



Mrs S Edwards
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Friday 30th November 2018

Dear Year 4 Parents and Carers,

As part of our plans to further develop the quality of our PE provision in school, we are pleased to inform you that the children in Year 4 will have the opportunity to experience some of their PE lessons at

RUGBY GYMNASTICS CLUB, 92 Lower Hillmorton Road, Rugby

They will work with fully qualified and experienced coaches at the club, alongside their teacher and supporting adults, for six sessions, beginning Friday 14th December-Friday 8th February. Sessions will run for 1 hour each week from 9.15-10.15am.

This is a fantastic opportunity for the children to experience the Gymnastics Club's facilities first hand and to use a variety of equipment with increased confidence.

The children will walk to and from the Gymnastics Club each week so there is no cost implication involved.

To ensure that your child has the best possible experience in a safe environment, please read and adhere to the following health and safety rules, as stated by the Gymnastics Club:

Rugby Gymnastics Club follow British Gymnastics guidelines and policies.

Clothing

School PE kit - shorts and T-shirt must be worn and must be comfortable and non-restrictive.

No Socks to be worn during the sessions.

Jewellery

No jewellery of any kind is permitted at the Gymnastics Club

***A risk assessment on an individual basis will need to be made if jewellery has to be worn for religious reasons. In this instance, items would need to be strapped securely and covered with sweat bands.**

Earrings must be removed and may not be taped.

Hair

Hair needs to be tied back if covering face and shoulder length or longer.

Please sign and return the **HSCB** to give consent for your child to take part in the Gymnastics Club lessons - and return it to school by Wednesday 5th December.

Yours sincerely,

Mrs Spyrou and Mrs Birnie

