

Here is an activity for you to do with your children in the lead up to the holidays.

A positive thought paper chain.

- 1) Make sure you have 24 strips of paper.
- 2) Each strip needs a number 1-24 written on one side, this represents the date.
- 3) Each strip needs to be decorated/coloured in.
- 4) At the end of each day parents/carers can chat with their child and come up with one positive thing about their day and write it on the back of the strip.
- 5) The strips are then glued together to create a lovely paperchain.



From The Inclusion Team.

My Positive Thoughts paperchain

Glue	
Glue	
Glue	
Glue	