



Orrell Holgate Academy

Week One

Week One				
Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognese served with seasonal veg & garlic bread	Lamb Hot Pot served with carrots and swede	Roast Chicken Dinner served with new potatoes, yorkshire pudding & seasonal veg	Chicken Curry served with rice and naan bread	Harry Ramsden Fish Fillet served with oven baked chips & peas
Cheese & Tomato Pizza served with herby diced potatoes & seasonal veg	BBQ Chicken served with potato wedges & seasonal veg	Pork & Carrot Meat Balls served with new potatoes & seasonal veg	Tuna Pasta Bake served with seasonal veg & crusty bread	Beef Burger in a Bun served with oven baked chips & beans
Jacket Potato with a choice of fillings served with salad	Jacket Potato with a choice of fillings served with salad	Jacket Potato with a choice of fillings served with salad	Jacket Potato with a choice of fillings served with salad	Jacket Potato with a choice of fillings served with salad
Choice of Sandwiches with salad from the salad bar	Choice of Sandwiches with salad from the salad bar	Choice of Sandwiches with salad from the salad bar	Choice of Sandwiches with salad from the salad bar	Choice of Sandwiches with salad from the salad bar
Fruit Shortbread	Carrot Cake	Ice Cream & Peaches or Cheese & Crackers	Chocolate Sponge & Custard	Decorated Cup Cake

Unlimited salad from the Salad Bar available every day.
 Chopped Fresh Fruit or Yoghurt served every day.



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Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognese served with seasonal veg & garlic bread	Cottage Pie served with carrots & swede	Roast Pork Dinner served with roasted potatoes, yorkshire pudding & seasonal veg	Chicken Curry served with rice and naan bread	Harry Ramsden Fish Fillet served with oven baked chips & peas
Cheese Whirl served with herby diced potatoes & beans	Fish Fingers served with creamed potatoes & peas	Home Baked Sausage Roll served with creamed potatoes & seasonal veg	Cheese Quiche Served with wedges & seasonal veg	Crispy Chicken Wrap served with oven baked chips & beans
Jacket Potato with a choice of fillings served with salad	Jacket Potato with a choice of fillings served with salad	Jacket Potato with a choice of fillings served with salad	Jacket Potato with a choice of fillings served with salad	Jacket Potato with a choice of fillings served with salad
Choice of Sandwiches with salad from the salad bar	Choice of Sandwiches with salad from the salad bar	Choice of Sandwiches with salad from the salad bar	Choice of Sandwiches with salad from the salad bar	Choice of Sandwiches with salad from the salad bar
Apple Flapjack	Chocolate Cookie	Ice Cream & Peaches or Cheese & Crackers	Apple Crumble	Iced Bun

Unlimited salad from the Salad Bar available every day.
 Chopped Fresh Fruit or Yoghurt served every day.



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Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognese served with garlic bread & seasonal veg	Home Baked Sausage Roll served with creamed potatoes & seasonal veg	Roast Gammon Dinner Served with new potatoes & seasonal veg	Chicken Curry served with rice & naan bread	Harry Ramsden Fish Fillet served with oven baked chips & peas
Cheese & Tomato Pizza served with wedges & seasonal veg	Fish Fingers served with creamed potatoes & peas	Cheese Whirl served with herby diced potatoes & seasonal veg	Tomato & Basil Pasta Bake served with garlic bread & seasonal veg	Sausage in a Bun served with oven baked chips & beans
Jacket Potato with a choice of fillings served with salad	Jacket Potato with a choice of fillings served with salad	Jacket Potato with a choice of fillings served with salad	Jacket Potato with a choice of fillings served with salad	Jacket Potato with a choice of fillings served with salad
Choice of Sandwiches with salad from the salad bar	Choice of Sandwiches with salad from the salad bar	Choice of Sandwiches with salad from the salad bar	Choice of Sandwiches with salad from the salad bar	Choice of Sandwiches with salad from the salad bar
Banana Muffin	Chocolate Muffin	Ice Cream & Peaches or Cheese & Crackers	Vanilla Sponge & Custard	Chocolate Brownie

Unlimited salad from the Salad Bar available every day.
Chopped Fresh Fruit or Yoghurt served every day.