

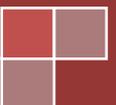
# ANTI-BULLYING POLICY

## Polisi Gwrth Fwlio

CORPUS CHRISTI HIGH SCHOOL  
Ysgol Uwchradd Corpus Christi

This document contains the specific policy and associated information relating to the Anti-Bullying Policy at Corpus Christi High School

Approved by Governors : 15 October 2018



## Definition of Bullying

Bullying can be defined in a number of ways. We define bullying as follows:

**Bullying is the wilful, conscious desire to hurt, threaten or frighten someone.**

Bullying has been described by pupils as:

- name calling
- teasing
- physical abuse e.g. hitting, pushing, pinching or kicking
- having personal possessions taken e.g. bag or mobile phone
- receiving abusive text messages or e-mails
- being forced to hand over money
- being forced to do things they don't want to do
- being ignored or left out
- being attacked in any way due to religion, gender, sexuality, disability, appearance or racial or ethnic origin.

## Specific Examples of Bullying

**Racist bullying** – an incident which is perceived to be racist by the victim or any other person. This can be in the form of:

- verbal abuse, name calling, racist jokes, offensive mimicry
- physical threats or attacks
- wearing of provocative badges or insignia
- bringing racist leaflets, comics or magazines
- inciting others to behave in a racist way
- racist graffiti or other written insults, even against food, music, dress or customs
- refusing to co-operate in work or play.

**Sexual bullying** – this is generally characterised by:

- abusive name calling
- looks and comments about appearance, attractiveness, emerging puberty
- inappropriate and uninvited touching
- sexual innuendos and propositions
- pornographic material, graffiti with sexual content

**Sexual orientation** – This can be in the form of:

- use of homophobic language
- looks and comments about sexual orientation or appearance.

**SEN or disability** – These pupils are often at greater risk of bullying. This can be characterised by:

- name calling, comments with regard to perceived ability and achievement levels.

**Text bullying** – this is on the increase and can involve pupils receiving threatening or disturbing messages from possibly anonymous callers.

## Aims of the Policy

It is expected that all members of the Corpus Christi school community, recognising that bullying does take place, will be aware of the school policy on bullying and the way in which it relates to our **mission statement**.

### **At Corpus Christi we will aim to ensure that all pupils:**

- Receive an education that is free from humiliation, oppression or abuse, either physical or psychological in nature.
- Are taught in an atmosphere which is safe, caring and protective.
- Share in the life of Christ by treating others in the community with love and respect.
- Expect Christian values to be reinforced across the curriculum, demonstrating the care that staff have for the welfare of pupils in their charge.
- Will be made aware of the range of actions that can constitute bullying and actively encouraged to report such incidents

### **School Statement of Intent.**

Corpus Christi believes that :

- Bullying is undesirable and unacceptable.
- Bullying is a problem to which solutions can be found.
- Seeking help and openness are regarded as signs of strength not weakness.
- All members of the school community will be listened to and taken seriously
- Everyone has the right to work and learn in an atmosphere that is free from fear.
- All of us have a responsibility to ensure that we do not abuse or bully others.
- Young people should talk to an adult if they are worried about bullying and have a right to expect that their concerns will be listened to and treated seriously.
- We all have a duty to work together to protect vulnerable individuals from bullying and other forms of abuse.

### **Objectives**

- To ensure all parents and pupils have received and had opportunity to comment upon the school anti-bullying policy.
- To maintain and develop effective listening systems for pupils and staff within the school.
- To involve all staff in dealing with incidents of bullying effectively and promptly.
- To equip all staff with the skills necessary to deal with bullying.
- To involve the wider school community (e.g. midday supervisors) in dealing effectively with, and if necessary referring, bullying incidents.
- To communicate with parents and the wider school community effectively on the subject of bullying.
- To acknowledge the key role of the class teacher/ form tutor in dealing with incidents of bullying.
- To ensure that all incidents of bullying are recorded and appropriate use is made of the information and where appropriate shared with relevant organisations.

### **Code of Conduct (with regard to school behaviour and relationships within the school community)**

We recognise that all adults in the school are in effect role models for the students. The way in which we behave towards each other and to students is particularly important in terms of providing positive role models. Therefore, as adults we must:

- show respect for every student and other colleagues within the school community as individuals
- be aware of vulnerable students
- criticise the behaviour rather than the student
- avoid favouritism

- be seen to be fair
- avoid labelling
- have high expectations of students
- never give students ammunition to use against each other
- actively seek to develop a praise culture within the school.

