



Your children at the heart of all we do

Kirklees School Meals Service

Two week winter menu 2018/19

South Crosland CE (VA) Junior School

All our menus are planned in-line with the Government's **Food Based Standards**.

We serve a tasty 2 course meal, freshly prepared on site for **£2.20**

- We hold the Soil Association **'Silver Food For Life Served Here'** accreditation, which means:
- At least **75%** of dishes on the menu are **freshly prepared**
 - We use **local and seasonal** produce
 - All eggs are **free range**
 - Meat is **'farm assured'** as a minimum
 - All fish comes from **sustainable** stocks
 - No undesirable additives or artificial trans fats are used.

To find out more about school meals and view your child's school menu online go to: www.kirklees.gov.uk/schoolmeals

We cater for special diets

We offer healthy choices like our Sugar Smart initiative: serving reduced sugar desserts at least once per week.

This menu runs from **Monday 5 November 2018** until schools break up for **Easter 2019**

WINTER THEME DAYS

- 4 October 2018 – Munch's Brunch
- December 2018 – Christmas Lunch
- 7 March 2019 – World Book Day



Week
1

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tasty Meat Pie <i>served with</i> Herby Diced Potatoes & Seasonal Vegetables	Oven Baked Sausage or Vegetarian Sausage <i>served with</i> Creamed Potatoes, A Medley of Peas & Golden Sweetcorn & Gravy	Roast of the Day <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes & Seasonal Vegetables	Flame Grilled Chicken Fillet in a Bread Bun <i>served with</i> Mega Wedges & Crunchy Red Cabbage Coleslaw	Crispy Crumbed Fish <i>served with</i> Chunky Chips & Mushy Peas
Quorn Balti <i>served with</i> Fluffy Wholegrain Rice & Naan Bread	Quiche of the Day <i>served with</i> Crispy Sliced Potatoes A Medley of Peas & Golden Sweetcorn	Breaded Salmon Fillet <i>served with</i> Oven Roast & Creamed Potatoes & Seasonal Vegetables	Spicy Bean Burger in a Bread Bun <i>served with</i> Mega Wedges & Crunchy Red Cabbage Coleslaw	Margherita Pizza Swirls <i>served with</i> Chunky Chips & Baked Beans
Penne Pasta <i>served with a choice of</i> Tomato & Basil Sauce or Carbonara Sauce & Garlic Bread	Jacket Potatoes <i>served with a choice of</i> Cheese & Coleslaw or Vegetable Chilli	Fusilli Pasta <i>served with a choice of</i> Spicy Tomato Sauce or Vegetarian Bolognaise & Garlic Bread	Jacket Potatoes <i>served with a choice of</i> Tuna Mayonnaise or 'Boston' Baked Beans	Penne Pasta <i>served with a choice of</i> Beef Bolognaise or Quorn Balls in Italian Tomato Sauce & Garlic Bread
<i>A selection of freshly prepared</i> Paninis <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> Filled Wraps <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> Hot Filled Baguettes <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> Paninis <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> Hot Filled Sandwiches <i>served with</i> Side Salad
Sponge of the Day with Creamy Custard <i>or</i> Cheesecake <i>or</i> Chunky Fruit Pots	Creamy Rice Pudding with Fresh Fruit <i>or</i> Homemade Biscuits & Fresh Fruit Juice <i>or</i> Fresh Fruit Salad	<i>A selection of</i> Reduced Sugar Desserts <i>or</i> Organic Yoghurts	Seasonal Fruit Crumble with Creamy Custard <i>or</i> Assorted Cupcakes <i>or</i> Fresh Fruit Kebabs	Chocolate & Pear Pudding with Chocolate Sauce <i>or</i> A Selection of Homebaking <i>or</i> Chunky Fruit Pots

Week
2

Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat Casserole & Dumplings <i>served with</i> Parsley Potatoes & Seasonal Vegetables	Chicken Tikka Masala <i>served with</i> Fluffy Wholegrain Rice & Naan Bread	Roast of the Day <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes & Seasonal Vegetables	Southern Style Chicken <i>served with</i> Crispy Sliced Potatoes & Golden Sweetcorn	Golden Crumbed Fish Fingers <i>served with</i> Jacket Wedges & Garden Peas
Homemade Loaded Vegetable Pizza <i>served with</i> Spicy Potato Wedges & Winter Salad	Quorn Dippers & Barbecue Dip <i>served with</i> Chunky Chips & Baked Beans	Quorn Sausages <i>served with</i> Oven Roast & Creamed Potatoes & Seasonal Vegetables	Vegetarian Mexican Enchiladas <i>served with</i> Crispy Sliced Potatoes & Golden Sweetcorn	Savoury Cheese & Onion Rolls <i>served with</i> Jacket Wedges & Crunchy Coleslaw
Fusilli Pasta with Tomato & Garlic Sauce <i>or</i> Mac 'N' Cheese <i>served with</i> Garlic Bread	Jacket Potatoes <i>served with a choice of</i> Cheesy Beans or Crunchy Coleslaw	Penne Pasta <i>served with a choice of</i> Tomato & Basil Sauce or Vegetarian Chilli & Garlic Bread	Jacket Potatoes <i>served with a choice of</i> Tuna Crunch <i>or</i> Cheese Savoury	Fusilli Pasta with Arriabiatta Sauce <i>or</i> Classic Lasagne <i>served with</i> Garlic Bread
<i>A selection of freshly prepared</i> Filled Wraps <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> Paninis <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> Hot Filled Sandwiches <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> Paninis <i>served with</i> Side Salad	<i>A selection of freshly prepared</i> Hot Filled Baguettes <i>served with</i> Side Salad
Fresh Milkshake & Homemade Biscuit <i>or</i> Fresh Fruit Kebabs <i>or</i> Organic Yoghurts	Steamed Chocolate Sponge with Chocolate Sauce <i>or</i> Fruit in Jelly <i>or</i> Chunky Fruit Pots	<i>A selection of</i> Reduced Sugar Desserts <i>or</i> Organic Yoghurts	Sponge of the Day with Creamy Custard <i>or</i> Jam & Cream Scones <i>or</i> Chunky Fruit Pots	Fruit Shortcake with Creamy Custard <i>or</i> A Selection of Homebaking <i>or</i> Fresh Fruit Salad