



Victoria Primary School

PE and Sports Plan 2017/18

Key Achievements to date	Areas for improvement and baseline evidence of need
<p>At Victoria, we are proud of how active we are as a school, yet are consistently looking at ways to further develop our active curriculum.</p> <p>Across EYFS we have bikes, scooters, a football area, climbing towers, a trim trail, an area for digging with spades and wheelbarrows, large construction equipment, balls, bats, beanbags and hoops, as well as many opportunities for active play. Children in EYFS complete 'Activate' exercises daily in the classroom to help them to get moving, develop co-ordination skills and be ready to learn.</p> <p>In KS1 and KS2 we have a football pitch with goals and artificial grass making it usable in all weathers. We have a basketball area with fixed basketball hoops, a trim trail, incorporating: balance beams, climbing ropes, monkey bars and stepping logs. We have a cricket area with cricket equipment available and there is a wide range of other equipment available to encourage active play, including balls, bats, bean bags, hoops. The children all complete a 'daily mile' run around the playground and this is beginning to show impact, with a significant reduction in the number of children needing to use reliever inhalers after the run and with children increasing stamina and able to run for longer periods of time.</p> <p>In addition, we take our children on active trips such as Nell Bank Outdoor Education Centre, Robinwood Activity Centre, Yorkshire Sculpture Park and Murton Park Living History Museum where the children spend the day living and working as a figure from history, for example, a Roman soldier. We use (and walk to) local resources such as the library, Cliffe Castle Museum and Park and the Shared Church.</p>	<p>We are constantly working to improve our fitness levels at Victoria and want the children to be as active as possible.</p> <p>After recent data published, it was found that the proportion of Reception to Year 6 children at Victoria classified as overweight or obese is 44.7%, compared with 22% nationally and 21% in Bradford LA. We aim to reduce this over the coming years through a range of physical activities and opportunities.</p> <p>A significant number of children in school 20.08% have diagnosed asthma and use inhalers. Regular physical activity improves how well the lungs work and increases stamina meaning children become less breathless. It also boosts the immune system.</p> <p>A number of children in school have support from external agencies such as the school nurse or CAMHS. Regular exercise releases endorphins into the brain supporting a more positive and calm mood and having a positive impact on emotional and mental health.</p>



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Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	84%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	32%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	32%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	£3,510

Academic Year 2017-18:	
<p>Total PE grant receivable:</p> <p style="text-align: center;">£18, 099</p>	<p>Total Funds allocated to the provision of extra-curricular activities:</p> <p style="text-align: center;">£17,479</p>



Key Indicator (KI) 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.

Key indicator (KI) 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

Key Indicator (KI) 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Key indicator (KI) 4: Broader experience of a range of sports and activities offered to all pupils

Key indicator (KI) 5: Increased participation in competitive sport

School focus with clarity on intended impact on pupils	Actions to achieve	Funding allocated	Evidence and impact	Sustainability and suggested next steps
KI 1: Provide balance bikes to increase physical activity and develop balance and co-ordination of children	Purchase 4 bikes, 2 for Nursery and 2 for Reception with helmets	£200 for 4 bikes plus 4 helmets	Increase in confidence, balance and physical development of gross motor skills	Continued use of bikes in outdoor provision
KI 1, 2, 3: Extra-curricular Team Building Activities at break & lunchtime encouraging children to be more active	Purchase Gold Package of Team Building Products and Training of use of the products for all staff	£1895 Resources & Training Staffing at Lunchtime 1 Hr Per Day x 38 Weeks £1500 Staffing at Break	Children introduced to some of equipment. Timetabled groups using at break times with a staff member on rota to lead. Increased physical activity and teamwork	Continue to use daily at break times and within other curriculum times to increase engagement, enjoyment and participation in physical activity



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		time 15 Mins Per Day x 38 Weeks £1672		
KI 1, 2, 4: Extra-curricular Running Club to increase fitness and stamina of pupils	Weekly after school running club	1Hr x 2 Staff x 38 Weeks £1330	Children have increased motivation to take part as a result of the daily mile and enjoy competing against each other. Increased physical activity, stamina and a decrease in the number of times children with asthma need use inhalers	Continue to participate in interschool running activities and events led by PE leader. Continue to do daily mile in all classes from Y1-Y6. Introduce a track to ensure children use the maximum distance for the daily mile in the playground
KI 1, 2, 4, 5: Extra-Curricular Inter School Football Tournament to increase fitness and stamina of pupils and further develop football skills	Weekly after school football tournament at the local Children's Centre	1 Hr x 2 Staff x 38 Weeks £2280	Children's stamina being increased as they play on a much larger pitch. Children very enthused and motivated at competing with another local school	Continue to utilise the community centre facilities to create shared sporting events and competitions
KI 1, 2, 4: Extra-curricular Active Thursday Club to increase fitness and stamina of pupils and develop skills in a range of team sports	Weekly after school club providing a range of team games	1 Hr x 1 Staff x 38 Weeks £840	Club oversubscribed. Children motivated to engage in physical activity and compete in a range of games such as dodge ball etc	Continue with Thursday Club next academic year
KI 1, 3, 4, 5: Inter School Cricket Tournament at local secondary school to	1 Month inter school tournament	2 Hrs per week x 2 Staff x 1 Mini Bus £420	Children very enthusiastic, won the tournament and got	Continue to be involved next year in inter school cricket.



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increase fitness and stamina of pupils and develop cricket skills			through to the Yorkshire finals. Increased physical activity.	
KI 1, 3, 4, 5: Participation in extra-curricular inter school competitions and events to increase the fitness and stamina of pupils and develop skills in a range of different sports	Participation in: Cricket, Football, Athletics, Cycling, Triathlon, Multi Sports, Archery, Dodge Ball, Running	Staffing (At Least 2 Per Event) & Transport Costs £7962	Significant numbers of children participate in interschool competitions over the year: Cricket – 30, Football – 80, Athletics – 12, Cycling – 8, Triathlon – 8, Multi-sports – 72, Archery – 24, Climbing – 24, Dodge ball – 12, Running – 24, Caving – 24 Swimming – 33	Continue to run interschool events and activities next academic year.
Total		£18,099		