Young people also have a responsibility to role model appropriate behaviour for their peers. We therefore believe that all students must:

- show respect for their fellow students and adults working within the school community
- support and be sensitive to others when they may be feeling vulnerable
- actively seek to develop a praise culture within the school
- actively support the school anti-bullying policy
- take responsibility for their own behaviour

## **EQUAL OPPORTUNITIES**

Every member of the school community is entitled to expect equality of protection from bullying as well as protection and support from school policies and procedures

## **SCHOOL PROCEDURES INCLUDING SANCTIONS**

### **When an act of bullying is reported or suspected**

- The matter will be fully investigated
- The pupils involved will be required to express ( in writing where appropriate ) their perception of the facts and their feelings regarding the incident/s and outcome
- Initially victims and the bully will be interviewed separately.
- Any witnesses will also be interviewed
- Where appropriate parents will be invited to school
- A record will be kept of each incident
- Action will be taken which will support both victim and bully and reflect the nature of the incident/s. When appropriate the school counsellor will be involved.
- Physical violence perpetrated on any member of our school community will be treated very seriously and may result in exclusion
- Other sanctions which may be employed include:
  - a letter of apology
  - detention
  - isolation
  - financial compensation for property damaged or stolen

## **Strategies to Reduce Bullying**

The school has a range of strategies to prevent and reduce bullying, to raise awareness of bullying and support victims and bullies. Including:

- Details in the school diary of what pupils should do if they are being bullied
- Information on bullying available in the school library.
- A 'Concern Box' called a 'Suggestion Box' is accessible in the library
- Childline numbers are accessible for pupils
- Guest speakers and theatre groups will be used whenever possible to reinforce Corpus Christi staff input on bullying in Assemblies.
- Parents will be informed of anti-bullying procedures, asked to keep records of any alleged bullying and encouraged to contact the school
- Staff will periodically receive INSET on bullying
- Staff and prefects will be asked to exercise extra vigilance in certain areas of the school
- Pupils will be discretely informed of 'safer' areas of the school site
- There will be a permanent school counsellor available to support individual pupils, whether bullies or victims.
- Pupils will be made aware of the issue of cyber-bullying.

## **Monitoring Arrangements**

The views of pupils and staff will be used to make changes and improvements to the policy on an ongoing basis.

## **Role of pupils in recording a bullying incident**

Follow the advice given in the school diary on reporting and dealing with bullying incidents.

## **Support for Pupils who Experience Bullying**

### **If you are being bullied**

- Tell an adult or somebody you trust what has happened straight away.
- Get away from the situation as quickly as possible.
- Try to stay calm and look as confident as you can.
- Be firm and clear – look them in the eye and, if possible, tell them to stop and tell them how you feel.

### **After you have been bullied**

- Tell a teacher or another adult you trust within school.
- Tell your family.
- If you are scared to tell a teacher or adult on your own, ask a friend to go with you.
- Keep on speaking until someone listens and does something to stop the bullying.
- Don't blame yourself for what has happened

### **When you are talking to an adult about bullying**

Be clear about

- What has happened to you.
- How often it has happened.
- Who was involved.
- Who saw what was happening.
- Where it happened.
- What you have done about it already.

**If you experience bullying by mobile phone text messages or e-mail**

- Tell a friend, parent or teacher.
- Be careful who you give your mobile phone number or e-mail address to.
- Make a note of exactly when a threatening message was sent.

**GUIDANCE FOR PARENTS****If your child has been bullied:**

- Calmly talk with your child about his/ her experiences.
- Make a note of what your child says including who was involved, how often the bullying has occurred, where it happened and what happened.
- Reassure your child that he/ she has done the right thing to tell you about the bullying.
- Explain to your child that should any further incidents occur he/she should report them to a teacher immediately.
- Make an appointment to see your child's teacher.
- Explain to the teacher the problems your child is experiencing.

**When talking with teachers about bullying:**

- Try to stay calm and bear in mind that the teacher may have no idea that your child is being bullied or may have heard conflicting accounts of an incident.
- Be as specific as possible about what your child says has happened, give dates, places and names of other children involved.
- Make a note of what action the school intends to take.
- Ask if there is anything you can do to help your child or the school.
- Stay in touch with the school and let them know if things improve as well as if problems continue.

**If your child is bullying others:**

- Talk with your child and explain that what he/she is doing is unacceptable and makes other children unhappy.
- Discourage other members of your family from bullying behaviour or from using aggression or force to get what they want.
- Show your child how he/ she can join in with other children without bullying.
- Make an appointment to see your child's teacher and explain the problems your child is experiencing as well as discussing how you can work together to stop him/ her bullying others.
- Regularly check with your child how things are going at school.
- Give your child lots of praise and encouragement when he/ she is co-operative or kind to other people.

