

West Acton PRIMARY SCHOOL

Friday 7th December 2018

Thank you to the parents who took the time to come and discuss their thoughts on a few school items this week at our Parent forum and those who also emailed in. Please do use the new suggestion box in the school reception area or email by via admin@west-acton.ealing.sch.uk Miss Kondo

Ealing Food Bank collection

School Councillors have been informing their class of this and what food is needed. Please donate food to support this local charity. Bring to the office by Tuesday 11th December.



The Full Governing Board met on Thursday evening – welcome to new Governors Mr. Palton and Mr. Lee.



Year 6 had an activity day to consolidate their learning of WW2 which involved dressing up and participating in three different activities. Pupils attended a workshop where they were able to experience life at the home front and as an evacuee through drama and games. They baked cookies using some ingredients that were rationed and made Anderson Shelters based on their own design and materials.

YEAR 5 Viking Day



Top tip from our School Counsellor – Lia

What are your biggest strengths as a parent?

If someone observed you as a parent, what would they admire if they could watch your best moments with your child(ren)? Make a list of all the things you are most proud of, even if they seem small and simple. Also include those not-so-great moments that you have been able to notice and turn around.

Now let's build on those strengths...

Read through your list and give yourself credit and appreciation for all your hard work. Now think of what it is that helps you be your personal best as a parent: what support could help you be that parent more often and how can you give this support to yourself every day? Next, notice when you act in a way with your child that makes you feel good about yourself and do a little celebratory dance, or give yourself a high five! Appreciating yourself will help you be your best self more often and will also help you enjoy parenting even more.

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Mondays 9-10am. To book an appointment, you can call/text Lia on 07469 701 260 or email her at younl206.307@lgflmail.net.

Online Safety

<https://www.net-aware.org.uk/>

Check here for information about the apps and games your child may be using or playing.

Did you know the Rating for the popular game FORTNITE is 12 years old? This means no pupil at West Acton should be playing it.

Next week the children will be watching Pantomimes: we have been lucky enough to secure performances by a Theatre company who are performing to our children for free.



Year 3 had a Skype call from the British Museum. They used iPads and followed an interactive quiz. Then they learnt about Roman treasure and had to decide: which people to bring on an archaeological dig; which tools to use; decipher clues and who they should give their finds to.

6TT and Mr. Misinale shared with the rest of the school what they had been learning in Science during their assembly last week. Fascinating – thank you.