

St Mary's - Middleton Weekly Menu

Our school menus have been designed to provide balanced, delicious and healthy choices for your child using seasonal, local produce wherever possible

Week 1: 25.02.19, 18.03.19, 22.04.19, 13.05.19, 10.06.19, 01.07.19, 22.07.19

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Chicken Curry with Rice or Chapatti	Roast Pork with Mashed Potatoes	Spaghetti with Meatballs in a Tomato Sauce	Roast Chicken with Yorkshire Pudding, Mashed and Roast Potatoes	Fish Fingers with Diced Potatoes
Dish of the Day 2 (v)	Cheesy Pasta with Homemade Tomato Garlic Bread	Vegetarian Sausage with Mashed Potatoes	Vegetable Curry with Rice	Vegetarian Cottage Pie with Yorkshire Pudding and Roast Potatoes	Cheesy Bean Wrap with Diced Potatoes
Fresh Seasonal Vegetable Selection	Sweetcorn and Peas	Broccoli and Carrots	Cauliflower and Peas	Carrots and Seasonal Greens	Peas
Daily Salad Bar Selection					
Sandwich of the Day	Egg Mayonnaise (v)	Cheese (v)	Tuna	Hot Roast Baguette	Egg Mayonnaise (v)
Oven Baked Jacket Potato	Chicken Curry	Tuna	Cheese (v)		Baked Beans (v)
Desserts	Seasonal Fruit Crumble with Custard	Cheese and Crackers with Apples Wedges and Grapes	Lemon Cake	Fun Fruit Thursday	Chocolate Yoghurt Slice

Please note all sandwiches are served with potato of the day or if this is not appropriate then served with pasta or rice salad from the salad bar

If you require any information regarding Allergens please contact Catering Leeds Head Office - 0113 3782321


 yoghurts & fresh fruit available daily
 
 PRODUCE FROM LOCAL GROWERS
 
 freshly prepared
 
 red tractor standards
 
 Locally sourced UK farm assured meat
 
 All menu items are subject to availability
 

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Week 2: 04.03.19, 25.03.19, 29.04.19, 20.05.19, 17.06.19, 08.07.19

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Chicken Curry with Naan	Roast Chicken with Mashed Potatoes	Chicken and Broccoli Pasta	Roast Beef with Yorkshire Pudding, Mashed and Roast Potatoes	Crispy Salmon Fillet with Homemade Jacket Wedges
Dish of the Day 2 (v)	Omelette with Crusty Bread	Vegetarian Sausage with Mashed Potatoes	Margarita Pizza with Homemade Herby Diced Potatoes	Vegetarian Sausage with Yorkshire Pudding, Mashed and Roast Potatoes	Crispy Vegetable Grill with Tomato Salsa and Homemade Jacket Wedges
Fresh Seasonal Vegetable Selection	Sliced Green Beans and Sweetcorn	Carrots and Broccoli	Peas and Cauliflower	Roasted Seasonal Vegetables	Peas and Sweetcorn
Daily Salad Bar Selection					
Sandwich of the Day	Cheese (v)	Egg Mayonnaise (v)	Tuna Wrap	Hot Roast Baguette	Cheese (v)
Oven Baked Jacket Potato	Chicken	Vegetarian Chilli (v)	Cheese (v)		Tuna
Desserts	Vanilla Ice Cream with Sliced Peaches	Cheese and Oatmeal Biscuits served with dried Apricots and Grapes	Oaty Apple Crumble with Custard	Fun Fruit Thursday	Butterscotch Cookie with Fresh Fruit Wedges

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Week 3: 11.03.19, 15.04.19, 06.05.19, 03.06.19, 24.06.19, 15.07.19

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Chicken Curry with Rainbow Rice	Roast Gammon with Mashed Potatoes	Chicken Breast Fillet served in a Bun served with Homemade Potato Wedges	Roast Turkey with Yorkshire Pudding, Mashed and Roast Potatoes	Battered Fish and Chips
Dish of the Day 2 (v)	Vegetarian Meatball Sub with Rainbow Rice	Vegetarian Sausage with Mashed Potatoes	Vegetable Lasagne	Vegetarian Grill with Yorkshire Pudding, Mashed and Roast Potatoes	Homemade Cheese and Tomato Roll with Chips
Fresh Seasonal Vegetable Selection	Peas and Sweetcorn	Carrots and Broccoli	Cauliflower and Sliced Green Beans	Broccoli, Carrot and Swede	Peas or Baked Beans
Daily Salad bar Selection					
Sandwich of the Day	Wholemeal Egg Mayonnaise (v)	Tuna	Cheese Bap (v)	Hot Roast Baguette	Egg Mayonnaise (v)
Oven Baked Jacket Potato	Chicken Curry	Cheese (v)	Tuna		Baked Beans (v)
Desserts	Fruity Oat Slice	Apple Sponge with Custard	Cheese and Crackers with Apple Wedges and Sultanas	Fun Fruit Thursday	Chocolate Brownie Bite with Fresh Fruit Wedges

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 freshly prepared
 
 red tractor standards
 
 Free Range Eggs - Locally sourced
 
 FRESH FRUIT & VEGETABLES
 
 Locally sourced UK farm assured meat
 
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