



Sex and Relationships Policy
November 2018

What Is Sex and Relationship Education?

“Effective relationship and sex education is essential if young people are to make responsible and well informed decisions about their lives. The objective of sex and relationship education is to help and support young people through their physical, emotional and moral development. A successful programme will help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.” Sex and Relationship Education Guidance DfEE 2000.

Principles and Values

We believe that working in partnership with parents, carers, governors and the community, we offer a learning community, where we strive for quality, enjoyment and success for all, by fostering enquiring minds in a stimulating, caring environment, where everyone is valued.

We encourage the development of mutual respect and tolerance within a happy, hard-working atmosphere. We prepare pupils for challenges, opportunities and responsibilities for life.

Our intention is for all pupils to achieve their full potential – we strive for excellence. We recognise and are constantly aware of the needs of each individual.

This is summed up in our motto: Nurture Progress Succeed

School Aims:-

- To help children develop self- respect and respect of society's shared values
- To develop the whole child, recognizing and valuing their individuality
- To have fun, encourage a sense of humour and engender a life – long love of learning
- To help pupils develop independence and confidence to meet opportunities, responsibilities and experience of their future lives
- To contribute to the individual pupils understanding of themselves society and the diverse world they live in.
- To encourage value and respect for the environment both globally and locally and to appreciate our privileged opportunity to utilize our special surroundings for learning and enjoyment.
- To nurture high self- esteem in a culture that celebrates self- worth so that pupils are able to make positive, well informed decisions about all aspects of their lives.

- To help pupils to understand that they will always have more to learn, that they can always learn from others and that others can learn from them.
- To ensure all pupils feel safe and secure

Linthwaite Ardron CE (VA) Junior and Infant School believes that SRE should:

- Be an entitlement for all pupils in our care.
- Encourage every pupil to contribute to make our community better and aims to support each individual as they grow and learn.
- Be set within this wider school context and supports family commitment and love, respect and affection, knowledge and openness. Family is a broad concept; not just one model, e.g. nuclear family. It includes a variety of types of family structure, and acceptance of different approaches, including sexual orientation, without promotion of any particular family structure.

This was a key principle for the parents/ carers and staff, who were involved in the consultation. We consider the important values are love, respect and care for each other.

- In our school and community, we aim to encourage pupils and teachers to share and respect each other's views. We aim to generate an atmosphere where questions and discussion on personal matters can take place without any stigma or embarrassment.
- Recognise that parents/carers are the key people in teaching their children about relationships, growing up and sex.
- We aim to work in partnership with parents/carers and pupils, consulting them about the content of programmes.
- Recognise that the wider community has much to offer and we aim to work in partnership with health professionals, social workers, other mentors or advisers

Sex and Relationship Education in our school has three main elements:

Personal and Social Skills

- learning to manage emotions and relationships confidently and sensitively
- developing self-respect and empathy for others
- learning to make choices with an absence of prejudice
- developing an appreciation of the consequences of choices made
- managing conflict
- empower pupils with the skills to be able to recognise inappropriate/ uncomfortable situations and/or behaviour with their peers and adults

Attitudes and Values

- learning the importance of values, individual conscience and moral choices
- learning the value of family life, stable and loving relationships, and marriage
- learning about the nurture of children
- demonstrating the values of respect, love and care
- exploring, considering and understanding moral dilemmas
- developing skills including negotiation and decision-making
- challenging misconceptions

Knowledge and Understanding

- learning and understanding physical and emotional development at appropriate stages
- understanding physical and emotional changes and the development of relationships
- learning about reproduction, human sexuality and personal health
- learn about where to go for help or advice in school and how to access a range of local and national support agencies

Aims

The aim of Sex and Relationship Education is to provide balanced factual information about physical and emotional changes, together with consideration of the broader emotional, ethical, religious, and moral dimensions of sexual health. Through our PSHE programme we aim to prepare pupils through an age and maturity appropriate curriculum, which will prepare them for an adult life in which they can:

