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| PE and Sport Premium Grant for Upton C of E Primary School: September 2017 to August 2018 |            |
| Number of Pupils on Roll  | 86 Yr 1- 6 |
| Total Amount of Grant Received  | £16,860    |

## **Action Plan**

Before putting together our action plan we considered the following questions:

1. Does our school have a vision for PE and school sport?
2. Does our PE and sport provision contribute to overall school improvement?
3. Do we have strong leadership and management of PE (and school sport)?
4. Do we provide a broad, rich and engaging PE curriculum?
5. How good is the teaching and learning of PE in our school?
6. Are we providing high quality outcomes for young people through PE and school sport?
7. Are we providing a rich, varied and inclusive school sport offer as an extension of the curriculum?
8. Are all pupils provided with a range of opportunities to be physically active and do they understand how physical activity can help them adopt a healthy and active lifestyle?

We believe that the Sport Premium funding should support three key areas; physical education, healthy, active lifestyles and competitive school sport. Our school action plan signifies these key areas and has consequently been divided as such:

# Physical Education

Physical education is education through physical activity: its goal is the development of the individual as a whole, not just their physical development or their proficiency in specific sports.

Through a focus on ensuring physical education at primary school we provide young people with access to physical activity for life as well as build the foundation for future participation and performance in sport.

| <p><b>Specific Objectives</b></p> <p><i>What we want to do</i></p>   | <p><b>Strategies</b></p> <p><i>What we are going to do to achieve our objectives</i></p>  | <p><b>Signs/Evidence of Success/Impact</b></p> <p><i>When we have achieved our objectives, this is what we should see</i></p>   | <p><b>Who/Cost</b></p>   |
|--|---|---|--|
| <p>To ensure all children have access to high quality PE teaching.<br/>Focus: Dance</p> <p>To ensure all children have access to a broad, rich and engaging curriculum by providing essential equipment for delivery of all activities.<br/>Provide every opportunity for children to feel confident in the water and get them swimming!</p> <p>Continue to update Resource Library through all subjects in PE</p> | <p>Employ a Sports Coordinator to initiate and oversee implementations. Ongoing</p> <p>Regularly update teachers re curriculum/subject knowledge and resources. Work alongside specialist staff.<br/>Invite DDMIX for taster and programme explanation<br/>Continue to monitor PE through peer conferencing and lesson observations. Ongoing.<br/>Install netball posts/goals; tennis posts and net; combo badminton/volleyball posts and nets.<br/>Organise provision for scooters and extra PE storage<br/>Employ an extra swimming tutors to support beginners groups and an additional TA to escort children to pool</p> <p>Research the availability and quality of whole school PE Schemes of Work. This will enable the teachers to plan and deliver a range of progressive and active PE lessons which will inspire and engage all of their students.</p> | <p>All staff are confident in providing high quality PE lessons.</p> <p>Pupils are engaged in dance and can demonstrate their level of skill and understanding.</p> <p>Lesson observations evident of high quality PE learning and teaching.</p> <p>Children understanding rules and boundaries more easily. Improved engagement and having to deal with realistic challenges.</p> <p>An increase of children gaining more confidence more rapidly and achieving their goals more readily.</p> <p>Staff continue to increase their confidence in their subject knowledge and delivery.<br/>Children enjoying their PE and lots of smiley faces!</p> | <p><i>Sue Eames<br/>My Overall Costs</i></p> <p><i>Darcy Bussell Dance Programme<br/>£1000</i></p> <p><i>Sue Eames/Contractors<br/>£1500 approx</i></p> <p><i>Extra Swimming Tutors: £360<br/>Extra TA: £200 approx<br/>Swimathon resources £20.00</i></p> <p><i>£1000.00 approx</i></p> |
| <p>Children, teachers and parents know the school's vision for PE</p>  | <p>Sports pages on the website which will keep users up to date with the development of PE and school sport. Ongoing.<br/>PE Notice Board promoting various activities, teams and competitions. Ongoing.</p>  | <p>Website always current showing Progress and Action plans, photographs and PE news!<br/>Improve awareness and profile of PE and sport within the school and in the Community.</p> <p>Pupils being more aware of opportunities.</p>  | <p><i>Sue Eames/Amy Deacon</i></p>   |

