



**The William Henry Smith School**

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## **Training and Development Programme**

**September 2018 to July 2019**

## **Contents:**

<b>What We Do</b>	<b>Page 3</b>
<b>Dates and How to Book</b>	<b>Page 3</b>
<b>Cancellation Policy</b>	<b>Page 3</b>
<b>Behaviour Support Training</b>	<b>Page 4</b>
Talking Strategies to reinforce Positive Behaviour	Page 4
Team Teach – Foundation Level	Page 4/5
Team Teach Foundation Level Refresher Training	Page 5
Behaviour Support Reviews	Page 5
CEOP	Page 6
Working with children and young people with problematic or harmful sexual behaviour	Page 6
<b>SEMH Training</b>	<b>Page 7</b>
Attachment and Trauma	Page 7
Autism	Page 7
Attention Deficit and Hyperactivity Disorder	Page 7
Managing Anger	Page 8
Mental Health and Wellbeing	Page 8
Understanding Stress, Depression and Anxiety	Page 8
Understanding Self Harm	Page 8
<b>Training Programme Dates and Times</b>	<b>Page 9</b>
<b>Training Course Booking Form</b>	<b>Page 11</b>

## **What We Do**

We are Ofsted Outstanding in all areas and have been Ofsted Social Care Outstanding for 13 consecutive years. We provide outstanding progress and outcomes for young people. We work with children and young people across a broad spectrum of social, emotional and mental health challenges. We use our knowledge, experience and expertise to help them become the best they can be.

We have a dedicated training department that provides training to our own staff and to external agencies, including schools, colleges, PRU's and Local Authorities.

Our lead trainer has a wealth of knowledge and experience working in SEND settings and is an Executive member of SEBDA. All our trainers are specialists in their field.

We deliver a range of courses throughout the academic year for external agencies at our training venue.

We can also deliver training in your setting at a date and time to suit you and your staff. This can either be delivered on one of your inset days or in part sessions as 'twilight' training at the end of the school day.

## **Dates and How to Book**

A full list of dates and times for the pre-arranged training sessions are at the back of this training programme. To book a place on a pre-arranged course, please complete the booking form at the end of this training programme and e-mail it to:- [lisa.king@whsschool.org.uk](mailto:lisa.king@whsschool.org.uk)

If you wish to book training in your setting, please contact Lisa King on 01484 710123 or e-mail on the above e-mail address for further details and available dates.

## **Cancellation Policy**

Names of course bookings can be changed without any charge. Therefore, if you are unable to attend and a colleague can attend in your place, please let us know at the latest 24 hours prior to the training taking place, in order that registers and certificates can be amended accordingly.

If you wish to cancel your place on a course, please give at least 3 working days' notice, there will be no charge for cancellation at this time. However after this time, cancellations will be charged at 50% of the course fee.

## Behaviour Support Training

### Talking Strategies to reinforce Positive Behaviour

This training looks behind behaviour, particularly in terms of communication between children and adults. It looks at the best verbal and non-verbal means of communication to avoid conflict and to de-escalate situations in order to prevent physical interventions.

This is key training in order to enable staff to deal with behaviour management issues in the classroom today.

Topics covered include:-

- Planned Ignoring
- Eye Contact
- Physical Proximity
- Simple Definitions
- Positive Reinforcement
- Natural Consequences
- Time Out
- Repair and Rebuild

**This training is delivered in 3 hours (half day session) at a cost of £50 per person (dates at back of programme)**

**This can also be delivered in your setting to an unlimited amount of staff at a cost of £400 per 3 hour session.**

### Team Teach – Foundation Level

Aimed at low risk Service Settings (Mainstream Primary/Secondary Schools, Nurseries, Children's Hospitals, Elderly Care etc), this course covers personal safety, risk reduction strategies, positive handling, together with documentation and legal guidance.

**This is organised into 8 modules:-**

**Module 1** – Background to Team Teach

**Module 2** – The Legal Framework

**Module 3** – Understanding Aggression

**Module 4** – How Feelings Drive Behaviours

**Module 5** – De-escalation and Diffusion

**Module 6** – Personal Safety

**Module 7** – Positive Handling (Mainly guiding and escorting safety – if a great degree of holding is required please refer to the 12 hour Basic Course)

**Module 8** – Repair, Reflection and Review

Participants will receive a course work book and certificate. Certification of this course is valid for 3 years.

