



Victoria Primary School

PE and Sports Plan 2018/19

Key Achievements to date	Areas for improvement and baseline evidence of need
<p>At Victoria, we are proud of how active we are as a school, yet are consistently looking at ways to further develop our active curriculum.</p> <p>Across EYFS we have balance bikes, scooters, a football area, climbing towers, a trim trail, an area for digging with spades and wheelbarrows, large construction equipment, balls, bats, beanbags and hoops, as well as many opportunities for active play. Children in EYFS complete 'Activate' exercises daily in the classroom to help them to get moving, develop co-ordination skills and be ready to learn.</p> <p>In KS1 and KS2 we have a football pitch with goals and artificial grass making it usable in all weathers. We have a basketball area with fixed basketball hoops, a trim trail, incorporating: balance beams, climbing ropes, monkey bars and stepping logs. We have a cricket area with cricket equipment available and there is a wide range of other equipment available to encourage active play, including balls, bats, bean bags, hoops. The children all complete a 'daily mile' run around the playground and this is beginning to show impact, with a significant reduction in the number of children needing to use asthma reliever inhalers after the run and with children increasing stamina and able to run for longer periods of time.</p> <p>In addition, we regularly take our children on active trips such as Nell Bank Outdoor Education Centre, Robinwood Activity Centre, Yorkshire Sculpture Park and Murton Park Living History Museum where the children spend the day living and working as a figure from history, for example, a Roman soldier. We use (and walk to) local resources such as the library, Cliffe Castle Museum and Park and the Shared Church. We engage with Sustrans and children have the opportunity to learn how to ride bikes and scooters, led by a qualified Sustrans coach.</p>	<p>We are constantly working to improve our fitness levels at Victoria and want the children to be as active as possible.</p> <p>After the most recent data published, it was found that the proportion of Reception children overweight or obese is 13% overweight and 9% obese, total 22%, compared to 21% in Bradford and 22% across England. Year 6 children were 20% overweight and 24% obese, total 44%, compared to 37% in Bradford and 34% across England. We aim to reduce this over the coming years through a range of physical activities and opportunities.</p> <p>A significant number of children in school- 16% have diagnosed asthma and use inhalers. Regular physical activity improves how well the lungs work and increases stamina meaning children become less breathless. It also boosts the immune system.</p> <p>A number of children in school have support from external agencies such as the school nurse or CAMHS. Regular exercise releases endorphins into the brain supporting a more positive and calm mood and having a positive impact on emotional and mental health.</p>



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Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?	85%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?	38%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?	38%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	£3,510

Academic Year 2018-19:	
Total PE grant receivable:	Total Funds allocated to the provision of extra-curricular activities:
£18,099	£17,479



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2018-19

Key Indicator (KI) 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.

Key indicator (KI) 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

Key Indicator (KI) 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Key indicator (KI) 4: Broader experience of a range of sports and activities offered to all pupils

Key indicator (KI) 5: Increased participation in competitive sport

School focus with clarity on intended impact on pupils	Actions to achieve	Funding allocated	Evidence and impact	Sustainability and suggested next steps
KI 1: Provide scooters to increase physical activity and develop balance and co-ordination of children	Purchase 10 scooters and helmets for use on the playground at break time – timetabled across Y1 – Y6	<ul style="list-style-type: none"> £307 for 10 scooters and 10 helmets 		
KI 1, 2, 4: Repair and servicing of 12 large bikes and 4 mini bikes Purchase and fitting of 12 bike hooks in outdoor shed for storage Purchase of 3 medium bikes to accommodate smaller children	Repair and service the 12 large and 4 mini bikes Purchase 3 medium sized bikes Clear out outdoor storage shed Purchase 15 bike hooks Have the hooks fitted into the shed for effective storage Timetable use of bikes – 15 medium and large bikes for additional physical activity for KS2	<ul style="list-style-type: none"> £387 for repair and service of 12 bikes £96 for cost of bike hooks £133 for purchase of 19 bike helmets £406 for purchase of 3 		



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	4 mini bikes timetable with the scooters at break times	medium sized bikes		
KI 1, 2: Paint a track on the playground around the perimeter to increase the distance children run in the daily mile and to provide a guide track for using scooters and bikes	Purchase tarmac safe playground paint Paint track approximately 1m wide around the perimeter	<ul style="list-style-type: none"> • £507 cost of paint • Site staff time to paint approx. 166m length track 		
KI 1, 2, 4, 5 Appoint sports leaders to lead activities with children at break times	Appoint 18 sports leaders Purchase hoodies to identify sports leaders Leaders organise football tournaments, scooters and team building at break time	<ul style="list-style-type: none"> • £193 for purchase of sports leader hoodies 		
KI 3 PE leader complete an audit and identify training needs for staff on elements of PE and sport	Audit of training needs completed by PE leader Training sources identified to meet needs identified eg tag rugby	<ul style="list-style-type: none"> • £1,000 to train staff to fill identified needs 		
KI 1, 2, 3: Extra-curricular Team Building Activities at break & lunchtime encouraging children to be more active	Increase the range of resources accessed daily Use team building equipment for LAP linking schools activities	<ul style="list-style-type: none"> • Staffing at Lunchtime 1 Hr Per Day x 38 Weeks £1500 • Staffing at Break time 15 Mins Per Day x 38 Weeks £1670 		



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KI 1, 2, 4: Extra-curricular Running Club to increase fitness and stamina of pupils	Weekly after school running club	<ul style="list-style-type: none"> • 1Hr x 2 Staff x 38 Weeks + transport £1330 		
KI 1, 2, 4, 5: Extra-Curricular Inter School Football Tournament to increase fitness and stamina of pupils and further develop football skills	Weekly after school football tournament at the local Children's Centre	<ul style="list-style-type: none"> • 1 Hr x 2 Staff x 38 Weeks + transport £2280 		
KI 1, 2, 4: Extra-curricular Active Thursday Club to increase fitness and stamina of pupils and develop skills in a range of team sports	Weekly after school club providing a range of team games	<ul style="list-style-type: none"> • 1 Hr x 1 Staff x 38 Weeks £840 		
KI 1, 3, 4, 5: Participation in extra-curricular inter school competitions and events to increase the fitness and stamina of pupils and develop skills in a range of different sports	Participation in: Cricket, Football, Athletics, Cycling, Triathlon, Multi Sports, Archery, Dodge Ball, Running	<ul style="list-style-type: none"> • Staffing (At Least 2 Per Event) + transport £7450 		
Total		£18,099		