

# ANTI-BULLYING WEEK

~~choose  
bullying~~  
respect

#ANTIBULLYINGWEEK

12th -16th  
November

Odd  
Socks  
Day



**ODD SOCKS DAY**  
12th November

STOP  
SPEAK  
SUPPORT



**STOP SPEAK  
SUPPORT DAY**  
15th November

**Anti-Bullying Week 2018:**  
**Choose Respect**  
Primary Assembly

**Anti-Bullying  
Alliance**

<https://www.youtube.com/watch?v=WjoDEQqyTig>



**choose**  
**r**



**choose**  
**respect**



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1. Repeated
2. Intentional
3. Imbalance of power



# What is bullying?



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# Cyberbullying

What is cyberbullying?

Cyberbullying is any type of bullying that happens through the use of technological devices, including mobile phones.

Using abusive  
language to  
others when  
gaming

nasty  
comments on  
social media

deliberately  
posting a  
nasty or  
embarrassing  
picture on social  
media without  
permission

prank  
phone calls

getting nasty  
or  
inappropriate  
messages on a  
chat room

# What is bullying?

**choose  
respect**

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Look at these scenarios. Can you come up with a solution to the problem?

Hardeep is in a chat room, chatting with some people from school. Suddenly, the conversation gets nasty and another person says some hurtful things to him. What should he do?



What is bullying?

**choose  
respect**

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**choose**  
**r**



# You have a choice

**choose**  
**respect**



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On the way you act



choose  
r



choose  
respect

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# BEFORE YOU SPEAK:

is it  
**T** true  
**H** helpful  
**I** inspiring  
**N** necessary  
**K** kind

**choose**  
**r**

The words and actions you choose have an impact on someone else

**choose**  
**respect**

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# What does respect mean to you?

The definition of respect, is to:

**‘have due regard for (someone’s feelings, wishes, or rights)’**



YouTube Link: <https://youtu.be/2wdYttlM5S8>



# What to do if you are being bullied?

- Whether you are a boy or a girl, old or young, big or small – bullying makes you feel rubbish and it's okay to be upset about it. The important thing is that you tell someone about it.



**choose  
respect**

**Best  
revenge is**

**no revenge.**



**[ Anti-Bullying  
Alliance ]**



We choose  
respect at  
Cathedral  
Primary School!



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