- develop positive values and a moral framework that will guide their decisions, judgements and behaviour; have the confidence and self esteem to value themselves and others and respect for individual conscience and the skills to judge what kind of relationship they want.
- understand the consequences of their actions and behave responsibly within developing relationships.
- avoid being pressured into uncomfortable or dangerous situations.
- communicate effectively by developing appropriate terminology for sex and relationship issues.
- develop awareness of their sexuality, understand differences and promote equality and diversity
- have sufficient information and skills to protect themselves from infection
- be aware of sources of help and acquire the skills and confidence to access health advice and support

Organisation and Content of Sex and Relationship Education

At Linthwaite Ardron Junior and Infant School, Sex and Relationship Education is taught through The Personal, Social and Health Education Programme and the Science Curriculum.

Overview in Personal, Social, Health, Education Teaching Programme.

PSHE is split into 6 topic areas and is taught half termly. Each year building on prior knowledge and adding breadth and knowledge throughout each topic.

PSHE lessons are set within the wider context of the PSHE curriculum and focus more on the emotional aspects of development and relationships. The Science National Curriculum is delivered and although it is more concerned with the physical aspects of development and reproduction, the importance of relationships is inextricably linked within the delivery of programmes and our school ethos.

Any PSHE lesson may consider questions or issues that some will find sensitive. Before embarking on these lessons ground rules are established which prohibit inappropriate personal information being requested or disclosed by those taking part in the lesson. When pupils ask questions, we aim to answer them honestly, within the ground rules established at the start of the sessions. When it is felt that answering a specific question would involve information at a level inappropriate to the development of the rest of the pupils, the question may be dealt with individually at another time.

Inclusion

Ethnic and Cultural Groups

We intend our policy to be sensitive to the needs of different ethnic, cultural and religious groups. We encourage parents/ carers to discuss any concerns with the Headteacher.

Pupils with Special Needs

We will ensure that all pupils receive age appropriate sex and relationship education, and we will offer provision appropriate to the particular needs of all our pupils, taking specialist advice where necessary.

Sexual Identity and Sexual Orientation

We aim to deal sensitively and honestly with issues of sexual orientation, answer appropriate questions and offer support.

Right of Withdrawal of Pupils from Sex and Relationship Education

Some parents prefer to take the responsibility for aspects of this element of education. They have the right to withdraw their children from all or part of the sex and relationship education except for those parts included in the statutory National Curriculum (i.e. in Science lessons). We would make alternative arrangements in such cases. Parents are encouraged to discuss their decisions with teachers and the Head teacher at the earliest opportunity. Parents are welcome to review any PSHE resources the school uses.

Confidentiality

It should be made clear to pupils that all adults in school cannot guarantee absolute confidentiality. This should be made clear when forming the class Ground Rules.

Safeguarding

A child under 13 is not legally capable of consenting to sexual activity. Any offence under The Sexual Offences Act 2003 involving a child under 13 is very serious and should be taken to indicate a risk of significant harm to the child.

Professionals in school are bound by their codes of conduct but have a duty to share information with relevant others, if they believe that a child is suffering abuse.

These procedures should be read in conjunction with Child Protection Policy & Procedure

Monitoring and Evaluation of Sex and Relationship Education

It is the responsibility of the Head teacher and Leadership Team to oversee and organise the monitoring and evaluation of PSHE, in the context of the overall school plans for monitoring the quality of teaching and learning.

The Governing Body is responsible for overseeing, reviewing and organising the revision of the Personal Social Health Education Policy.

Links to Other Policies & Protocols

This SRE policy links into the following other policies & protocols: -

- PSHE policy
- Science Policy
- Anti-bullying policy
- Child Protection Policy & Procedures
- Confidentiality Policy
- Health and Safety Policy
- DFES SRE Guidance July 2000