



**RUSKIN
JUNIOR SCHOOL**

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Attendance matters – Every School Day Counts

It can be tricky deciding whether or not to keep your child off school when they're unwell. We have some useful tips on how to assess whether your child is too unwell to be in school, please have a read and ensure that your child is in school whenever they are well enough to be. If your child becomes unwell at school the school will send your child home. If you do keep your child at home, it's important to phone the school on the first day. Let them know that they won't be in and give them the reason.

There are two registration sessions in a school day so if you can, send them in later in the day – **every session counts!**

Is my child too ill for school?

There are government guidelines for schools and nurseries that say when children should be kept off school and when they shouldn't. The below guidance is taken from the NHS website on common childhood illnesses. It is vital to follow this, as school will unauthorise your child's absence if they feel they are well enough to be in school:

Chickenpox

If your child has chickenpox, keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.

Conjunctivitis

You don't need to keep your child away from school if they have conjunctivitis. Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

Coughs and colds

It's fine to send your child to school with a minor cough or cold. If they have a fever, keep them off school until the fever goes away. Encourage your child to throw away any used tissues and to wash their hands regularly.

Ear Infection

If your child has an ear infection and a fever or severe earache keep them off school until they're feeling better or their fever goes away.

Fever

If your child has a fever keep them off school until the fever goes away.

Hand, foot and mouth disease

If your child has hand, foot and mouth disease but seems well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Head lice and nits

There's no need to keep your child off school if they have head lice. You should treat your child and send them to school.

Impetigo

If your child has impetigo they'll need antibiotic treatment from the GP, keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share towels, cups and so on with other children at school.

Ringworm

If your child has ringworm, see your pharmacist unless it's on their scalp, in which case you should see your GP. It's fine for your child to go to school once they have started treatment.

Scarlet Fever

If your child has scarlet fever they'll need treatment with antibiotics from the GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.

Slapped cheek syndrome

You don't need to keep your child off school if they have slapped cheek syndrome because once the rash appears, they're no longer infectious. If you suspect your child has slapped cheek syndrome, take them to the GP and let the school know if they're diagnosed with it.

Sore throat

You can still send your child to school if they have a sore throat. If they also have a fever they should stay at home until it goes away.

Threadworms

You don't need to keep your child off school if they have threadworms. Speak to your pharmacist who can recommend a treatment.

Vomiting and diarrhoea

Children with diarrhoea and vomiting should stay away from school for 2 days after their symptoms have gone.

Thank you for your support in helping to raise attendance, if you need support or advice relating to your child's attendance, please contact the school on: 01793 332107

School Matters!



Attend Today, Achieve Tomorrow