## Healthy, Active Lifestyles

Healthy behaviour in childhood and the teenage years set patterns for later life and, if acquired early, can have a dramatic impact on well-being.

| <b>Specific Objectives</b><br><i>What we want to do</i>   | <b>Strategies</b><br><i>What we are going to do to achieve our objectives</i>   | <b>Signs/Evidence of Success/Impact</b><br><i>When we have achieved our objectives, this is what we should see</i>   | <b>Who/Cost</b>   |
|---|---|--|---|
| <p>Liaise with local clubs/ tutors/coaches to organise on and off site programmes:<br/>Continue with Tennis;<br/>Archery;football;cricket;rugby;<br/>Quiksticks (hockey).</p> <p>Introduce Netball; basketball; volleyball/badminto</p> | <p>Analise pupil activity in and out of school and identify the children who are least active and sign post to activities.</p> <p>Identify coaches and plan provision to meet identified needs.</p> | <p>A broad range of clubs running throughout the school year. Registers.</p> <p>Clubs running are well attended and enjoyed.</p> <p>Increased up take in clubs from less active pupils.<br/>Registers.</p> | <p><i>Sue Eames</i></p> <p><i>Specialist Coaches/Tutors: Sue Eames/Torquay United Community Trust/Cary Park Tennis Club.</i></p>          |
| <p>To promote Physical Activity at break times and Lunch times.</p>   | <p>CPD to train and support MTA play leaders. Ongoing.</p>  | <p>A higher participation in Physical Activity before school, at break and lunchtimes.<br/>Improved communication and social skills leading to more organised play at break and lunch times.</p>           | <p><i>Sue Eames/Teachers/Pupils</i></p>   |
| <p>To introduce a resilience programme, (physical/emotional and academic), to co-inside with SEAL theme, 'Good to be Me'.</p>   | <p>Liaise with appropriate staff and devise a suitable programme.</p> <p>Introduce 'Believe and Achieve' badges</p>   | <p>Children being able to use coping strategies displaying improved growth mind sets and showing more confidence and self belief.</p>  | <p><i>Sue Eames/Craig Hutchinson/ Micky Hunt TUFCT Claire Pryn.</i></p> <p><i>Cost TBC.</i></p> <p><i>Badges £60 approx</i></p>           |
| <p>Continue to promote the prevention of tooth decay and gum disease</p>  | <p>Daily supervision of tooth brushing, to include Reception class as well as KS1 Ongoing.</p>  | <p>Children are able to talk about the dangers of poor oral hygiene including other concerns such as, obesity and smoking, which can also undermine pupils' health.</p>                                    | <p><i>Teachers</i></p> <p><i>Approx £50.00</i></p>  |
| <p>To improve swimming programme and support all children to develop a healthy, active lifestyle.</p>   | <p>Employ extra instructors to assist with beginners groups</p>   | <p>Children become more appreciative of their own environment and see opportunities that they may not only experience now but later in life, too.</p>  | <p><i>Sue Eames</i></p> <p><i>Tutors/Pool Manager/Teachers</i></p> <p><i>Swimming Programme</i></p> <p><i>Top up cost = See above</i></p> |

## Competitive School Sport

All children enjoy being appropriately challenged and at a young age most are keen to explore what they are capable of. Competitive school sport for primary school children should be categorised on a focus by achieving one's 'personal best' rather than being 'the best'.

