



Mrs S Edwards  
Headteacher

## Eastlands Primary School

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17<sup>th</sup> September 2018

Dear Year 5 Parents and Carers,

As part of our plans to further develop the quality of our PE provision in school, I am pleased to inform you that starting on Friday 26<sup>th</sup> October and during the second half term of 2018-2019, the children, will have the opportunity to experience some of their PE lessons at

### **RUGBY GYMNASTICS CLUB, 92 Lower Hillmorton Road, Rugby**

They will work with fully qualified and experienced coaches at the club, alongside their teacher and supporting adults, for six sessions, beginning next Friday 9th September. Sessions will run for 1 hour each week from 9.15 -10.15 am.

This is a fantastic opportunity for the children to experience the Gymnastics Club's facilities first hand and to use a variety of equipment with increased confidence.

The children will walk to and from the Gymnastics Club each week so there is no cost implication involved.

To ensure that your child has the best possible experience in a safe environment, please read and adhere to the following health and safety rules, as stated by the Gymnastics Club:

### **Rugby Gymnastics Club follow British Gymnastics guidelines and policies.**

#### **Clothing**

**School PE kit - shorts and T-shirt must be worn and must be comfortable and non-restrictive.**

**No Socks to be worn during the sessions.**

#### **Jewellery**

**No jewellery of any kind is permitted at the Gymnastics Club**

**\*A risk assessment on an individual basis will need to be made if jewellery has to be worn for religious reasons. In this instance, items would need to be strapped securely and covered with sweat bands.**

**Earrings must be removed and may not be taped.**

#### **Hair**

**Hair needs to be tied back if covering face and shoulder length or longer.**

Please sign your child's home/school communication book (by Thursday 25<sup>th</sup> October) to give consent for your child to take part in the Gymnastics Club lessons for the six weeks.

Yours sincerely,

Mr. Ben Northedge

