

Physical Education Plan 2018 -2019

	Time	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	9.30am – 10.30am	Dance	Tag Rugby (3 weeks) Netball (3 weeks)	Gym	Football (3 weeks) Tennis (3 weeks)	Athletics	Rounders based games
		Tag Rugby (3 weeks) Netball (3 weeks)	Dance	Football (3 weeks) Tennis (3 weeks)	Gym	Athletics	Rounders based games
	11am – 11.45pm	A B C sessions	A B C sessions	A B C sessions	A B C sessions		
Year 2	1.10pm – 2.40pm	Dance	Tag Rugby (3 weeks) Netball (3 weeks)	Gym	Football (3 weeks) Tennis (3 weeks)	Athletics	Rounders based games
		Tag Rugby (3 weeks) Netball (3 weeks)	Dance	Football (3 weeks) Tennis (3 weeks)	Gym	Athletics	Rounders based games
	2.35pm – 3.10pm	A B C sessions	A B C sessions	A B C sessions	A B C sessions		
Year 3	9.30am – 10.30am	Dance	Netball	Gym	Hockey	Athletics	Rounders
		Netball	Dance	Hockey	Gym	Athletics	Rounders
	11am – 11.45pm	Fitness	Fitness	Fitness	Fitness	Intervention Group	Intervention Group
Year 4	1.30pm – 2.45pm	Dance	Dance	Gym	Gym	Athletics	Rounders
	2.50pm – 3.10pm	Netball	Netball	Hockey	Hockey	Athletics	Rounders
		Fitness	Fitness	OAA	OAA		Intervention Group
Year 5	1.30pm – 2.45pm	Dance	Dance	Gym	Gym	Athletics	Rounders
	2.50pm – 3.10pm	Bball	Bball	Hockey	Hockey	Athletics	Rounders
		Fitness	Fitness	Fitness	Fitness	Intervention Group	Intervention Group
Year 6	1.30pm – 2.45pm	Dance	Dance	Gym	Athletics	Hockey	Rounders
	2.50pm – 3.10pm	Netball	Netball	Tag Rugby	Hockey	Athletics	Rounders
		Team Building	Teamwork based fitness	Fitness	Fitness	Fitness	Fitness
		Team Building	Teamwork based fitness	Fitness	Fitness	Fitness	Fitness