



YOUR MENU Week FOUR

Monday	Tuesday	Wednesday	Thursday	Friday
Fish Fingers Baked Quorn Chipolatas	Chicken Stir Fry Persian Falafel Patties with Spicy Tomato Sauce	Roast Chicken Fillet Quorn Roast Stuffing	Margherita Pizza Smart Crumb Salmon Fishcake	Sausage & Mash Quorn & Tomato Bolognese Bake
Mashed Potatoes Wholemeal Pasta Seasonal Vegetables Salad	Rainbow Rice Seasonal Vegetables Salad	Roast Potatoes Seasonal Vegetables Salad	Chipped Potatoes Garden Peas Baked Beans Salad	Mashed Potatoes Seasonal Vegetables Salad
Fresh Seasonal Salad Bar Available Every Day With Bread Baked Fresh Daily				
Selection Of Fresh Fruit & Yogurts Available Daily				
Fresh Fruit Salad Natural Yoghurt	Lemon Drizzle Courgette cake	Chocolate Cookies	Apple & Blackberry Crumble Custard	Flavoured Ice Cream Tubs

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian Options Available Daily.

For Any Allergen/Dietary Requirements Please Speak To The Catering Supervisor

MADE FRESH

Nelson Mandela School