**If your child is experiencing any form of electronic bullying:**

- Ensure your child is careful whom they give their mobile phone number and e-mail address to.
- Check exactly when a threatening message was sent.
- Where necessary report incidents to the police.

Please consult the schools e-Safety policy for a more in-depth approach to issues of bullying and staying safe online.

## Contact Telephone Numbers

### Childline

Telephone number 0800 1111

(Open 24 hours a day)

For children who are deaf or hard of hearing, contact Childline with SignVideo. You can also contact a counsellor through a qualified BSL interpreter anytime from Monday – Friday, 8am-8pm. Saturdays, 8am-1pm

### NSPCC

Telephone number 0808 800 5000 (to report a concern) OR 0800 1111 if 18 or under

A registered charity dedicated to stopping cruelty to children

### Kidscape

Telephone number 020 7730 3300

Parent Advice Line call 020 7823 5430 (Mon-Tues, 10am-5pm)

### Bullying UK – Family Lives

Family Lives offers a confidential and free\* helpline service for families in England and Wales (previously known as Parentline). Please call us on **0808 800 2222** for emotional support, information, advice and guidance on any aspect of parenting and family life. Our helpline service is open 9am – 9pm, Monday to Friday and 10am – 3pm Saturday and Sunday.

### Advisory Centre for Education

Telephone Adviceline:

For parents and carers of a child at school, you can call our free confidential telephone adviceline on 0300 0115 142.

Normal opening hours: Monday to Wednesday from 10am to 1pm. Term time only.

### Ofsted

Telephone number 0300 123 1231

e-mail: [enquiries@ofsted.gov.uk](mailto:enquiries@ofsted.gov.uk)

### Estyn

Telephone number 029 2044 6446

Email: [enquiries@estyn.gov.wales](mailto:enquiries@estyn.gov.wales)

### Useful websites regarding bullying in schools

Childline [www.childline.org.uk](http://www.childline.org.uk)

Gives details on the CHIPS initiative and other information regarding bullying

Kidscape [www.kidscape.org.uk](http://www.kidscape.org.uk)

Gives advice and support for victims, schools and parents

Bullying Online [www.bullying.co.uk](http://www.bullying.co.uk)

A registered charity, which contains advice for both parents and pupils

NSPCC [www.nspcc.org.uk](http://www.nspcc.org.uk)

A registered charity dedicated to stopping cruelty to children

**Stand Up to Bullying** <http://standuptobullying.co.uk/advice/>

Gives advice and support for organisations, young persons and parents

### Bibliography

DFES Guidance – Bullying Don't Suffer In Silence – Updated September 2002

Childline – Bullying Information for Teachers and Professionals

Ofsted – Bullying: Effective Action in Secondary Schools – 2003

**School Bullying Incident Form**

This report will be held in strict confidence and will not be made available to any outside persons or agencies.

Report from \_\_\_\_\_ School name \_\_\_\_\_

Date of incident \_\_\_\_\_ Time of incident \_\_\_\_\_

Ethnic origin of victim \_\_\_\_\_ Ethnic origin of perpetrator \_\_\_\_\_

Indicate type of incident – please tick

Name calling	<input type="checkbox"/>	Teasing	<input type="checkbox"/>	Physical abuse	<input type="checkbox"/>
Having personal possessions taken	<input type="checkbox"/>	Receiving abusive text messages or e-mails	<input type="checkbox"/>	Being forced to hand over money	<input type="checkbox"/>
Being forced into something against their will	<input type="checkbox"/>	Being ignored or left out	<input type="checkbox"/>	Other (please specify)	<input type="checkbox"/>

If you feel the bullying incident was in any way motivated by any of the following please indicate with a tick.

- |            |                          |                     |                          |
|------------|--------------------------|---------------------|--------------------------|
| Appearance | <input type="checkbox"/> | Disability          | <input type="checkbox"/> |
| Gender     | <input type="checkbox"/> | Race/ ethnic origin | <input type="checkbox"/> |
| Religion   | <input type="checkbox"/> | Sexuality           | <input type="checkbox"/> |

Brief description of incident

**Action taken**

- Please tick if the incident led to perpetrator being excluded
- Have you had contact with the victim’s parent/ guardian?  yes/no
- Have you had contact with the perpetrator’s parent/ guardian? yes/no
- Have you reported this incident to any other agencies? yes/no
- If ‘yes’ which agencies? \_\_\_\_\_

Signed \_\_\_\_\_ Designation \_\_\_\_\_