be shared with the group.