

# What's on the menu?

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AUTUMN / WINTER 2018-2019

Week One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W/c 3 <sup>rd</sup> September 24 <sup>th</sup> September 15 <sup>th</sup> October 12 <sup>th</sup> November 3 <sup>rd</sup> December 7 <sup>th</sup> January 28 <sup>th</sup> January	Lamb Pasta Bake with Herb Focaccia  Lemon and Pepper Crusted Fish with New Potatoes  Baked Potatoes with Baked Beans  Apple Pie with Custard	Cottage Pie (Beef)  Cottage Pie (Beef) Halal  Quorn Sausage Hotpot with Mashed Potato  Frozen Strawberry Yoghurt with Fruit Puree	Roast Turkey with Roast Potatoes  Quorn Roast with Roast Potatoes  Pasta Neapolitan ( Cheese and Tomato Pasta)  Oat and Raisin Cookie with Fruit Wedges	Chicken Sausages with Mashed Potato  Halal Chicken Roll  Roasted Vegetable Pasta Bake  Lemon and Yoghurt Cake with Custard	Fish and Chips with Homemade Tomato Sauce   Mixed Bean Burrito with Tomato Salsa and Chips  Fruity Friday: Selection of Fresh Fruit with Greek Yoghurt
Week Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W/c 10 <sup>th</sup> September 1 <sup>st</sup> October 29 <sup>th</sup> October 19 <sup>th</sup> November 10 <sup>th</sup> December 14 <sup>th</sup> January 4 <sup>th</sup> February	Cornish Pasty with Potatoes  Tuna Pasta Bake  Jacket Potatoes with Cheese  Ginger Cake with Custard	Chicken Tikka Masala with Rice  Halal Chicken Tikka Masala with Rice  Moroccan Style Roasted Vegetables with Couscous  Lemon Shortbread with Orange Wedges	Roast Turkey with Roast Potatoes  Quorn Roast with Roast Potatoes  Savoury Pinwheel  Oaty Plum Crumble with Custard	Beef Lasagne with Focaccia  Halal Beef Lasagne with Focaccia  Savoury Rice  Pear and Chocolate Marbled Sponge with Chocolate Sauce	Breaded Fish and Chips with Homemade Tomato Sauce   Mixed Bean Chilli Wrap with Chips  Yoghurt Bar: Natural Yoghurt with Various Toppings
Week Three	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W/c 17 <sup>th</sup> September 8 <sup>th</sup> October 5 <sup>th</sup> November 26 <sup>th</sup> November 17 <sup>th</sup> December 21 <sup>st</sup> January 11 <sup>th</sup> February	Spaghetti Bolognaise ( Beef)  Spaghetti Bolognaise (Quorn)  Jacket Potato Cheese and Beans  Peach Crumble with Custard	Chicken and Vegetable Pastry with New Potatoes and Gravy  Halal Chicken and Vegetable Pastry with New Potatoes and Gravy  Vegetarian Pasta Bake  Chocolate Beetroot Cake	Roast Turkey with Roast Potatoes  Quorn Roast with Roast Potatoes  Macaroni Cheese  Oat Bar with Fresh Fruit	Shepherd's Pie (Lamb)  Shepherd's Pie (Lamb) Halal  Jacket Potato with Cheese  Pineapple and Coconut Sponge with Custard	Cheese and Tomato Pizza with Chips   Salmon and Broccoli Fish Cake with Chips  Fruity Friday: Selection of Fresh Fruit with Greek Yoghurt

**Available daily:** Salads. Seasonal Vegetables, Freshly Baked Bread, Fresh Fruit Platters, Fruit Yoghurt and Water.



Look out for monthly featured ingredients.

