

## Week A

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Spaghetti Bolognese</b> Choose from minced beef and or Quorn pieces cooked in a homemade tomato and vegetable sauce, combined with pasta and baked in the oven, served with crusty bread	<b>Sausage and Mash</b> Choose from butcher's quality sausages or Quorn sausages baked in the oven and served with homemade mashed potato and gravy	<b>Steak and Potato Pie</b> Choose from chunks of fresh beef or Quorn pieces topped with pastry and served with gravy	<b>Creamy Chicken Curry</b> Choose from fresh chicken pieces or Quorn pieces cooked with onions in a mild spiced sauce served on a bed of rice with Naan bread	<b>Fish Fingers &amp; Chips</b> Breaded fish fingers baked in the oven and served with chips (vegetable nuggets served as the vegetarian alternative)
Served with				
<b>Green beans</b>	<b>Peas</b>	<b>Carrots</b>	<b>Broccoli</b>	<b>Peas or Beans</b>
Or				
<b>Jacket potatoes</b>				
served with a side salad are also available daily – choose from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)				
Or				
<b>Deli Bar – a selection of sandwiches will be available, please pre-book.</b>				
First choose your bread – wraps, assorted batch or sliced bread then choose your filling - a selection of the following will be available daily – ham, cheese, tuna, turkey, or roast beef, and finally finish with a choice of salad which will be available on the side – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.				
<b>And for dessert</b>				
<b>Dessert of the Day</b>				
One or two choices of the items below will be available as the dessert of the day. <b>Iced Fingers, Toffee Cornflake Cake, Lemon Sponge, Jelly, Cookies, Chocolate Cake</b> Fresh Fruit, Fruit Pots, Yogurt, or Cheese & Crackers are available every day				
<b>And finally, a drink</b>				
<b>A selection of the following drinks will be available daily</b> <b>Fresh fruit juice – apple or orange or water</b>				

## Week B

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Hawaiian Burgers</b> Choose from fresh minced beef burger or Quorn burger with or without pineapple and cheese served in a soft batch</p>	<p><b>Hunters Chicken</b> Choose from fresh chicken breast or Quorn fillet, smothered with BBQ sauce, topped with cheese and baked in the oven and served with new potatoes.</p>	<p><b>Meatballs</b> Fresh beef or vegetarian meatballs baked in the oven and served with a homemade tomato sauce and penne pasta</p>	<p><b>Chilli Nachos</b> Choose from fresh minced beef or Vegemince cooked with onions, peppers, red kidney beans, tomatoes and a mild chilli powder. Topped with crushed nachos and cheese, served on a bed of rice</p>	<p><b>Fish Fingers &amp; Chips</b> Breaded fish fingers baked in the oven and served with chips (vegetable nuggets served as the vegetarian alternative)</p>
Served with				
<b>Sweetcorn</b>	<b>Carrots</b>	<b>Peas</b>	<b>Broccoli</b>	<b>Peas or Beans</b>
Or				
<b>Jacket potatoes</b>				
served with a side salad are also available daily – choose from a variety of fillings cheese, tuna mayo, ham, turkey & baked beans (when available)				
Or				
<b>Deli Bar – a selection of sandwiches will be available, please pre-book.</b>				
First choose your bread – wraps, assorted batch or sliced bread then choose your filling - a selection of the following will be available daily – ham, cheese, tuna, turkey, or roast beef, and finally finish with a choice of salad which will be available on the side – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.				
<b>And for dessert</b>				
<b>Dessert of the Day</b>				
One or two choices of the items below will be available as the dessert of the day. <b>Iced Fingers, Toffee Cornflake Cake, Lemon Sponge, Jelly, Cookies, Chocolate Cake</b> Fresh Fruit, Fruit Pots, Yogurt, or Cheese & Crackers are available every day				
<b>And finally, a drink</b>				
<b>A selection of the following drinks will be available daily</b> <b>Fresh fruit juice – apple or orange or water</b>				

## Week C

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Chargrilled Chicken Sub</b> Chargrilled chicken or Quorn strips in a warm baguette with mayonnaise and/or a sweet chilli dips and served with mini corns and coleslaw</p>	<p><b>Pasta Bar</b> Select your pasta, then your sauce and finish with your toppings. Choose from <b>Sauces</b> - Tomato &amp; Basil, cheese sauce, Bolognese, Mexican madness <b>Toppings</b> – ham, turkey, tuna, cheese, sweetcorn, mushrooms, peppers, red onion Served with garlic bread and peas</p>	<p><b>Pulled Pork in Yorkshire Puddings</b> Pork (or Quorn) marinated and baked till tender shredded and served in a Yorkshire pudding boat with a BBQ sauce served with new potatoes</p>	<p><b>Chicken Pasta</b> Choose from pieces of fresh chicken or Quorn cooked in a tomato sauce and wholemeal pasta served with garlic bread</p>	<p><b>Fish Fingers &amp; Chips</b> Breaded fish fingers baked in the oven and served with chips (vegetable nuggets served as the vegetarian alternative)</p>
Served with				
<b>Salad</b>	<b>Peas</b>	<b>Mixed Green Veg</b>	<b>Carrots</b>	<b>Peas or Beans</b>
Or				
<b>Jacket potatoes</b>				
(served with a side salad) are also available daily – choose from a variety of fillings - cheese, tuna mayo, turkey, ham or baked beans (when available)				
Or				
<b>Deli Bar – a selection of sandwiches will be available, please pre-book.</b>				
First choose your bread – wraps, assorted batch or sliced bread then choose your filling - a selection of the following will be available daily – ham, cheese, tuna, turkey, or roast beef, and finally finish with a choice of salad which will be available on the side – carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.				
<b>And for dessert</b>				
<b>Dessert of the Day</b>				
One or two choices of the items below will be available as the dessert of the day. <b>Iced Fingers, Toffee Cornflake Cake, Lemon Sponge, Jelly, Cookies, Chocolate Cake</b> Fresh Fruit, Fruit Pots, Yogurt, or Cheese & Crackers are available every day				
<b>And finally, a drink</b>				
<b>A selection of the following drinks will be available daily</b> <b>Fresh fruit juice – apple or orange or water</b>				