



**PRAE WOOD PRIMARY SCHOOL**  
*Everyone Valued, Everyone Learning*

Headteacher: Jenny Sheppard M. Ed  
Deputy Headteacher: Tracey Lockwood B.Ed Hons  
admin@praewood.herts.sch.uk  
King Harry Lane, St Albans, Hertfordshire AL3 4HZ  
Telephone: 01727 751930  
www.praewood.herts.sch.uk

Monday 5<sup>th</sup> November 2018

Dear parents/carers,

**National Anti-bullying, Week 12-16<sup>th</sup> November**

This year's national theme for the week is 'Choose Respect.' Each class will be engaging in a daily session based on this theme and through stories, discussion, games and circle time will be exploring what respect is, how you can give respect, how you can earn respect and why it's important to respect ourselves and others.

In line with the National focus, we will start the week with **Odd Socks Day on Monday 12<sup>th</sup> November**. We would love to see all the children wearing odd socks to help us mark how we are all different and all unique.

Each day will have a particular focus and, in line with our very successful well-being days in the past, Wednesday will be *Well-being Wednesday*. Each class will participate in calming and/or mindfulness activities. We will end the week with *Friendship Friday* to conclude the importance of being non-judgemental with our older pupils exploring stereotyping. Friday will also be a non-uniform day for Children in Need, and pupils can choose to wear their own clothes and bring in £1 to support this charity.

It would be lovely to see our parents joining us in wearing their odd socks on Monday 12<sup>th</sup> November too.

Kind regards,

Tracey Lockwood  
Deputy Headteacher