**This training is delivered in 6 hours (full day session) at a cost of £80 per person. (Lunch is provided at training held by WHSS – dates at back of programme)**

**It can also be delivered in your setting to the following numbers of staff:-**

**Maximum of 12 delegates – 6 hour session £850 (1 trainer)**

**Maximum of 24 delegates – 6 hour session £1000 (2 trainers)**

This can be delivered in either of the following ways:-

1 x full day (6 hour session)

3 x 2 hour twilight sessions (after school)

2 x 3 hour twilight sessions (after school)

## **Team Teach Refresher**

In order to maintain certification of Team Teach, refresher training should be undertaken every 3 years (prior to your certificate expiring).

You must have your previous certificate with you at the training in order to gain re-certification, without this we cannot recertify the training.

**This training is delivered in 3 hours (half day session) at a cost of £50 per person (dates at back of programme)**

**It can also be delivered in your setting to the following numbers of staff:-**

**Maximum of 12 delegates – 3 hour session £500 (1 trainer)**

**Maximum of 24 delegates – 3 hour session £650 (2 trainers)**

## **Behaviour Support Reviews**

We offer full behaviour support reviews in your setting, this includes 1 day reading and planning, 1 day in your school and report writing and feedback to your setting, complete with action points.

Positive behaviour support reduces the likelihood of behaviour that challenges. The overall aim of behaviour support reviews is to improve the quality of support offered to children by improving the knowledge and understanding of staff to enable them to provide the right support for a child, at the right time.

**Delivered in your setting at date and time to suit you at a cost of £500.**

## CEOP

The School is now certified in the 'Thinkuknow' CEOP safeguarding training and able to deliver this to other settings. CEOP Ambassadors can deliver the bespoke Thinkuknow Introduction Course – a series of modules for CEOP Ambassadors to deliver to other professionals.

The CEOP Thinkuknow course lasts three hours and provides an in-depth look at:

- Introduction to CEOP and reporting
- How children and young people use the internet, social media and online technologies
- The nature of online sexual offending against children and young people
- Dealing with incidents of youth produced sexual imagery
- How to deliver strong preventative education on online sexual abuse and exploitation across age groups

### **Working with children and young people with problematic or harmful sexual behaviour**

Organisations are becoming increasingly aware of the prevalence of peer-on-peer abuse. A third of those who have sexually abused a child are under the age of 18, making this an important safeguarding issue. This is an especially difficult issue to deal with because it is not always easy to tell the difference between normal sexual exploration and abusive behaviour. Children, particularly in the younger age groups, may engage in such behaviour with no knowledge that it is wrong or abusive. This two-hour training course will provide professionals with a sound understanding of developmentally appropriate sexual behaviour and practical skills for those working with students who may display problematic or harmful sexual behaviour.

**This training is delivered in 1 ½ hours a cost of £30 per person. (Training held by WHSS – dates at back of programme)**

**For further information on CEOP and Working with children and young people with problematic or harmful sexual behaviour please contact Lisa King.**

All of the courses detailed below are delivered in 3 hours (half day sessions) at a cost of £50 per person (dates at back of programme)

This can also be delivered in your setting to an unlimited amount of staff at a cost of £400 per 3 hour session.

### **Attachment and Trauma – Course Objectives**

- Identify challenges to Children and Young People with complex needs in education with attachment as a key influencing factor
- Define attachment disorder & implications for learning, behaviour and aspirations
- Identify practical strategies for teachers & support staff in the school context
- Present Solution Focussed tools and PACE as key tools and methods of supporting these children
- Consider how you might incorporate some of these strategies into your own school based support systems

### **Autism – Course Objectives**

- Consider definitions and how to understand the condition
- Look at the characteristic features
- Explore the ASD profile – a triad of impairments
- Consider the similarities and differences in profiles
- What do the students with ASD say and feel?
- What can school staff do to make the learning context ASD friendly?

### **Attention Deficit and Hyperactivity Disorder – Course Objectives**

- Understand what causes ADHD
- Recognise the symptoms
- Understand the impacts on learning and behaviour
- Understand how ADHD is diagnosed
- Learn about recognised tools and interventions to support children with ADHD
- Learn tips and advice for practitioners working with these children

## **Managing Anger – Course Objectives**

- To clarify the concept of emotional literacy.
- To raise awareness of the effects of 'problem anger'
- To consider definitions and evolutionary functions of anger
- To introduce a range of anger models which are accessible and useful for understanding how anger occurs

## **Mental Health & Well Being – Course Objectives**

- To clarify definitions of mental health and highlight risk and resilience factors
- To place mental health and mental health difficulties in the broader context of wellbeing
- To understand national policy and organisational structures for services that promote psychological wellbeing and mental health
- To identify sources of information on evidence-informed approaches to promoting wellbeing
- To identify sources of information on relevant tools for identification, assessment & evaluation

