

Cookery Club
Wednesday 24th October 2018
Banana Muffins

Ingredients:

- ❖ 67g plain flour
- ❖ $\frac{1}{4}$ tsp baking powder
- ❖ $\frac{1}{2}$ tsp bicarbonate of soda
- ❖ $\frac{1}{4}$ tsp salt
- ❖ 1 banana mashed
- ❖ 50g caster sugar
- ❖ $\frac{1}{2}$ egg
- ❖ 25g butter melted

Method:

- ❖ Preheat oven to 180 C. Place 4 paper baking cases in a muffin tray.
- ❖ Sift together the flour, baking powder, bicarbonate of soda and salt into a bowl.
- ❖ Combine the mashed banana, sugar, egg and melted butter in a large bowl. Fold in the flour mixture and mix until smooth.
- ❖ Spoon evenly into the baking cases in the muffin tray.
- ❖ Bake in the oven for 25-30 minutes until cooked.
- ❖ Eat warm or cold and enjoy!

