

# West Acton PRIMARY SCHOOL

Friday 19<sup>th</sup> October 2018

Thank you to all the families, pupils and staff who have welcomed me this term – I feel very settled and honoured to be the Headteacher here. I hope that you have found the information given out at parents' evening useful and also completed a survey to share your views. I wish you a happy half term. **Thank you.**

**Miss Kondo**

In assembly this week we talked about What **Harvest** meant, thought about how our food was made, how lucky we are to have so much **food** and mostly about **sharing**.

**When you share who is the happiest – the receiver or you?**

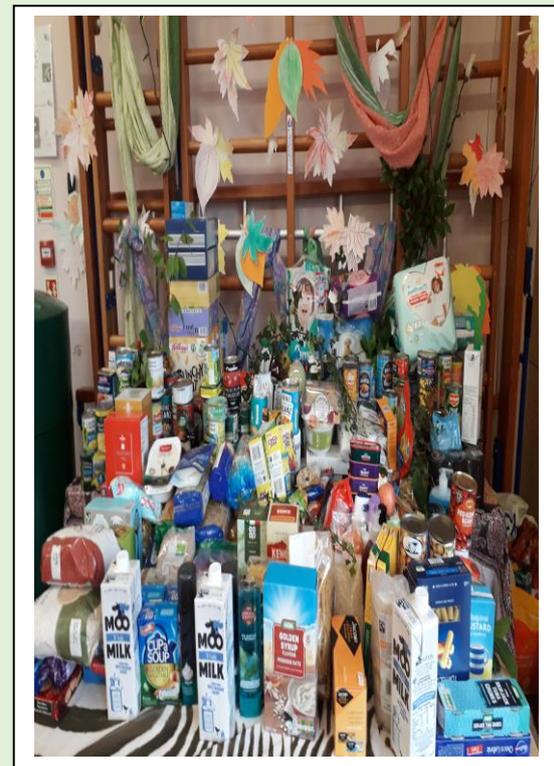


#### **Parent Governor**

Thank you to the Parents who stood in the recent Parent Governor Elections.

Also thank you to everyone who took the time to vote – there was a lot of support for all three candidates.

**Congratulations to Mr. Marcus Palton who was elected to join the governing body.**



#### **Holiday Survival Guide – tip from Lia our School counsellor**

Breaks from school can actually feel quite stressful for children, as their regular schedules and routines are disrupted. As we head into half term break, I thought it would be helpful to share these tips once again, to help you minimise the tears and maximise the joy at home.

#### **How can parents help?**

As always with parenting, it is most important to look after yourself first. Make sure your own cup is full so you can stay calm. You can also let them know in advance what they will be doing over the holiday and remind them again every morning the plans for that day. Many children will also do better if you keep to some routine and schedule every day, to offer them some predictability. If you can, always include some outdoor or physical activity every day as it helps them to stay regulated. Finally, remember to do less and connect more!

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Mondays 9-10am. To book an appointment, you can call/text Lia on 07469 701 260 or email her at [younl206.307@lgflmail.net](mailto:younl206.307@lgflmail.net)

**Please join us for the following parent meetings:**

***Maths workshops for parents of Children in Y1 to Y6***

*Tuesday 6<sup>th</sup> November at 9.00am and repeated at 2.40pm*

***Phonics meeting for Reception Parents***

*Friday 9<sup>th</sup> November at 9.00am and repeated at 2.40pm*

***Phonics meeting for Year 1 Parents***

*Tuesday 13<sup>th</sup> November at 9.00am and repeated at 2.40pm*

***Year 3 enjoyed reading and writing  
about 'The Tin Forest' so much they  
have made some!***

***Online Safety Tip***

***Report any inappropriate  
communication to your child  
ASAP: to the Police or the  
game company – take screen  
shots as evidence.***

**Well done West Acton  
– last academic year  
Attendance was**

**96.2%.**

**This is excellent.  
Can we beat it in 2018-  
2019? Look out for  
updated attendance  
information coming  
after half term.**