| <b>Specific Objectives</b><br><i>What we want to do</i>   | <b>Strategies</b><br><i>What we are going to do to achieve our objectives</i>   | <b>Signs/Evidence of Success/Impact</b><br><i>When we have achieved our objectives, this is what we should see</i>   | <b>Who/Cost</b>   |
|---|---|--|---|
| <p>Ensure children enjoy being appropriately challenged and are keen to explore their capabilities</p> <p>Provide essential equipment for delivery of all activities.</p> | <p>Engage children in personal challenges through clubs and PE lessons.<br/>Ongoing.</p> <p>Install netball posts/goals; tennis posts and net; combo badminton/volleyball posts and nets.</p>                 | <p>Children can recognise an improvement in their own abilities. Achievement books.</p> <p>Children wanting to practice!<br/>Increased awareness of rules and regulations</p>  | <p><i>Teachers/<br/>Sue Eames/TA's</i></p> <p><i>Outlined above</i></p>   |
| <p>Continue to organise more INTRA competition.</p>   | <p>Introduce House Team competitions.</p> <p>Swimming Gala to be the finale of 3/4 swimming programme.</p> <p>Liaise with Local Secondary Schools for more use of its facilities, (both indoors and out).</p> | <p>Evidence of increased participation in intra competitions throughout the year.</p> <p>Children receiving awards, medals and certificates.</p> <p>Smiley Faces! Children enjoying large green areas and also having the opportunity to experience large indoor spaces,</p> | <p><i>Sue Eames/Staff</i></p> <p><i>Swimming Tutors/Sue Eames Teachers/TA's<br/>Within swimming budget</i></p> <p><i>Sue Eames/<br/>PE Staff at Sec Schools</i></p> |
| <p>Continue to organise INTER competitions</p>  | <p>Liaise with clubs and local primaries. Attending competitions at local secondary schools throughout the year</p> <p>Consult with CP/Teachers and PE specialists</p>  | <p>An improvement in teamwork and a sense of how to play and succeed. More smiley faces!</p> <p>Team Sheets, Notice Board, Newsletters and Website, Badges</p> <p>Staff Meeting agendas</p>  | <p><i>Sue Eames/PE Staff at Sec Schools</i></p>   |
| <p>To provide more Sports Leader opportunities and lunchtime competition</p>  | <p>Set up lunch time 'fundamental activity competitions' which can be recorded in their achievement books.</p>  | <p>Pupils are actively leading and growing in confidence and maturity<br/>Badges<br/>Achievement books.</p>  | <p><i>Sue Eames/Teachers</i></p>  |

**Upton Impact/Progress Report Sept 2017/2018**  
**Physical Education**

| <b>Strategy/Outcome</b><br><i>What we did to achieve our objectives</i>  | <b>Evidence of Outcome</b>  | <b>Areas for Development</b> | <b>Action Points for 2018/2019</b>                              |
|--|---|------------------------------|---|
| Employ a Sports Coordinator to initiate and oversee implementations<br>Ongoing   | All staff are confident in providing high quality PE lessons.   | Long Term Curriculum Map     | Planning to include new DDMIX and LTPE resources.               |
| Dance Focus:<br>Purchased DDMIX a resource for Teachers who worked alongside specialist staff who gave CPD/support and provided intro fun sessions for the children.<br>DDMIX is an inspiring dance fitness programme created by Dame Darcey Bussell DBE which provides schemes of work for all years. | Staff are more confident in providing high quality dance lessons.<br>Lesson observations evident of improved quality of PE learning and teaching.<br>Pupils are engaged in dance and can demonstrate their level of skill and understanding.<br><br>Lesson Observations |                              | Additional DDMIX CPD inset to arrange                           |
| Installation of netball posts/goals; tennis posts and net; combo badminton/volleyball posts and nets.  | Children understanding rules and boundaries more easily. Improved engagement and benefitted having to deal with realistic challenges.<br>Lesson Observations.<br>Assessments  | Hall Line markings           | Cost and timetable installation.                                |
| Employed an extra swimming tutor to support beginners group and provided transport to and from pool.<br>4 instructors now for 30 pupils.   | Children became more confident in the water, more quickly. Every child improved their swimming performance substantially, by the end of their 10 week programme.<br>School Swimathon Results  |                              |   |
| Provided LTPE - a scheme of work which provides a whole school approach to PE containing the fundamentals for every activity and progressive planning for every year group,  | Staff increasing their confidence in their subject knowledge and delivery.<br>Children enjoying their PE and lots of smiley faces!<br>Lesson Observations<br>Assessments  | Monitoring/Assessment        | To provide an effective but a less onerous method of evaluation |

