










Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Spaghetti Bolognese Choose from minced beef and or Quorn pieces cooked in a homemade tomato and vegetable sauce, combined with pasta and baked in the oven, served with crusty bread</p>	<p>Sausage and Mash Choose from butcher's quality sausages or Quorn sausages baked in the oven and served with homemade mashed potato and gravy</p>	<p>Steak and Potato Pie Choose from chunks of fresh beef or Quorn pieces topped with pastry and served with gravy</p>	<p>Creamy Chicken Curry Choose from fresh chicken pieces or Quorn pieces cooked with onions in a mild spiced sauce served on a bed of rice with Naan bread</p>	<p>Fish & Chips Choose from breaded cod fillet fingers or a salmon fillet baked in the oven and served with chips (vegetable nuggets served as the vegetarian alternative)</p>
Served with				
Green Beans	Peas	Carrots	Broccoli	Peas or Beans
Or				
<p>Jacket potato (served with a side salad) are also available daily – choose from a variety of fillings cheese, tuna mayo, ham, chicken or baked beans (when available)</p>				
Or				
<p>Deli Bar - Available Every Day Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken, roast beef, and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
  				
And for dessert				
Strawberry meringue and cream	Jelly & Cream	Cookies	Chocolate Sponge	Homemade Biscuits
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.</p>				
And finally, a drink				
<p>A selection of the following drinks will be available daily Freshly made milkshakes - chocolate, strawberry or banana, fresh fruit juice – apple or orange or water.</p>				

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Hawaiian Burger Choose from a butcher's quality beef or Quorn burger baked in the oven on a bun with optional slice of cheese and pineapple</p>	<p>Hunters Chicken Choose from fresh chicken breast or Quorn fillet smothered with BBQ sauce, topped with cheese and baked in the oven and served with new potatoes</p>	<p>Meatballs Fresh beef or vegetarian meatballs baked in the oven and served with a homemade tomato sauce and penne pasta</p>	<p>Chilli Nachos Choose from fresh minced beef or Vegimince cooked with onions, peppers, red kidney beans, tomatoes and a mild chilli powder. Topped with crushed nachos and cheese, served on a bed of rice</p>	<p>Fish & Chips Choose from battered cod fillet or a salmon fillet baked in the oven and served with chips (vegetable nuggets served as the vegetarian alternative)</p>
Served with				
Sweetcorn	Carrots	Peas	Broccoli	Peas or Beans
Or				
<p>Jacket Potato (served with a side salad) are also available daily – choose from a variety of fillings cheese, tuna mayo, ham, chicken or baked beans (when available)</p>				
Or				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken, roast beef, and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
  				
And for dessert				
Strawberry Mousse	Iced Fingers	Ice Cream	Toffee Cornflake Cake	Cookies
Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.				
And finally, a drink				
<p>A selection of the following drinks will be available daily Freshly made milkshakes - chocolate, strawberry or banana, fresh fruit juice – apple or orange or water.</p>				

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chargrilled Chicken Sub</p> <p>Chargrilled chicken or Quorn strips in a warm baguette with mayonnaise and/or a sweet chilli dip and served with mini corns and coleslaw</p>	<p>Pasta Bar</p> <p>Select your pasta, then your sauce and finish with your toppings. Choose from</p> <p>Sauces - Tomato & Basil, cheese sauce, Bolognese, Mexican madness</p> <p>Toppings – ham, chicken, tuna, cheese, sweetcorn, mushrooms, peppers, red onion</p> <p>Served with garlic bread</p>	<p>Pulled Pork in Yorkshire Puddings</p> <p>Pork or Quorn marinated and baked till tender shredded and served in a Yorkshire pudding boat with a BBQ sauce with new potatoes</p>	<p>Chicken Pasta</p> <p>Choose from pieces of fresh chicken or Quorn pieces cooked in a tomato sauce served with wholemeal pasta and garlic bread</p>	<p>Fish & Chips</p> <p>Choose from breaded cod fillet fingers or a salmon fillet baked in the oven and served with chips</p> <p>(vegetable nuggets served as the vegetarian alternative)</p>
Served with				
Salad	Peas	Mixed Green Veg	Carrots	Peas or Beans
Or				
<p>Jacket Potato</p> <p>(served with a side salad) are also available daily – choose from a variety of fillings cheese, tuna mayo, ham, chicken or baked beans (when available)</p>				
Or				
<p>Deli Bar - Available Everyday</p> <p>Design your own sandwich, first choose your bread – wraps, assorted batch or sliced bread, then choose your filling a selection of the following will be available daily – ham, cheese, tuna, chicken, roast beef, and finally finish with a choice of salad – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
  				
And for dessert				
Chocolate Mousse	Jelly & Cream	Cookies	Chocolate Sponge	Brownie
<p>Fresh Fruit, Fruit Pots, Yogurt or Cheese & Crackers are available everyday as an alternative to the daily dessert.</p>				
And finally, a drink				
<p>A selection of the following drinks will be available daily</p> <p>Freshly made milkshakes - chocolate, strawberry or banana, fresh fruit juice – apple or orange or water.</p>				

