

## Autumn Term Menu 2018

|  | <b>WEEK 1</b><br>3 <sup>rd</sup> and 24 <sup>th</sup> Sept, 15 <sup>th</sup> Oct<br>12 <sup>th</sup> Nov 3 <sup>rd</sup> Dec   | <b>WEEK 2</b><br>10 <sup>th</sup> Sep , 1 <sup>st</sup> and 22nd Oct ,<br>19 <sup>th</sup> Nov , 10 <sup>th</sup> Dec                           | <b>WEEK 3</b><br>17 <sup>th</sup> Sep , 8 <sup>th</sup> Oct , 5 <sup>th</sup> and<br>26 <sup>th</sup> Nov , 17 <sup>th</sup> Dec            |
|--|--|---|---|
| <b>M<br/>O<br/>N<br/>D<br/>A<br/>Y</b>                   | Sausage & Onion Gravy<br>Mash Potatoes<br>Broccoli & Cauliflower<br>50/50 Bread<br>****<br>Jam sponge & Custard<br>Fresh Fruit or Yoghurt                                      | Organic Beef Burger in a bun<br>Chipped potatoes<br>Peas/ Sweetcorn<br>****<br>Chocolate Brownie &<br>Chocolate Sauce<br>Fresh Fruit or Yoghurt | Margherita Pizza<br>Potato Wedges<br>Orange Salad<br>Peas<br>****<br>Chocolate Cookie<br>Fresh Fruit or Yoghurt                             |
| <b>T<br/>U<br/>E<br/>S<br/>D<br/>A<br/>Y</b>             | Roast Chicken<br>Gravy<br>Roast Potatoes<br>Medley of Veg<br>Wholemeal Baguette<br>****<br>Toffee Apple crumble cake<br>Fresh Fruit or Yoghurt                                 | Chicken Goujons<br>Green Beans & Cauliflower<br>Wholemeal Bread<br>****<br>Autumn Berry Sponge &<br>Custard<br>Fresh Fruit or Yoghurt           | Cottage Pie<br>Savoy Cabbage &<br>Carrots<br>Sunflower Seed Bread<br>****<br>Fruit Bar<br>Fresh Fruit or Yoghurt                            |
| <b>W<br/>E<br/>D<br/>N<br/>E<br/>S<br/>D<br/>A<br/>Y</b> | Roast Beef & Yorkshire<br>Pudding<br>Mash Potatoes<br>Carrots & Peas<br>Sliced Wholemeal Bread<br>****<br>Chocolate Orange Sponge<br>Chocolate Sauce<br>Fresh Fruit or Yoghurt | Sausage roll<br>Diced potatoes<br>Peas & Baked Beans<br>Herbie Bread<br>****<br>Raspberry Bun with Apple<br>Fresh Fruit or Yoghurt              | Chicken & Vegetable<br>Hotpot<br>Carrot & Swede & Peas<br>Crusty Bread<br>****<br>Fruity Gingerbread &<br>Custard<br>Fresh Fruit or Yoghurt |
| <b>T<br/>H<br/>U<br/>R<br/>S<br/>D<br/>A<br/>Y</b>       | Chicken Korma<br>Rice<br>Cauliflower & Green beans<br>Naan Bread<br>****<br>Orange Shortcake & Custard<br>Fresh Fruit or Yoghurt   | Beef Tortilla Wrap<br>Vegetable Rice<br>Veg Sticks<br>****<br>Apple Cinnamon Crunch<br>Crumble & Custard<br>Fresh Fruit or Yoghurt              | Pasta Bolognaise<br>Broccoli & Sweetcorn<br>Garlic Bread<br>****<br>Artic roll & Mandarins<br>Fresh Fruit or Yoghurt                        |
| <b>F<br/>R<br/>I<br/>D<br/>A<br/>Y</b>                   | Battered Fish<br>Peas & Carrot Sticks<br>Chipped Potatoes<br>Sunflower Seed Bread<br>****<br>Fruit Forest Flapjack<br>Fresh Fruit or Yoghurt                                   | Breaded Salmon<br>Tomato Sauce<br>Broccoli & Carrots<br>****<br>Iced Bun<br>Fruit or Yoghurt  | Fish Fingers<br>Peas & Baked Beans<br>Chipped Potatoes<br>Wholemeal Bread<br>****<br>Marble Sponge<br>Fresh Fruit or Yoghurt                |