## **Understanding Stress, Depression and Anxiety – Course Objectives**

- To clarify the nature of stress, depression and anxiety
- To highlight some key tools and effective thinking strategies from Cognitive Behaviour Therapy (CBT) and Positive Psychology approaches which are useful in supporting children and young people
- To introduce some of the resources which support the development of these skills
- To ensure that practitioners have the opportunity to develop and practice their own skills and access resources which are practical and user friendly

## **Understanding Self Harm – Course Objectives**

- Definition and meaning of the term DSH
- To learn how common it is
- To learn why young people do it
- To be able to talk to young people about DSH
- To decide when to refer onto other services
- To agree evidence based approaches



## Training Programme – Dates and Times

<b>Behaviour Support Training</b>	
<b>Talking Strategies to reinforce Positive Behaviour - £50 per person</b>	
<b>Date</b>	<b>Time</b>
Thursday 11 <sup>th</sup> October 2018	09:30am to 12:30pm
Friday 18 <sup>th</sup> January 2019	1:00pm to 4:00pm
Friday 7 <sup>th</sup> June 2019	1:00pm to 4:00pm

<b>Behaviour Support Training – Places are limited</b>	
<b>Team Teach – Foundation Level - £80 per person</b>	
<b>Date</b>	<b>Time</b>
Friday 12 <sup>th</sup> October 2018	09:30am to 4:00pm
Friday 7 <sup>th</sup> December 2018	09:30am to 4:00pm
Friday 25 <sup>th</sup> January 2019	09:30am to 4:00pm
Friday 12 <sup>th</sup> April 2019	09:30am to 4:00pm
Friday 17 <sup>th</sup> May 2019	09:30am to 4:00pm
Friday 14 <sup>th</sup> June 2019	09:30am to 4:00pm
Friday 12 <sup>th</sup> July 2019	09:30am to 4:00pm

## Behaviour Support Training

Team Teach Foundation Level – Refresher - £50 per person

Date	Time
Thursday 13 <sup>th</sup> September 2018	9.30:am to 12:30pm
Friday 14 <sup>th</sup> December 2018	9:30am to 12:30pm or 1:00 to 4:00pm
Friday 8 <sup>th</sup> February 2019	9:30am to 12:30pm or 1:00 to 4:00pm
Thursday 13 <sup>th</sup> June 2019	9:30am to 12:30pm or 1:00 to 4:00pm

## CEOP (Thinkuknow)

Monday 4 <sup>th</sup> February 2019	9:00am to 10:30am
Thursday 6 <sup>th</sup> June 2019	1:30pm to 3:00pm

## Working with children and young people with problematic or harmful sexual behaviour

Monday 20 <sup>th</sup> May 2019	9:00am to 10:30am
Thursday 21 <sup>st</sup> March 2019	1:30pm to 3:00pm

## SEMH Training

£50 per person

Subject and Date	Time
<b>Attachment and Trauma</b> Friday 19 <sup>th</sup> October 2018	10:30am – 1:30pm
<b>Autism</b> Friday 15 <sup>th</sup> February 2019	10:30am – 1:30pm
<b>Attention Deficit Hyperactivity Disorder</b> Friday 24 <sup>th</sup> May 2019	10:30am – 1:30pm

The Following SEMH courses are available to book within your setting, we do not run these as pre-booked sessions. There are no maximum numbers for this training. The cost is £400 per session.

### Mental Health & Well Being

Understanding Stress, Depression and Anxiety

Understanding Self Harm

Managing Anger



# The William Henry Smith School

## Training Course Booking Form

<u>Course Details</u>	<u>Date</u>	<u>Time</u>
<b>Organisation Contact, Address and Invoice Details</b>		
	<b>Contact Details</b>	<b>Invoicing Details (if different)</b>
Contact Person		
Role		
Organisation Name		
Type of Organisation		
Address Line 1		
Address Line 2		
Address Line 3		
County		
Post Code		
Tel		
Email		
<b>Attendee Information</b>		
Attendee 1	Name: _____	Email: _____
	Role in Organisation: _____	
Attendee 2	Name: _____	Email: _____
	Role in Organisation: _____	
Attendee 3	Name: _____	Email: _____
	Role in Organisation: _____	
Attendee 4	Name: _____	Email: _____
	Role in Organisation: _____	
Attendee 5	Name: _____	Email: _____
	Role in Organisation: _____	
Attendee 6	Name: _____	Email: _____
	Role in Organisation: _____	

**Please return form via email to:**

[lisa.king@whsschool.org.uk](mailto:lisa.king@whsschool.org.uk)