## Healthy, Active Lifestyles

| <b>Strategy/Outcome</b><br><i>What we did to achieve our objectives</i>   | <b>Evidence of Outcome</b>  | <b>Areas for Development</b>  | <b>Action Points for 2018/2019</b>  |
|---|---|---|---|
| Liaise with local clubs/ tutors/coaches to organise on site programmes  | Registers<br>10 – 20 students every week attended specific sports clubs.<br><br>More Smiley Faces!  | The organisation of After School Club and sports clubs therein                          | Research outside agencies to fulfil the After School Club agenda.               |
| CPD training to support MTA play leaders. Ongoing.<br>Pupil Play leaders and new MTA staff are receiving ongoing training and modelling from Senior MTA | A higher participation in Physical Activity before school, at break and lunchtimes.   | Designing a Playground Trim Trail resource to challenge children's balancing abilities. | Cost and timetable installation.  |
| Outdoor learning beyond the classroom projects. Organised Team Building Day for whole school.   | Although most children enjoyed engaging in teamwork and contributing to problem solving, it was evident that a whole unit of work would be far more beneficial – encouraging more confidence, independence and self-esteem. | To include Team building/ Problem solving in Long Term PE curriculum planning           | Liaise with appropriate staff and devise a suitable unit of work for each class |
| A secure storage provision for scooters   | More children scooting to school - gaining travel awareness and road sense and generally developing their independence in journeying to school  |   | Scooter Shed Monitors!  |
| Daily supervision of tooth brushing, included Reception class as well as KS1<br>Ongoing.  | Children are able to talk about the dangers of poor oral hygiene including other concerns such as, obesity and smoking, which can also undermine pupils' health.  |   |   |

## Competitive School Sport

| <b>Strategy/Outcome</b><br><i>What we did to achieve our objectives</i>   | <b>Evidence of Outcome</b>   | <b>Areas for Development</b>                           | <b>Action Points for 2018/2019</b>  |
|---|--|--|---|
| <p>Installation of netball posts/goals; tennis posts and net; combo badminton/volleyball posts and nets.</p> <p>INTRA: Engaged children in personal challenges through clubs and PE lessons.<br/>Ongoing.<br/>Allowed children to practice and test their skills and personal competence, through small-sided games.<br/>Sports Day Set up: Viewing galleries and competitor areas were put in place.</p> | <p>Children understanding rules and boundaries more easily. Improved engagement and benefitted having to deal with realistic challenges.</p> <p>Children recognised an improvement in their own abilities.<br/>Achievement Badges</p> <p>A more controlled environment where everybody could both watch and perform safely and SEE more!<br/>Feedback: Spectators/Teachers</p> | <p>Ongoing organisational improvements</p>             | <p>Liaise with CP &amp; staff</p>   |
| <p>Swimming Gala was the finale of 3/4 swimming programme.</p>  | <p>Children receiving awards, medals and certificates. Swimathon Results.</p>  |  |   |
| <p>INTER:<br/>Attended competitions at St. Cuthbert Mayne School. throughout the year<br/>Organised 'Fun Time Out' competition at Watcombe.</p>   | <p>An improvement in teamwork and a sense of how to play and succeed.</p> <p>Entry Forms. Team Sheets.<br/>Children receiving awards, medals and certificates.<br/>Website.<br/>Photographs.<br/>Staff Meeting Agendas</p>   | <p>To further their physical/emotional resilience.</p> | <p>Setting up Team building/Problem solving unit of work in Long Term Curriculum Planning</p>     |
| <p>Y5/6 pupils attended clubs, competitions in capacity of leader, coach or referee</p>   | <p>Pupils actively leading, coaching and officiating sporting events throughout the year.<br/>Captain and Vice Captain nominations/badges/certificates</p>   | <p>Sports Leader opportunities.</p>                    | <p>Set up lunch time fundamental activity competitions.<br/>A Sport Rep within School Council</p> |